



## 2021 ABLY Summer Practice Schedule

\*Beginning June 1<sup>st</sup>, 2021

GROUP	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Senior I</b>	7 - 9:15am LCM 4 - 6pm SCY	7 - 9:15am	7 - 9:15am LCM 4 - 6pm SCY	7 - 9:15am	7 - 9:15am LCM 4 - 6pm SCY	7 - 9:15am	Off
<b>Senior II</b>	7 - 9am	7 - 9am	7 - 9am	7 - 9am	7 - 9am	7 - 9am	Off
<b>Pre-Senior</b>	9 - 10:30am	9 - 10:45am	9 - 10:45am	9 - 10:45am	9 - 10:45am	9 - 10:45am	Off
<b>Silver</b> (11-12))	Off	9:15 - 10:45am	9:15 - 10:45am	9:15 - 10:45am	9:15 - 10:45am	9:15 - 10:45am	Off
<b>Bronze</b> (9-10)	10:30 - 11:50 LCM	4-5:30pm SCY	10:45 - 11:50 LCM	10:30 - 11:50 LCM	11:00-11:50pm LCM	Off	Off
<b>Cuda</b> (8 & under)	Off	5:30-6:30pm SCY	Off	5:30-6:30pm SCY	11:00-11:50pm LCM	Off	Off
<b>Masters</b>	5:45 - 7am LCM	6:30 - 7:45pm SCY	5:45 - 7am LCM	6:30 - 7:45pm SCY	5:45 - 7am LCM	5:45 - 7am LCM	Off