

CAC Spring Practice Schedule  
Beginning 5/2/22

### CAC MAY SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train - 2	5:00 AM - 7:00 AM @ CCDS		5:00AM - 7:00AM @ CCDS			6:30 AM - 8:30 AM @CCDS
	4:15 PM - 6:30 PM @UC	4:00 PM - 5:30 PM @CCDS 5:30 PM - 6:30 PM @CCDS (Dryland)	4:15 PM - 6:30 PM @UC	4:00 PM - 5:30 PM @CCDS 5:30 PM - 6:30 PM @CCDS (Dryland)	4:15 PM - 6:30 PM @UC	8:30 AM - 9:30 AM @CCDS (Dryland)
Train - 1	4:00 PM - 5:30 PM @CCDS 5:30 PM - 6:30 PM @CCDS (Dryland)	5:00 PM - 6:30 PM @UC	4:00 PM - 5:30 PM @CCDS 5:30 PM - 6:30 PM @CCDS (Dryland)	5:00 PM - 6:30 PM @UC	4:00 PM - 5:30 PM @CCDS	6:30 AM - 8:30 AM @CCDS 8:30 AM - 9:30 AM @CCDS (Dryland)
	5:30 PM - 7:00 PM @CCDS		5:30 PM - 7:00 PM @CCDS	5:00 PM - 6:30 PM @UC	5:30 - 7:00 PM @CCDS	10:00 AM - 11:30 PM @CCDS
Transition - 2	7:00 PM - 8:30 PM @CCDS	5:00 PM - 6:30 PM @UC	7:00 PM - 8:30 PM @CCDS		5:30 - 7:00 PM @CCDS	11:30 PM - 1:00 PM @CCDS
Transition - 1		5:30 PM - 7:00 PM @CCDS		5:30 PM - 7:00 PM @CCDS	7:00 PM - 8:15 PM @CCDS	8:30 AM - 10:00 AM @CCDS
Track - 2		5:30 PM - 6:30 PM @CCDS		5:30 PM - 6:30 PM @CCDS	7:00 PM - 8:00 PM @CCDS	8:30 AM - 9:30 AM @CCDS
Track - 1						
UC						
CCDS						