



2020 ABLY Summer Practice Schedule

Phase III (revised)

Start July 20th

GROUP	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Senior I	7 - 9am	7 - 9am *3 - 4:30pm * starts July 21st	7 - 9am	7 - 9am * 3:30 - 5pm *Starts July 23rd	7 - 9am	8 - 10am 1st & 3rd Saturdays (alt w Senior II)	Off
Senior II	9 - 10:45am	9 - 10:45am	9 - 10:45am	9 - 10:45am	9 - 10:45am	8 - 10am 2nd & 4th Saturdays	Off
Pre-Senior	10:45 - 11:55am	10:45 - 11:55am	10:45 - 11:55	10:45 - 11:55am	OFF	10 - 11:30am LC	Off
Silver 11-12	Gr I/ 10:45-11:55am Gr II/ 12:00 - 1:15pm	Gr I/ 10:45-11:55am Gr II/ 12:00 - 1:15pm	Gr I/ 10:45-11:55am Gr II/ 12:00 - 1:15pm	Gr I/ 10:45-11:55am Gr II/ 12:00 - 1:15pm	Gr II/ 12:00 - 1:15pm Gr 2/1:15-2:30pm	OFF	OFF
Bronze 9-10	OFF	1:30 - 2:30 & 2:30 - 3:30pm <i>Indoor Pool</i>	OFF	1:30 - 2:30 & 2:30 - 3:30pm <i>scy outside</i>	10:45 - 11:55am LC	OFF	OFF
Cuda (8 & under)	Gr I/ 4:30-5:30pm Gr II/ 5:30-6:30pm scy - outside		Gr I/ 4:30 - 5:30pm Gr II/ 5:30 - 6:30pm scy - outside				OFF
Masters	6 - 7am	7 - 8pm 12 max	6 - 7am	7 - 8pm 12 max	6 - 7am	7 - 8am	Off

Branch Hrs --> 6am - 8pm 6am - 8pm 6am - 8pm 6am - 8pm 6am - 8pm 6am - 8pm 7am - 4pm 12 - 4pm

Max in pool --> 24LC / 12 scy (new as of July 3)

Pool Set up - LC till noon

* please be sure to read the Covid-19 procedures document