



U.S. OLYMPIC TEAM TRIALS



JUNE 2021
OMAHA, NE

OFFICIAL TIME STANDARDS

WOMEN

MEN

WAVE I	WAVE II	2020 OLYMPIC TRIALS	WAVE II	WAVE I
25.99	25.65	50 Freestyle	22.71	23.19
56.29	55.56	100 Freestyle	49.74	50.49
2:01.69	2:00.24	200 Freestyle	1:49.65	1:50.79
4:16.89	4:13.28	400 Freestyle	3:54.21	3:57.29
8:48.09	8:44.01	800 Freestyle	8:08.95	8:12.99
16:49.19	16:44.60	1500 Freestyle	15:35.69	15:44.89
1:02.69	1:01.49	100 Backstroke	55.51	56.59
2:14.69	2:12.94	200 Backstroke	2:00.81	2:02.99
1:10.99	1:09.55	100 Breaststroke	1:01.97	1:03.29
2:33.29	2:30.49	200 Breaststroke	2:15.28	2:17.89
1:00.69	59.59	100 Butterfly	53.37	54.19
2:14.59	2:12.56	200 Butterfly	1:59.63	2:01.19
2:17.39	2:15.26	200 Individual Medley	2:03.02	2:04.09
4:51.79	4:47.72	400 Individual Medley	4:23.24	4:25.99

WAVE I DATES: JUNE 4-7, 2021

WAVE II DATES: JUNE 13-20, 2021

QUALIFYING PERIOD FOR WAVE I: NOV. 28, 2018 - MAY 30, 2021

QUALIFYING PERIOD FOR WAVE II: NOV. 28, 2018 - MAY 30, 2021