

# *Swimming and Diving Quick Reference Sheet*

## **Order of Events**

200 Medley Relay (bk/br/fl/fr)

200 Free

200 IM (fl/bk/br/fr)

50 Free

1-M Diving (with prior mutual agreement, this event may be moved)

100 Fly

100 Free

500 Free

200 Free Relay

100 Back

100 Breast

400 Free Relay