**GCSTO’s Dryland Attire Safe Sport Policy for Athletes**

It is GCSTO’s policy the pool area, and anything under the same roof as that pool (bleachers & stairwell going up to those bleachers at Academy/ bleachers and pool entrance hallway off deck to the wooden double doors at SC/ inside the fenced area at Gahanna) are the realm of the athlete. As such, they should have first priority to be as comfortable as they can during dryland while staying within certain guidelines…

**On Deck**

1 – Shorts should be worn by all swimmers in dryland before and after practice.

2 – For dryland sets while in the middle of a water workout, no shorts are required.

3 – While on deck (or within the fenced area at Gahanna) and with swim suits on, shirts are not required

at any time for any athlete. Female athletes should have at least one strap in place over their

shoulder.

**Bleachers**

1 – Shorts should be worn by all swimmers in dryland before and after practice.

2 – For dryland sets while in the middle of a water workout, the bleacher areas should not be used

simply for safety (slippage) reasons. At. SC, the first row may be used for step-ups or some type of

balancing on that bottom row but no shorts will still be required

3 – While in the bleachers (at CA & SC) and with swim suits on, shirts are not required at any time for

any athlete. Female athletes should have at least one strap in place over their shoulder.

**Pool Hallway At SC**

1 – To be treated exactly as if it was part of the deck.

**Outside of These Areas**

1 – All athletes should have some type of lower body coverage on (shorts, pants, sweats skirt, dress,

etc.). Swim suits & towels wrapped around the swimmer are not acceptable.

2 – All athletes should have some type of upper body coverage on (shirt, sweats, jacket, etc.). Swim suits

& towels wrapped around the swimmer are not acceptable.

**Additional Items of Address**

1 – An understanding of dress that is acceptable in the pool is most often not seen as acceptable in

public areas…. especially those areas inside schools such as CA & SC.

2 – An understanding that everyone has their own level of acceptance in terms of what they consider to

be “modesty”.

3 – An understanding that coaching staff members or anyone else on deck for any other reason need to

demonstrate professionalism by making sure they are not placing themselves in a position that could

look compromising to an athlete or placing an athlete in a position that could look compromising to

another athlete. Basically, there needs to be an awareness of how it looks to athletes and to others

in terms of where someone else is standing in relation to the athletes during their dryland so that

their personal space, modesty and privacy is not compromised. As well, although athletes often have

to help other athletes with dryland, the staff should strive to make sure that consider the personal

space, modesty and privacy of all athletes involved.

4 – Spectators are asked (and will be asked) to move to another area of the bleachers when our athletes

are using an area in the bleachers to help maintain safer and more private conditions for the

athletes.

5 – If a GCSTO parent is concerned about their own athlete’s attire please we ask that they address this

with their athlete, privately, so that the standards of the parent are followed.

***Hopefully this covers the vast majority of our situations. We all know that other things may arise but the are professionals and will try to deal with those situations in the most appropriate manner possible.***