



## 2020 Thanksgiving Week Practice Schedule



GROUP	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Senior I</b> am pm	<i>(deep)</i> 5:10-6:35am 3:45 - 6:15pm	<i>(shallow)</i> 3:30 - 5:45pm	<i>(deep)</i> 8 - 9:30am 3 - 5:15pm	No Practice	<i>(deep)</i> 8 - 10:15am	<i>(deep)</i> 8 - 10:15am	Off
<b>Senior II</b>	<i>(shallow)</i> 3:45 - 5:45pm	<i>(deep)</i> 3:45 - 5:45pm	<i>(shallow)</i> 3 - 5pm	No Practice	<i>(Shallow)</i> 8 - 10am	<i>(shallow)</i> 8 - 10am	Off
<b>College</b>	???	???	1-3pm needed?	OFF	10:15 - 12:15pm	11:30 - 1:30pm	OFF
<b>Pre-Senior</b>	<i>(shallow)</i> 5:45 - 7:30pm	<i>(deep)</i> 5:45 - 7:30pm	<i>(shallow)</i> 5 - 6:45pm	No Practice	<i>(shallow)</i> OFF	<i>(deep)</i> 10:15 - noon	Off
<b>Silver</b> (11-12))	<i>(deep)</i> OFF	<i>(shallow)</i> 5:45 - 7:15pm	<i>(deep)</i> 5:15 - 6:45pm	No Practice	<i>(deep)</i> 10:15 - 11:45am	<i>(shallow)</i> 10 - 11:30am	Off
<b>Bronze</b> (9-10)	<i>(deep)</i> 6 - 7:30pm	4:45 - 6pm <i>(indoor Pool)</i>	<i>(deep)</i> OFF	No Practice	OFF	<i>(either)</i> 11:30 - 1pm	Off
<b>Cuda</b> (8 & Under)	Swim 4:30 - 5:30pm (indoor Pool)	Off	Swim 4:30-5:30pm (indoor Pool)	Off	No Practice	Off	Off

<b>Campbell Co.</b>	3:30 - 5pm Swim Team	4 - 5pm Pre-Competitive	3:30-5pm Swim Team	No Practice	at M.E Lyons Y	at M.E. Lyons Y	Off
<b>Masters</b>	6:15 - 7:15am	7:15 - 8:15pm	6:15 - 7:15am	No Practice	6:30 - 8am	7 - 8am	OFF