**2019-2020 General Athlete Code of Conduct**

The undersigned athlete participating on the M.E. Lyons YMCA/Anderson Barracudas Swim Team agrees to abide by the Code of Conduct outlined below in addition to those established by the staff for both the short and long course seasons. All team members are expected to:

1. Offer congratulations to opponents, win or lose, and cheer on their teammates.
2. Participate in and be on time and prepared for practice, competition, and other team functions. This includes:
   1. Competing in a minimum of three YMCA meets and one YMCA championship level meet.
   2. Wearing the designated team suit, cap, t-shirts, and other clothing as presented by the coaches.
   3. Have required training equipment at all practices.
3. Follow the directions of the coaching staff during practice, meets, and other team activities.
4. Not possess, sell, or use alcohol, tobacco, any non-prescribed drugs, or any other illegal substances. This behavior is not tolerated.
5. Respect the property of the YMCA or any other facility the team may visit or use. No swimmer shall tamper with or cause damage to any such facility.
6. Display proper respect and sportsmanship toward coaches, officials, and administrators,fellow competitors, parents and the public.
7. Communicate in a professional manner with all coaches, parents, and volunteers. Athlete and coach communication, via electronic means (text, email, etc), is for the purpose of communicating information about team activities only.
8. Refrain from following any swim team staff member on Twitter or attempting to ?friend? any swim team staff member on any social media sites.
9. Promote positive team spirit and morale, which includes being humble in victory and courageous in defeat. Deal justly, kindly, impartially and intelligently with all fellow team members.
10. Refrain from all illegal or inappropriate behaviors that would detract from a positive image of the team or be detrimental to its performance objectives.
11. If 18 years of age or older, be 100% financially responsible for any damage to any part of their room or hotel when out-of-town meets require staying at a hotel.
12. All swimmers will exhibit and promote the four character values of the YMCA: Caring, Honesty, Responsibility and Respect.

Failure to comply with the Code of Conduct may result in, but not necessarily be limited to:

1. Swimmer not allowed participating in some or all team activities.
2. Swimmer immediately being sent home at their expense.
3. Swimmer being temporarily or permanently dismissed from the team.

The Director of Competitive Swimming with assistance from the Executive Director of the M.E. Lyons YMCA , will make the final decision in matters of discipline or dismissal based on the degree of violation of the above code.