

2020 Upper Arlington Swim Club Time Trials

February 19, 2020

HELD UNDER THE SANCTION OF USA SWIMMING #OH-20SC-68

Date: Wednesday, 19, 2020

Place: Upper Arlington High School
1650 Ridgeview Road
Upper Arlington, Ohio 43221

Meet Director

Jamie Masters
jamie.masters1@gmail.com
614-327-2536

Officials Information

Meet Referee - Tom Trace - tetrace311@yahoo.com
Administrative Official - Brian Campbell

Schedule:

Warm-Up – 5:15pm
Clerk of Course Closes – 5:45pm
Meet Starts – Approx 6:00pm *contingent upon number of entries*

Entries:

Advance entries must be received via email no later than noon, **Wednesday, February 19th - No exceptions. Email the entries to erin.reetz@gmail.com.** Registration for USA Swimming will not be permitted during the meet.

The Meet Director reserves the right to exclude or otherwise limit entries in order to reasonably manage the meet. Although UASC has made changes in the structure of the meet in order to ensure a quality meet for all contestants, if the number of entries exceeds a manageable number, adjustments, such as limits on the number entries, may become necessary. If this is the case, all affected club(s) will be notified of changes. Please indicate in your email the number of anticipated individual entries you will have. UASC reserves the right to seed all of its swimmers in any events for which entry limits have been imposed.

Entry Chairperson:

Erin Reetz
917 Windbourne St.
Gahanna, OH 43230
(614) 832-1976
erin.reetz@gmail.com

FACILITIES

The venue has a 6-lane, 25-yard pool with an automated Colorado touch pad timing system, integrated horn starting system, and running time display. The minimum water depth, measured in accordance with Article 103.2.3, is 13 feet at the start end and 3 1/2 feet at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices. Deck changes are prohibited.

Under no circumstances will camera zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for race starts during the competition and warm-up.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present

Entry Fees:

\$6.00 per individual event.

\$5.00 swimming surcharge

All entry fees must be paid by the participating teams. Please pay by check made payable to: Upper Arlington Swim Club. **Please pay by one team check.**

All teams must be pre-registered to participate in the UASC Time Trials.

Time Standard:

Swimmers must be within .5 seconds per 50 of the Ohio JO standard.

Ohio Swimming Welcomes Swimmers with a Disability

Coaches:

- A. Should enter the swimmers electronically
- B. Provide advance notice of any necessary accommodations
- C. List in the email with the Hy-Tek entry (or on paper) the swimmer's name, entry times, strokes/distances, days/sessions, and how the swimmer prefers to be seeded. Swimmers with a disability will be seeded with the same age group in either the same distance race or a longer distance race (i.e., 50 free during the 100 free).

Rules:

Current USA Swimming rules will govern the meet. All Swimmers must be registered with USA Swimming. No swimmer will be permitted to compete unless the **swimmer is a member** as provided in Article 302. USA Swimming registrations will not be accepted at the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being **proficient in performing a racing start** or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the

responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Safety:

Ohio Safety guidelines will be enforced in the conduct of the meet as well as warm-ups. General Warm-up procedures require swimmers to enter the pool feet first in a cautious manner, with one hand on the deck. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

Coaches:

All Coaches must sign in and present proof of current USA Swimming Membership upon entering the Natatorium.

Final Results:

Results will be emailed to participating teams by 10 pm February 19th.

Special Notes:

The Upper Arlington Swim Club always appreciates any help we get from other swim clubs in officiating our meets. We ask all visiting coaches to make this known to the parents of their swimmers. Those parents who are a certified official or need to apprentice can make their availability known to the Meet Referee upon arrival.

There will be no awards at this time trial.

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

TIME TRIAL - ORDER OF EVENTS

Event #	Event
1	Mixed 100 Freestyle
2	Mixed 200 Breaststroke
3	Mixed 50 Breaststroke
4	Mixed 200 Backstroke
5	Mixed 50 Backstroke
6	Mixed 200 Butterfly
7	Mixed 50 Butterfly
15 minute break (or) 1650 Freestyle	
8	Mixed 100 IM
9	Mixed 500 Freestyle
10	Mixed 200 Freestyle
11	Mixed 400 IM
12	Mixed 50 Freestyle
13	Mixed 100 Backstroke
14	Mixed 100 Breaststroke
15	Mixed 200 IM
16	Mixed 100 Butterfly

**2020 Upper Arlington Swim Club Time Trials
February 19, 2020**

HELD UNDER THE SANCTION OF USA SWIMMING #OH-19SC-68

SIGN-UP FORM FOR INDIVIDUAL EVENTS

Last Name: _____ First Name: _____ MI _____

Sex _____ Birthdate: _____ Age: _____

Team: _____ Code _____

USS# _____

(3 Event Maximum)

EVENT #	EVENT DESCRIPTION	ENTRY TIME
_____	_____	_____
_____	_____	_____
_____	_____	_____

TOTAL ENTRIES _____ @ \$6.00 EACH \$ _____

SWIMMER SURCHARGE _____ @ \$5.00 \$ _____

AMOUNT PAID \$ _____

MAKE CHECKS PAYABLE TO - Upper Arlington Swim Club