



2020 ABLY MAY - Practice Schedule

GROUP	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Senior I	5:15 - 6:45am 3:45 - 6pm	3:45 - 6pm	5:15 - 6:45am 3:45 - 6pm	3:45 - 6pm	5:15-6:45am 3:45 - 6pm	8 - 10:15am	Off
Senior II	3:45 - 5:45pm	3:45 - 5:45pm	3:45 - 5:45pm	3:45 - 5:45pm	3:45 - 5:30pm	8 - 10am	Off
Pre-Senior	6 - 7:45pm	6 - 7:45pm	6 - 7:45pm	6 - 7:45pm	5:45 - 7:30pm	10 - 11:45am	Off
Silver (11-12))	6 - 7:30pm	6 - 7:30pm	6 - 7:30pm	Off	6 - 7:30pm	10:15 - 11:45am	Off
Bronze (9-10)	6 - 7:30pm	4:45 - 6pm (indoor Pool)	6 - 7:30pm	4:45 - 6pm (indoor pool)	Off	10:15 - 11:30am	Off
Cuda (8 & under)	4:45 - 5:45pm (indoor Pool)	Off	4:45 - 5:45pm (indoor pool)	Off	4:45 - 5:45pm (indoor pool)	Off	Off
Campbell Co.	3:30 - 5pm	11-12 w silver at ME Lyons	3:30 - 5pm	9-10 w bronze at ME Lyons	3:30 - 5pm	Off	Off
Masters	6 - 7:15am	7:30 - 8:45pm	6 - 7:15am	7:30 - 8:45pm	6 - 7:15am	6:30 - 8am	