

2021 CENTRAL ZONE CHAMPIONSHIPS - ELKHART

August 6-8, 2021 - All Times are Eastern Time



Meet entries may be submitted by LSC only.

Separate entries from individuals or clubs will not be accepted.

Meet Site: Elkhart Health & Aquatics, Elkhart, Indiana

Participating LSC Teams: Indiana, Iowa, Lake Erie, Michigan, Ohio, Ozark, Wisconsin

- SANCTION:** Held under the sanction of USA Swimming. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. **INSERT SANCTION NUMBER HERE**
- HOSTED BY:** Elkhart Health & Aquatics and Elkhart United Aquatics
- MEET DIRECTORS:** Kevin Milak - kevinmilak@gmail.com
Michelle Guipe - mguipe@elkhart.k12.in.us
- OFFICIALS:** Referee: Jayne Spittler, jaynespittler@sbcglobal.net (815)382-9952
Admin Referee: Edie Mueller, edie.mueller@me.com (605) 310-4838
- MEET SITE:** Elkhart Health & Aquatics, 200 E Jackson Blvd, Elkhart, IN
facility website: <https://www.beaconhealthsystem.org/elkhart-health-aquatics/>
Event homepage: <https://www.teamunify.com/team/inbwac/page/elkhart-aquatic-center/cz2021>
- FACILITY:**
- A. Competition Pool: Indoor, ten-lane, 70-meter pool with a depth ranging from 4'-13' (race course is 8'2"-13' deep). Competitor lane lines with Myrtha track starting blocks, Colorado electronic timing equipment and scoreboard. Myrtha backstroke wedges. Wedges will be available for athletes age 11 and over. This competition course has been certified in accordance with 104.2.2 (C) on file with USA Swimming
 - B. Warm-up/down Pool: Continuous warm-up and warm-down in five-lane, 25-meter shallow end of competition pool. Warm-up pool will be available during all general warm-up and competition times to participating athletes in that session.
 - C. Locker Rooms: There are six athlete locker rooms on the deck level of the aquatic center, three of each gender accessible via the hallway on the south side of the deck. There is a gender-neutral/family locker room next to the officials meeting room, for the exclusive use of credentialed non-athlete participants. Additional restrooms are located in the lobby and in the upper concourse of the facility
 - D. Athlete Seating: Bleacher seating on the pool deck is available for athletes. No folding chairs are allowed on deck.
 - E. Spectator seating: If spectators are allowed. The spectator gallery will be open for seating 60 minutes before the start of each competition session. This seating gallery has a capacity of approximately 1,200 which includes a handicapped seating area. All seating is general admission and available on a first-come basis. Saving of seats is prohibited.
 - F. Parking: There is no charge for parking in the adjacent city lot. Do not park in the Fitness Center / Physical Therapy Clinic lot. Parking map on meet website.
- ENTRY FEES:** Make check payable to: Elkhart Health & Aquatics
- ENTRY CHAIRMAN:** Send entries to: Kevin Milak kevinmilak@gmail.com (832)233-0234

- RESULTS:** Heat sheets and results will be posted online and in Meet Mobile.
- GENERAL MEETING:** Two pre-meet General Meetings will be taking place:
- A. A pre-meet Technical Meeting is scheduled for Monday at 8:30p.m. on zoom for all coaches and LSC representatives.
 - Members of the Technical Jury and Eligibility Jury will be identified.
 - No deviation from the published Meet Information may occur without unanimous agreement by all designated LSC representatives.
 - Warm-up lanes and times will be assigned at this meeting. Procedures will be distributed.
 - B. A brief pre-meet Coaches Meeting is scheduled for Thursday at 5:30p.m., in pool deck classroom for all coaches and LSC representatives.
- OFFICIALS' MEETING:**
- A. An officials' meeting will convene one hour prior to the start of each session in officials meeting room.
 - B. White polo shirt over navy bottoms (shorts, skirts, capris, pants). White non-skid deck shoes (no Crocs or sandals).
 - C. Meet Referee: Jayne Spittler jaynespittler@sbcglobal.net
- VOLUNTEERS:** Volunteers from visiting LSCs are encouraged and welcome. There will be a sign-up form for volunteer positions, and an application to officiate on the meet website. For volunteer questions: kevinmilak@gmail.com

DISCLAIMER: We have taken enhanced health and safety measures for all participants and guests. You must follow all posted instructions of this facility under guidelines from the Indiana Department of Health while attending this event. By participating and attending this event, you voluntarily assume all risks related in exposure to COVID-19. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individual with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THE COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, INDIANA SWIMMING, ELKHART UNITED AQUATICS, ELKHART HEALTH & AQUATICS AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

RULES: Current USA Swimming rules will govern this meet. Participating athletes must be ages 14 & Under, registered as regular members with USA Swimming in one of the participating LSCs, and have achieved qualifying times as described in the Eligibility section of this document.

- A. Use of audio or visual recording devices, including a cell phone, is not permitted behind the blocks, in changing areas, rest rooms, or locker rooms during warm-up or competition.
- B. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- C. Flash photography will not be allowed during the start of any heat. Individuals using flash photography near the start of a heat may be ejected from the meet facility.
- D. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- E. No deck changing is allowed.

MEET SCHEDULE:

- A. Age Groups 10 and Under:**
 - **Timed Finals:** Friday, Saturday and Sunday for 10 and Unders
 - **Warm-ups** 7 a.m.
 - **Meet Start** 8:00 a.m.
- B. Age Group 11-12:**
 - **Timed Finals:** Friday, Saturday and Sunday for 11-12s
 - **Warm-ups** *TBD, will be posted on event website on Monday, August 2*
 - **Meet Start** *TBD, will be posted on event website on Monday, August 2*
- C. Age Group 13-14:**
 - **Timed Finals:** Friday, Saturday and Sunday for 13-14s
 - **Warm-ups** *TBD, will be posted on event website on Monday, August 2*

Meet Start *TBD, will be posted on event website on Monday, August 2*
- D. At the request of the swimmer's coach and at the discretion of the Referee, at least 15 minutes will occur between swims for the same individual.

TEAM REGISTRATION:

- A. Registration will be held at the venue: Thursday, from 1 p.m. to 6 p.m.
- B. All team staff should schedule their arrival to register during these hours.
- C. Note: This registration period is for team managers/coaches only; swimmers do not need to register individually with the meet host.
- D. LSCs are encouraged to inform their swimmers in advance of exactly when and where the team will assemble at the venue.

SAFETY/WARM-UP PROCEDURES:

- A. Safety procedures of USA Swimming, including feet-first entry, will be followed.
- B. Specific warm-up procedures will be posted and distributed at the General Meeting.
- C. Coaches must be in control of their swimmers during their warm-up times.

LSC REPRESENTATIVE:

- A. Each LSC must have a representative and alternate to act as a liaison between the LSC and the Meet Director. It is recommended that these persons NOT be the LSC's Head Coach.

- B. These designated persons must be identified to the Meet Director either with the meet entries or at the General Meeting on Thursday, August 5 at 5:30pm prior to the start of the Meet.

ATHLETE CONDUCT:

- A. CODE OF CONDUCT and MEDICAL RELEASE sample forms are available on the Central Zone Website. *If the LSC does not have its own form(s), these may be duplicated and signed by each athlete and his/her parent(s).*
- B. Each LSC's representative must have these documents available to the host at all times.
- C. The Code of Conduct will be enforced.
- D. Deck changes are prohibited.

ELIGIBILITY:

- A. **Membership:** All athletes must be regular (not seasonal) USA Swimming members with the LSC they represent and be age 14 or Under. Deck Pass is acceptable proof of USA Swimming membership.
- B. **Swimmer's Age:** Age of swimmer for pool competition shall be as *of the first day* (August 6, 2021) of the pool competition.
- C. **Certification:** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- D. **Qualifying Time/Eligibility:**
- Swimmers must have achieved a National AAA time (LCM, SCM, SCY) between August 1, 2019 and August 1, 2021.
 - Swimmers who have achieved the short course National AAA time, but not the long course time during the qualification period, must enter with the time they have actually achieved annotating that it is short course yards (Y) or short course meters (S).
 - Swimmers who achieve individual event cuts for the following meets prior to their respective assigned Zone Championship entry deadline of August 1, 2021 shall not be eligible to compete in that particular stroke and distance, including relay events.
 - 1) National Championships
 - 2) Summer Junior National Championships
 - 3) US Open
 - Entry times must be verifiable in SWIMS (USA Swimming Times database)
 - Disability Swimmers: Each LSC may enter six (6) swimmers age 14 and Under with a disability in any manner deemed appropriate who are not required to have achieved the qualifying time standards for their age group/events, but must have an official time in any event entered.
 - If the LSC has no qualifiers or fewer than two (2) qualifiers in an event, the LSC may enter up to two (2) swimmers maximum in that event. The non-qualifying entries shall be entered at NT and will be swum last.

RELAY ENTRIES:

- A. The LSC must coordinate relay entries.
- B. Determination of the swimmers composing the relays is at the discretion of the LSC.

- DISABILITY ENTRIES:**
- A. LSCs must use the Disability Entry Form to enter a swimmer with a disability
 - B. Swimmers with disabilities shall be highlighted on the hard copy of the LSC's meet entry.
 - C. Classification of a swimmer with a disability is irrelevant.
- ENTRY LIMITS:**
- A. Swimmers may enter no more than six (6) individual events of which no more than three (3) may occur on any given day.
 - C. Each LSC may enter two (2) relays per relay event.
 - D. No limit exists on the number of swimmers that an LSC may enter in an individual event.
- ENTRY RESPONSIBILITY:**
- A. The LSC coach, swimmer, or swimmer representative who enters any Central Zone Championship Meet thereby attests that all times on the entry are true and correct achieved qualifying times for each event entered and that all entered swimmers are eligible under current rules. He/she assumes all responsibility for false or incorrect times or times which are unacceptable under USA Swimming or Central Zone rules and shall be assessed a \$100 penalty payable to the Central Zone for each false or incorrect entry unless absolved of the fine by the elected officers of the Central Zone, their designee or a Zone Board of Review. Additional action or penalty may be taken or levied as deemed appropriate by the Central Zone or USA Swimming.
 - B. Appeal of fines or penalties imposed is to be made to the elected officers of the Central Zone, their designee, and/or a Zone Board of Review.
- ENTRY FEES:**
- \$6.00 per individual pool event
\$12.00 per relay
\$25.00 per swimmer surcharge (\$20 Facility, \$2 Indiana Swimming, \$2 COVID relief fund, \$1 Central Zone)
\$1.00 per swimmer Central Zone surcharge
Make check payable to: Elkhart Health & Aquatics.
- ENTRY DEADLINE:**
- A. Entries must be submitted to the host entry chairperson electronically by Noon (EDT) on Monday August 2, 2021
 - The documents of the pool entries and other meet information including the completed Swimmers with a Disability Entry Form, Meet Staff Form and Relay-only Entry Form must accompany the team entry file and be sent electronically.
 - It is the responsibility of each LSC to verify entry times, receipt and readability of any entries, and submission of entry by Noon (EDT) Monday August 2, 2021.
 - Meet Entry chair must verify receipt of entries by email or follow-up phone call to the host entry chair.
 - B. Each LSC shall receive a team entry report and psych sheet including an exception report of the LSC team entries via e-mail by 6 p.m. EDT Monday August 2, 2021.
 - Any corrections to the original entries should be formatted in a new entry file and sent to the entry chair via email by **Noon** EDT on Tuesday August 3, 2021.
 - **Justification** of the exception report should be included in a word document or PDF file.
 - Entry fees are due before the start of the General Meeting.
 - No new swimmers may be added to LSC entries after the Tuesday August 3, 2021, Noon deadline.

- Any corrections or updates after Noon on Tuesday August 3, 2021, shall go to the eligibility jury.

C. **There will be no deck entries at this meet.**

ENTRY PROCEDURES:

- A. The LSC must submit its entries as one team, using the **LSC** as the club designation.
- All individual and relay entries shall be consolidated and submitted as one entry. Separate entries from individuals or clubs will not be accepted.
 - LSC entry chair shall verify times and eligibility of swimmers before submitting entries to host.
- B. Each LSC must identify, on the official entry form, the name of the LSC and the name, address and telephone number, and email of the person in charge of entries for that LSC.
- C. Entries for swimmers with a disability should be sent on separate entry form indicating preference for seeding.

ELIGIBILITY PROTESTS:

- A. Eligibility protests pertaining to the eligibility of any swimmer to compete or to represent an organization shall be submitted to the Eligibility Jury.
- The Eligibility Jury will be appointed by the Meet Referee and consist of an athlete, a coach, and an official.
 - All protests made prior to or during the championship shall be submitted to the Eligibility Jury on a form prescribed by the Zone (*available in CZ Appendix*) and accompanied by a \$50 fee, which shall be returned if the protest is upheld. The \$50 fee shall not be required for protests submitted by the Meet Referee or the host LSC Entry Chairperson(s).
 - Protests shall be heard by the Jury, and, if possible, decisions rendered before the start of events on the day in which the protested swimmer competes, but no later than the last night of the championships. The opportunity to be heard shall be given to both the party lodging the protest and the party or parties charged.
 - Until the Eligibility Jury renders a decision, the swimmer may compete under protest. An announcement to this effect shall be made prior to the race. The results of any race conducted under protest shall not be announced, nor prizes awarded, nor points scored until the Jury has determined if and how their decision may affect the final scoring or awards.
 - The decision of the Jury may be appealed by either party to the Zone Board of Review, pursuant to Article 403. Protests submitted after the last day of the championships shall be submitted directly to the Zone Board of Review.

DIVISIONS:

- A. **Competition Divisions:** The competition shall be divided into two (2) divisions: Able-Bodied Swimmers (D1) and Swimmers with a Disability (D2).
- Divisions shall be seeded together, but awarded separately.
 - The Referee, in consultation with the swimmer and/or the swimmer's coach, shall have the authority to make special seeding accommodations for D2 swimmers.
 - D2 events shall be scored.
 - Prior to all sessions of the meet, if deemed necessary for the safety of the D2 swimmers, a separate warm-up lane shall be designated for D2 swimmers only.

SEEDING/CONDUCT:

- A: **Conduct:**

- All Events will be conducted as timed finals.

B: Seeding Order:

- First – Conforming times (L)
- Second – Non-conforming times (S then Y)
- Third – NT

C. Distance Events:

- Distance events shall be swum as timed finals, fastest to slowest alternating girls and boys

D. Relays:

- All relays shall be conducted as timed finals.

SCRATCHES/CHECK-IN:

- A. **Scratch Rules:** All individual events will conform to USA Swimming National Scratch Procedure Rules (207.11.6 A-E). There is no penalty for failure to compete in a timed final event. A coach or a swimmer may declare a false start.
- B. **Scratch Deadline:** A scratch box will be available at registration, the General Meeting, and throughout all meet sessions. All athletes or their coaches are required to fill out a scratch slip, verified by the Clerk of Course, and place it in the scratch box prior to the scratch deadline for that event. This applies to all events and relays.
- Scratch deadline for August 6, 2021 events shall be 15 minutes after the conclusion of the General Meeting.
 - Scratch deadline for August 7, 2021, events shall be 30 minutes after the start of August 6, 2021, 13-14 session.
 - Scratch deadline for August 8, 2021, events shall be 30 minutes after the start of August 7, 2021 13-14 Session.
- C. **Positive Check-in:** Entrants in the 800 and 1500 free must check in and confirm their intention to compete prior to the scratch deadline in order to be seeded.
- D. **Relay Check-in:** Teams shall check in relays and confirm their intention to compete prior to the scratch deadline in order to be seeded.
- E. **Relay cards** designating the swimmers' names shall be submitted to meet management on the day of the relay. Names and order of swimmers may be changed up to the time of the swim. Only coaches may make changes to 11-12 and 10 & Under relays.

SCORING:

- A. Individual Pool events:
24, 21, 19, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
- B. Relay events:
44, 39, 36, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

RESULTS:

- A. Results will be posted and announced.
- B. Relay lead-off splits and initial splits
- All valid lead-off splits from relays will be uploaded to SWIMS.
 - All requests for initial splits from an individual event must be made to the Meet Referee and the Admin Referee for approval. Request Form will be required.
 - All requests for initial splits not made at the meet shall be directed to the attention of the Meet Referee and the Admin Official for processing. Requests submitted later than 45 days after the conclusion of the meet will not be accepted. The local LSC Times Officer will be responsible for adding any updates approved by the Meet Referee and Admin Official to the SWIMS database.

AWARDS:

- A. Individual Pool events: 1-9 place: medals with neck ribbons; 10-18 place: ribbons

- B. Relay events: 1-3 place: medals with neck ribbons; 4-9 place: ribbons
- C. High Point Award: 1-3 for boys and girls in each age group.
- D. Team Awards: 1-3 combined points.

**DECK PASSES/
CREDENTIALS:**

- A. Deck Passes/Credentials for LSC coaches and team managers will be issued to the representative of each LSC according to the list submitted with the entry form, not to exceed one (1) per ten (10) swimmers, with a minimum of five (5) passes. USA Swimming registration (Deck Pass acceptable) must be shown at check-in to receive a deck pass.
- B. Each athlete, coach, official and volunteer will be issued a meet credential.
- C. Credentials must be displayed at all times while in the venue.

**MEET PROGRAM/FINAL
RESULTS:**

Meet Program and Final Results will be available.

REFRESHMENTS:

Hospitality will be provided for coaches & officials. Due to COVID, we are continuing to serve mostly grab & go snacks and drinks.

**THURSDAY WARM-UP/
TEAM PICTURES:**

LSC Name – assigned warm-up time (Please list the participating LSCs and assign a warm-up time based on previous years’ numbers and travel distance.)

Team picture and individual action shots will be available through ProSwim Visuals, link will be posted on website.

| TEAM | PROJECTED ROSTER SIZE | PICTURES | START OF WARM-UP | END OF WARM-UP |
|-----------|-----------------------|----------|------------------|----------------|
| INDIANA | 200-250 | 1:00P | 1:30P | 2:30P |
| OHIO | ? | 1:30P | 2:30P | 3:30P |
| LAKE ERIE | 50 | 2:00P | 2:30P | 3:30P |
| WISCONSIN | 75 | 2:30P | 3:30P | 4:30P |
| MICHIGAN | 100-150 | 3:00P | 3:30P | 4:30P |
| IOWA | 50-100 | 3:30P | 4:30P | 5:30P |
| OZARK | 50-70 | 4:00P | 4:30P | 5:30P |

- TEAM SEATING:** Teams will have ample space on deck with bleacher seating.
- HOTEL INFORMATION** See meet homepage below.
- MEET WEBSITE / LIVESTREAM:** Meet homepage: <https://www.teamunify.com/team/inbwac/page/elkhart-aquatic-center/cz2021>
- Meet will be livestreamed, subscribe to get notified when we go live:
https://www.youtube.com/channel/UCYDBcpiL5ulQuDr7ORvS_ig
- ZONE APPAREL** Zone Apparel will be available for pre-order and on-site by Bella's Custom Designs. Pre-order information will be posted on the meet website.
- OTHER INFORMATION:** Visit Elkhart Website: <https://www.visitelkhartcounty.com/plan/visitor-center/swimming/>

SCHEDULE OF EVENTS

DAY 1 and 2

Day 1 Morning 10 and Under

| <u>Girls</u> | <u>Event</u> | <u>Boys</u> |
|--------------|---------------------|-------------|
| 1 | 10&U 50 Breast | 2 |
| 3 | 10&U 100 Free | 4 |
| 5 | 10&U 50 Fly | 6 |
| 7 | 10&U 200 Free Relay | 8 |

Day 1 Mid Day 11-12

| <u>Girls</u> | <u>Event</u> | <u>Boys</u> |
|--------------|------------------------|-------------|
| 9 | 11-12 200 IM | 10 |
| 11 | 11-12 100 Breaststroke | 12 |
| 13 | 11-12 50 Backstroke | 14 |
| 15 | 11-12 100 Free | 16 |
| 17 | 11-12 200 Butterfly | 18 |
| 19 | 11-12 200 Free Relay | 20 |
| 21 | 11-12 800 Free | 22 |

Day 1 Evening 13-14

| <u>Girls</u> | <u>Event</u> | <u>Boys</u> |
|--------------|------------------------|-------------|
| 23 | 13-14 400 IM | 24 |
| 25 | 13-14 100 Breaststroke | 26 |
| 27 | 13-14 200 Free | 28 |
| 29 | 13-14 100 Butterfly | 30 |
| 31 | 13-14 200 Free Relay | 32 |
| 33 | 13-14 800 Free | 34 |

Day 2 Moring 10 and Under

| <u>Girls</u> | <u>Event</u> | <u>Boys</u> |
|--------------|-----------------------|-------------|
| 35 | 10&U 200 IM | 36 |
| 37 | 10&U 100 Back | 38 |
| 39 | 10&U 50 Free | 40 |
| 41 | 10&U 100 Breaststroke | 42 |
| 43 | 10&U 400 Free | 44 |

Day 2 Mid Day 11-12

| <u>Girls</u> | <u>Event</u> | <u>Boys</u> |
|--------------|------------------------|-------------|
| 45 | 11-12 50 Butterfly | 46 |
| 47 | 11-12 50 Free | 48 |
| 49 | 11-12 200 Breaststroke | 50 |
| 51 | 11-12 100 Backstroke | 52 |
| 53 | 11-12 400 Free | 54 |
| 55 | 11-12 200 Medley Relay | 56 |
| 57 | 11-12 400 IM | 58 |

Day 2 Evening 13-14

| <u>Girls</u> | <u>Event</u> | <u>Boys</u> |
|--------------|------------------------|-------------|
| 59 | 13-14 200 IM | 60 |
| 61 | 13-14 50 Free | 62 |
| 63 | 13-14 200 Breaststroke | 64 |
| 65 | 13-14 100 Backstroke | 66 |
| 67 | 13-14 400 Free | 68 |
| 69 | 13-14 200 Medley Relay | 70 |

SCHEDULE OF EVENTS

DAY 3

Day 3 Morning 10 and Under

| <u>Girls</u> | <u>Event</u> | <u>Boys</u> |
|--------------|-----------------------|-------------|
| 71 | 10&U 200 Medley Relay | 72 |
| 73 | 10&U 200 Free | 74 |
| 75 | 10&U 50 Backstroke | 76 |
| 77 | 10&U 100 Butterfly | 78 |

Day 3 Mid Day 11-12

| <u>Girls</u> | <u>Event</u> | <u>Boys</u> |
|--------------|-----------------------|-------------|
| 79 | 11-12 200 Backstroke | 80 |
| 81 | 11-12 50 Breaststroke | 82 |
| 83 | 11-12 200 Free | 84 |
| 85 | 11-12 100 Butterfly | 86 |
| 87 | 11-12 1500 Free | 88 |

Day 3 Evening 13-14

| <u>Girls</u> | <u>Event</u> | <u>Boys</u> |
|--------------|----------------------|-------------|
| 89 | 13-14 200 Backstroke | 90 |
| 91 | 13-14 100 Free | 92 |
| 93 | 13-14 200 Butterfly | 94 |
| 95 | 13-14 1500 Free | 96 |