# Countryside YMCA Torpedoes Locker Room Policy

**PURPOSE**

The following guidelines are designed to maintain personal privacy as well as to reduce the risk of misconduct in locker rooms and changing areas.

**FACILITIES**

The following is a description of our practice and competition facilities to allow athletes and their families to plan their use:

We practice at: Countryside YMCA

This location has: men's and women's locker rooms as well as separate locker rooms for boys under 18 years of age and girls under 18 years of age.

**MONITORING**

**General Policy Considerations**

Coaches and staff make every effort to recognize when an athlete goes to the locker room or changing area during practice and competition and, if they do not return in a timely fashion, we will check on the athlete's whereabouts. To do this, we ask another athlete of the same sex to check on them in the locker room.

We discourage parents from entering locker rooms and changing areas unless it is truly necessary. In those instances, it should only be a same-sex parent. If this is necessary, parents should let the coach know about this in advance.

If an athlete needs assistance with his or her uniform or gear (for example, a child under the age of eight), or an athlete's disability warrants assistance, then we ask that parents let the coach or an administrator know beforehand that he or she will be helping the athlete.

**Locker Room Policy**

The Countryside YMCA Torpedoes have staggered practices, with different groups arriving and departing throughout the day. It is therefore not practical to constantly monitor locker rooms and changing areas over this extended course of time during a standard day of practice.

During swim meets, we do not post [staff, coaches, parents, or other adults] inside or at the doors of the locker rooms and changing areas, we do make occasional sweeps of these areas. [Staff, coaches, parents, and other adults] conduct these sweeps, with women checking on female locker rooms, and men checking on male locker rooms.

**USE OF CELL PHONES AND OTHER MOBILE RECORDING DEVICES**

Cell phones and other mobile devices with recording capabilities, including voice recording, still cameras, and video cameras increase the risk for different forms of misconduct in locker rooms and changing areas. The USA Swimming Athlete Protection Policies prohibit the use of such devices in the locker room or other changing area:

> ***Article 305.3*** *Use of audio or visual recording devices, including a cell phone camera, is not allowed in changing areas, rest rooms or locker rooms.*