



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# DEVELOPING HEALTHY YOUTH

## PENGUINS SWIM TEAM LOTTERY SYSTEM LIBERTY TWP./POWELL YMCA

Swimmer must pass assessment to be on the swim team. After passing assessment, swimmer will be placed in one of the following categories. Swimmers selected in the order of these categories beginning with category 1, then 2, and so on, until all openings on team are full.

In order to have a well-rounded team that has representation in all ages and both genders, we will aim to fill certain gender and age groups first. Once those spaces are filled, we will select via lottery the remainder of team openings in the order of the categories below regardless of age.

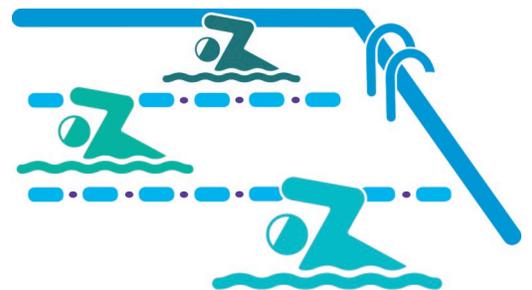
1. Swimmers with a YMCA Family Membership at least 30 days prior to the start of swim team conditioning
2. Swimmers with a YMCA Youth Membership at least 30 days prior to the start of swim team conditioning
3. Non-YMCA Members that successfully completed Stage 6 or Pre-Competition Swim lessons
4. Non-YMCA Members

**ASSESSMENT:** Swimmers must meet the minimum requirements to pass the assessment. Please sign-up at the Welcome Center to secure your assessment spot.

**ALL:** Successfully completed the YMCA's Deep Water-Safe swim test. Plus the following additional requirements:

**8 & Under:** Swimmers must be able to swim 25 yards of freestyle/front crawl with rotary breathing and kick (breathing to side – inhaling and then exhaling breath when head returns to water), without stopping plus 25 yards backstroke with alternating arms including kick and remain on back the entire length of the pool.

**Age 9 & Older:** Swimmers must be able to swim 50 yards freestyle and backstroke as noted above.



**\*EFFECTIVE WINTER 2017:** Swimmers under the age of 8, at minimum, must successfully complete YMCA Swim Lesson's Stage 5. Swimmers over the age of 9 must successfully complete YMCA Swim Lesson's Stage 6 or Pre-Competition.

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