



**THE SYCAMORE FLYING FISH  
PRESENT THE  
SFF ALL AMERICAN INVITATIONAL  
February 12, 2011  
Sanction Number OH-3342**

**MEET DIRECTOR:**           **Ryan Hammer**  
7400 Cornell Rd., Cincinnati, OH 45242  
[meetdirector@sycamoreflyingfish.com](mailto:meetdirector@sycamoreflyingfish.com)

**ENTRY CHAIR:**           **Justin Ragsdale**  
7400 Cornell Rd., Cincinnati, OH 45242  
[meetentry@sycamoreflyingfish.com](mailto:meetentry@sycamoreflyingfish.com)

**SCHEDULE:**           **Saturday, February 12, 2011**  
                                  **Warm up     07:00 A.M.**  
                                  **Timed Finals 08:15 A.M.**

*\*Check [www.sycamoreflyingfish.com](http://www.sycamoreflyingfish.com) for Psych Sheet & Meet Results\**

**ENTRIES:**           Entries must be received no later than **6:00 p.m. Friday, January 28, 2011 - NO EXCEPTIONS.**  
If confirmation of delivery is desired, please include a self – addressed stamped post card. We accept HYTEK entries. Please forward a hard copy with your payment.  
**Entry limit: 300 swimmers.**

**ENTRY FEES:**       **\$4.00 per individual event** plus a \$2.00 OSI (Ohio Swimming Inc.) surcharge per swimmer.  
**Limit four (4) individual events per day.** All entry fees must accompany entries and none will be returned. Please pay by check made payable to: Sycamore Flying Fish. All fees must be paid before your team will be allowed to swim.

**ENTRY CHAIR:**   **Mail entries to: Justin Ragsdale**  
**Sycamore Flying Fish**  
**c/o Sycamore High School**  
**7400 Cornell Rd., Cincinnati, OH 45242**  
Entries should be sent via e-mail to  
[meetentry@sycamoreflyingfish.com](mailto:meetentry@sycamoreflyingfish.com)  
Hard copy & check must follow.

**DECK ENTRIES:** Deck entries will be accepted only if the meet is not closed. Deck entries will be closed 30 minutes before the meet starts. All deck entries will be seeded in any open lanes. A deck entry fee of \$5.00 per individual event or \$10 per relay, plus an OSI surcharge of \$2.00. The Sycamore Flying Fish reserves the right to deck enter any of their swimmers.

**FALSE STARTS:** The no recall false start rule will be in effect for this meet.

**MEET RULES:** Age on day of the meet (2/12/2011) will determine eligibility for age group divisions. Current USA Swimming rules will govern the meet. Swimmers must compete in their own age group.

**ELIGIBILITY:** All swimmers must be registered with USA Swimming. Registration numbers and swimmers age must appear on the entry forms. **This meet is open to all swimmers 10 and under that have times slower than National BB time standard.**

**ALL SWIMMERS MUST BE PREPARED TO PROVE USA SWIMMING REGISTRATION.**

**AWARDS:** **All participants will receive an All American Trophy at the conclusion of the meet.**

**FINAL RESULTS:** Free to each team represented by a minimum of 5 swimmers or 15 individual events. Extra copies may be ordered from the Meet Director for \$5.00. Bring your disc or flash drive to the meet and we will give you results immediately! Results will also be posted on our web site: <http://www.sycamoreflyingfish.com>

**SAFETY:** Ohio Safety guidelines will be enforced in the conduct of the meet as well as warm ups. *Swimmers must camp in the designated areas ONLY*, please do not camp in the pool area in order to leave as much seating available as possible for parents and other spectators.

**WARM-UP:** Ohio LSC Swimming Safety Guidelines and warm-up procedures will be in effect. Depending on number of entries, we reserve the right to assign warm up lanes and to split the warm-up session into two parts:  
\*The first part will consist of two-thirds (2/3) of the warm-up, session allotted times and will be general warm-up in all lanes. **NO DIVING or RACING STARTS ALLOWED** from the blocks or edge of pool. Swimmers must enter the pool feet first in a cautious manner with one hand in contact with pool edge.

\*The second part will consist of the remaining one-third (1/3) of the allotted time and will be designated for sprint and pace as assigned by the Meet Director and/or Pool Marshall.

**TIMERS:** Each team may be required to provide timers based upon the number of entries. Teams will be notified after entries are received.

**COACHES:** **ALL COACHES MUST SIGN AND PRESENT A CURRENT USA SWIMMING MEMBERSHIP CARD UPON ENTERING THE POOL.** This card must be worn while on the pool deck. Ohio Swimming requires the Sycamore Flying Fish to enforce this rule. The Sycamore Flying Fish are happy to provide a Coaches Hospitality Area throughout the meet. Please indicate the number of coaches that will be attending the meet with you on the Entry Summary Sheet.

**FACILITY:** The Sycamore High School facility is a six-lane 25-yard pool with Colorado system V Timing.

**DIRECTIONS:** From I-75 or I-71, take 275 East to Montgomery Rd Exit 50. Turn right off the exit, go a quarter of a mile and turn left onto Cornell Rd. Sycamore High School is on the right hand side after you cross over the expressway.

**OFFICIALS:** Any officials available to help with the meet would be greatly appreciated. Please contact ***Ryan Hammer at CoachRyan@SycamoreFlyingFish.com***

**THE SYCAMORE FLYING FISH  
ALL AMERICAN INVITATIONAL**

**February 12, 2011**

**SANCTION # OH-3342**

**Order of Events:**

**Saturday February 12, 2011  
Warm-Up starts at 07:00 A.M.  
Meet starts at 08:15 A.M.**

<u>GIRLS</u>	Event	<u>BOYS</u>
101	9 -10 100 yd IM	102
103	8 & Under 100 yd IM	104
105	9-10 50 yd Back	106
107	8 & Under 25 yd Back	108
109	9-10 50yd Breast	110
111	8 & Under 25 yd Breast	112
113	9-10 50 yd Free	114
115	8 & Under 25 yd Free	116
117	9-10 50 yd Fly	118
119	8 & Under 25 yd Fly	120
121	9-10 100 yd Free	122
123	8 & Under 50 yd Free	124
125	9-10 100 yd Back	126
127	8 & under 50 yd Back	128

**THE SYCAMORE FLYING FISH  
ALL AMERICAN INVITATIONAL**

**February 12, 2011**

**SANCTION # OH-3342**

**ENTRY SUMMARY SHEET**

TEAM: \_\_\_\_\_ CODE: \_\_\_\_\_

HEAD COACH: \_\_\_\_\_ # OF COACHES: \_\_\_\_\_

TEAM CONTACT: \_\_\_\_\_

DAYTIME PHONE: \_\_\_\_\_ EVENING PHONE: \_\_\_\_\_

ADDRESS FOR FINAL RESULTS: \_\_\_\_\_  
ZIP: \_\_\_\_\_

SWIMMERS	# OF INDIVIDUAL SWIMMERS	# OF INDIVIDUAL EVENTS
8 & U GIRLS	_____	_____
8 & U BOYS	_____	_____
9-10 GIRLS	_____	_____
9-10 BOYS	_____	_____
TOTALS	_____	_____

\_\_\_\_\_ # OF SWIMMERS OSI Fee x \$2.00 = \_\_\_\_\_

\_\_\_\_\_ # OF IND. EVENTS x \$4.00 = \_\_\_\_\_

TOTAL AMOUNT REMITTED \$ \_\_\_\_\_ CHECK# \_\_\_\_\_

**DEADLINE: Friday, January 28<sup>th</sup>, 2011 – NO EXCEPTIONS!**  
**MAIL TO: Justin Ragsdale, Sycamore Flying Fish, c/o Sycamore High School,**  
**Cincinnati, OH 45242**

**U.S.A. SWIMMING MEMBERSHIP MEET ENTRY FORM**  
**MEET NAME: SFF ALL AMERICAN INVITATIONAL**  
**LOCATION: SYCAMORE HIGH SCHOOL NATATORIUM**

**DATE: February 12, 2011**  
**SANCTION # OH-3342**

**THIS FORM MUST BE RETURNED WITH YOUR ENTRY FORMS!**

The undersigned team representative certifies by his/her signature that all athletes participating for/or entered by the team in this sanctioned swim meet are currently member athletes of USA Swimming, Inc. The undersigned further certifies that any person appearing on deck in the capacity of Coach is currently a Coach member of USA Swimming, Inc.

TEAM: \_\_\_\_\_

PRINTED NAME: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_