



## 2022 Thanksgiving Week Practice Schedule



Group	Monday	Tuesday	Wednesday	THANKSGIVING	Friday	Saturday	Sunday
<b>Senior 1</b> AM PM	(deep) 5:15- 6:45 am 3:45- 6 pm	(shallow) 3:45- 6 pm	(deep) 8- 9:30 am 3- 5:15 pm	NO PRACTICE	(deep) 8- 10:15 am	(deep) 8- 10:15 am	OFF
<b>Senior 2</b> AM PM	(shallow) 3:45- 5:45 pm	(deep) 3:45- 5:45 pm	(shallow) 3- 5 pm	NO PRACTICE	(shallow) 8- 10 am	(shallow) 8- 10 am	OFF
<b>Pre-Senior</b> AM PM	(shallow) 5:45- 7:30 pm	(deep) 5:45- 7:30 pm	(shallow) 9:30- 11:15 am	NO PRACTICE	(shallow) NO PRACTICE	(deep) 10- 11:45 am	OFF
<b>Silver</b>	(deep) 6- 7:30 pm	(shallow) 6- 7:30 pm	(deep) 10- 11:30 am	NO PRACTICE	(deep) 10- 11:30 am	(shallow) 10:15- 11:30 am	OFF
<b>Bronze</b>	OFF	(indoor pool) 4:45- 6 pm	(deep) 5- 6:30 pm	NO PRACTICE	OFF	(either end) 10:15- 11:30 am	OFF
<b>Cuda</b>	(indoor pool) 4:45- 5:45 pm	OFF	(indoor pool) 4:45- 5:45 pm	NO PRACTICE	OFF	OFF	OFF
<b>Cuda 2</b>	OFF	(indoor pool) 6- 6:45 pm	(indoor pool) 4:45- 5:45 pm	NO PRACTICE	OFF	OFF	OFF
<b>Campbell County</b>	Swim Team 3:30- 5 pm	Pre- Comp 4- 5 pm	OFF	NO PRACTICE	NO PRACTICE	at ME Lyons Y if group is there	OFF
<b>Masters</b> AM PM	5:45- 7 am	7:30- 8:30 pm	6:45- 8 am	NO PRACTICE	6:45- 8 am	7- 8 am	OFF