



2021 OH AP KEY Armed Forces Invitational
November 12-14, 2021
Held under the sanction of USA Swimming
Sanction #: OH-21SC-[xx]

Hosted by
South YMCA-KEY
Swimming

Location:	West Carrollton YMCA 900 S. Alex Road West Carrollton, OH 45449
Facility:	Short Course Yards (25 yards), 9ft deep at the start end and 3.5ft deep at the turn end, 6 lanes with a small warm-down pool adjacent to competitive course Colorado Timing system in an indoor facility The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i> , Article 104.2.2C(4).
Meet Director:	Eric Wentzel eric@keyswimming.com 937-434-1964
Meet Referee:	Gus Tenhundfeld
Officials Contact for the Meet:	Gus Tenhundfeld gus.tenhundfeld@tylertech.com 937-434-1964
Entry Chair:	Eric Wentzel eric@keyswimming.com 937-434-1964
COVID Compliance Officer for Meet	Eric Wentzel eric@keyswimming.com 937-434-1964
Sanction:	In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. As a condition of sanction, South YMCA-KEY Swimming agrees to comply and to enforce all COVID-19 health and safety mandates and guidelines (including face covering, social distancing and mass gatherings) of USA Swimming, Ohio Swimming, the State of Ohio, local jurisdictions and the South YMCA-KEY Swimming Meet Plan detailed in this packet. Meets conducted in violation of these requirements and safety plans are subject to having the sanction revoked and will not be issued sanctions for future meets during the COVID-19 sanctioning period.
Meet Type:	This meet is a closed (YMCA teams only) invitational meet open to all YMCA registered swim teams within the Southwest Ohio YMCA Swim League.
Meet Type:	Invitational
Meet Type:	This will be an in person meet held at the West Carrollton YMCA. Sessions will be determined based upon entries received by visiting teams. Final decision will be made once entries have been received. Plan A Friday 11 and Over Swimmers Saturday & Sunday AM 11 and Over Swimmers Saturday & Sunday PM 10 and Under Swimmers Plan B Friday 11 and Over Swimmers Saturday & Sunday morning 13 and Over Swimmers Saturday & Sunday late morning 11-12 Swimmers Saturday & Sunday afternoon 10 and Under Swimmers
# of Sessions:	5-7 depending on entries

Disclaimers

South YMCA-KEY Swimming has taken enhanced health and safety measures for you, our other guests, volunteers, and our athletes. Everyone must follow all posted instructions while attending this meet.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

By attending or participating in this competition, you voluntarily assume all risks associated with exposure to COVID-19 and forever release and hold harmless USA Swimming and Ohio Swimming and each of their officers, directors, agents, employees or other representatives from any liability or claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection herewith.

Organization Regulations/Waivers

USA Swimming Rules

- At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet.
- Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices.
- Deck changes are prohibited.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Flash photography is not permitted at the start of any race.
- All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Technical Suit Ban

- Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet.
- A Technical Suit is one that has the following components:
- Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or
 - Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.

Ohio State Laws that are applicable to Ohio Swimming sanctioned events

- Ohio's Return to Play Law (ORC 3313.539 and ORC 3314.03) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National Federation of State High School Association and Centers of Disease Control. Training links can be found at www.swimohio.com under Safe Sport>Concussion.
- There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.

COVID-19 Information

- Avoid getting closer than six (6) feet to anyone coughing or sneezing.
- Wash your hands frequently with soap and water for 20 seconds or use hand sanitizer that has 60-95% alcohol.
- Avoid touching your eyes, nose, and mouth.
- Cover your mouth with a tissue or your elbow if you cough or sneeze. Throw the tissue in the trash then wash your hands.
- Stay home if you are sick, and away from the pool and from fellow team members.

Organization Regulations/Waivers	
Waiver/Release	<ul style="list-style-type: none"> By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.
Entering the Meet	
Eligibility:	<ul style="list-style-type: none"> All contestants must be currently registered USA Swimming members. Registrations will not be accepted at the meet. All adult athletes must hold current Athlete Protection Training certification. Age on the first day of the meet will determine age for the entire meet.
Disability Swimmers:	<ul style="list-style-type: none"> Ohio Swimming welcomes swimmers with a disability. Entry Procedures: <ol style="list-style-type: none"> Enter the USA-S swimmers with a disability electronically or on the paper entry form. Provide the grouping the swimmer is identified under (P1, P2, P3) and any necessary accommodations. List in the email with the electronic entry (or on the paper entry) the swimmer's name, entry times, based on grouping (P1, P2, P3) strokes/distances and days/sessions. Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats. See the Ohio Swimming Policy Book for Grouping descriptions (P1, P2, P3).
Entry Limits Entry Fees:	<ul style="list-style-type: none"> Swimmers may swim a maximum of 4 individual events per session. \$4.50 per individual event. \$16.00 per relay event.
Entry Procedures:	<ul style="list-style-type: none"> Deadline for receipt of entries is November 3, 2021 Entries must be submitted in SCY using an electronic meet entry software (Hy-Tek/Team Unify). Send entries via email to: eric@keyswimming.com Please include the names of any Outreach swimmers in the email. Checks should be made payable to: South YMCA "No Time" (NT) entries will be accepted. The Meet Director reserves the right to limit entries, if necessary, to manage the timeline and number of competitors and spectators at each session.
Warm-up and Safety Guidelines:	<ul style="list-style-type: none"> The meet host will provide a complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants. This information will be distributed in advance of the meet. Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees). Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck. Ohio LSC Swimming Safety Guidelines and Warn-Up Procedures will be in effect for this meet. No spectators allowed on deck.
Competition Guidelines:	<ul style="list-style-type: none"> This meet will be a timed finals meet. This meet will be contested in SCY. This meet will be pre-seeded. Deck entries will be accepted at the meet. No Clerk of Course will be available for 8 & Under events. Relays will only be seeded in even lanes per heat to help maintain social distancing during these events.
Awards:	<ul style="list-style-type: none"> There will be awards at this meet. Awards for top 16 places for 12 & Under events only. Results will not be posted during the meet.
General:	Each team should provide bottled water for officials, coaches and volunteers during the meet.

KEY Armed Forces Invitational ORDER OF EVENTS

EVENTS	Friday 101 Girls 11-12 200 IM 102 Boys 11-12 200 IM 103 Girls 400 IM 104 Boys 400 IM 105 Girls 11 & Over 500 Freestyle 106 Boys 11 & Over 500 Freestyle 107 Girls 11 & Over 1650 Freestyle 108 Boys 11 & Over 1650 Freestyle Saturday 201 Girls 15 & Over 200 Freestyle Relay 202 Boys 15 & Over 200 Freestyle Relay 203 Girls 13-14 200 Freestyle Relay 204 Boys 13-14 200 Freestyle Relay 205 Girls 11-12 200 Freestyle Relay 206 Boys 11-12 200 Freestyle Relay 207 Girls 13 & Over 50 Freestyle 208 Boys 13 & Over 50 Freestyle 209 Girls 11-12 50 Freestyle 210 Boys 11-12 50 Freestyle 211 Girls 13 & Over 100 Butterfly 212 Boys 13 & Over 100 Butterfly 213 Girls 11-12 100 Butterfly 214 Boys 11-12 100 Butterfly 215 Girls 13 & Over 200 Backstroke 216 Boys 13 & Over 200 Backstroke 217 Girls 11-12 200 Backstroke 218 Boys 11-12 200 Backstroke 219 Girls 11-12 50 Backstroke 220 Boys 11-12 50 Backstroke 221 Girls 13 & Over 100 Breaststroke 222 Boys 13 & Over 100 Breaststroke 223 Girls 11-12 100 Breaststroke 224 Boys 11-12 100 Breaststroke 225 Girls 13 & Over 200 Freestyle 226 Boys 13 & Over 200 Freestyle 227 Girls 11-12 200 Freestyle 228 Boys 11-12 200 Freestyle 229 Girls 8 & Under 100 Freestyle Relay 230 Boys 8 & Under 100 Freestyle Relay 231 Girls 9-10 200 Freestyle Relay 232 Boys 9-10 200 Freestyle Relay 233 Girls 10 & Under 100 Freestyle 234 Boys 10 & Under 100 Freestyle 235 Girls 8 & Under 25 Breaststroke 236 Boys 8 & Under 25 Breaststroke 237 Girls 10 & Under 50 Breaststroke 238 Boys 10 & Under 50 Breaststroke 239 Girls 10 & Under 100 Butterfly 240 Boys 10 & Under 100 Butterfly 241 Girls 8 & Under 25 Backstroke 242 Boys 8 & Under 25 Backstroke 243 Girls 10 & Under 50 Backstroke 244 Boys 10 & Under 50 Backstroke 245 Girls 10 & Under 100 IM 246 Boys 10 & Under 100 IM 247 Girls 10 & Under 200 Freestyle 248 Boys 10 & Under 200 Freestyle	Sunday 301 Girls 11-12 200 Medley Relay 302 Boys 11-12 200 Medley Relay 303 Girls 13-14 200 Medley Relay 304 Boys 13-14 200 Medley Relay 305 Girls 15 & Over 200 Medley Relay 306 Boys 15 & Over 200 Medley Relay 307 Girls 11-12 100 IM 308 Boys 11-12 100 IM 309 Girls 13 & Over 200 IM 310 Boys 13 & Over 200 IM 311 Girls 11-12 50 Breaststroke 312 Boys 11-12 50 Breaststroke 313 Girls 13 & Over 200 Breaststroke 314 Boys 13 & Over 200 Breaststroke 315 Girls 11-12 200 Breaststroke 316 Boys 11-12 200 Breaststroke 317 Girls 13 & Over 100 Freestyle 318 Boys 13 & Over 100 Freestyle 319 Girls 11-12 100 Freestyle 320 Boys 11-12 100 Freestyle 321 Girls 13 & Over 100 Backstroke 322 Boys 13 & Over 100 Backstroke 323 Girls 11-12 100 Backstroke 324 Boys 11-12 100 Backstroke 325 Girls 13 & Over 200 Butterfly 326 Boys 13 & Over 200 Butterfly 327 Girls 11-12 200 Butterfly 328 Boys 11-12 200 Butterfly 329 Girls 11-12 50 Butterfly 330 Boys 11-12 50 Butterfly 331 Girls 8 & Under 100 Medley Relay 332 Boys 8 & Under 100 Medley Relay 333 Girls 9-10 200 Medley Relay 334 Boys 9-10 200 Medley Relay 335 Girls 8 & Under 25 Freestyle 336 Boys 8 & Under 25 Freestyle 337 Girls 10 & Under 100 Breaststroke 338 Boys 10 & Under 100 Breaststroke 339 Girls 8 & Under 25 Butterfly 340 Boys 8 & Under 25 Butterfly 341 Girls 10 & Under 50 Butterfly 342 Boys 10 & Under 50 Butterfly 343 Girls 10 & Under 50 Freestyle 344 Boys 10 & Under 50 Freestyle 345 Girls 10 & Under 100 Backstroke 346 Boys 10 & Under 100 Backstroke 347 Girls 10 & Under 200 IM 348 Boys 10 & Under 200 IM
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COVID-19

The following COVID-19 Protocols will be observed to insure the safety of all athletes, coaches, volunteers and spectators during the meet:

Entry

Entry into any YMCA of Greater Dayton YMCA requires a temperature screening. No person shall be admitted with a temperature over 100.4F or in accordance with CDC, or local health department recommendations.

Capacity

Per ODH regulations, the maximum number of participants gathered at any facility is 15% of posted fire- code capacity. Participants include athletes, coaches, volunteers and spectators.

- * In observance of the 15% maximum, the number of spectators may be limited.
- * Parents are encouraged to volunteer during the meet to reduce the number of people.
- * KEY may "live stream" the Meet on Facebook Live so parents will have an opportunity to watch their swimmer.

Athlete, Coaches & Volunteer Safety

- Players, coaches, volunteers, and officials must conduct daily symptom assessments before each practice or game. Anyone experiencing symptoms must stay home.
- Promote good hand hygiene and respiratory etiquette.
- No congregating before or after practices or games by players, coaches, athletic trainers or officials is permitted.
- Ensure social distancing is being followed at all times.

Spectator Safety

- Spectators must conduct daily symptom assessments. Anyone experiencing symptoms must stay home.
 - Family members must sit together, socially distanced from other individuals/family groups.
 - Six-foot social distancing must be maintained between individuals/family groups.
- Spectator seating areas will be marked.

Mask/Cloth Face Covering Wearing Requirements

Masks/cloth face coverings will be mandatory for all swimmers aged 10 & Under. It is strongly suggested anyone who is not fully vaccinated or will be in close contact of any 10 & Under swimmers for an extended period of time to wear a face covering.

Swimmers only have an exception during the swim cycle. The "swim cycle" is defined as the time period beginning with the swimmer being called for their warmup or race until their warmup/race/cool down has ended. Swimmers must wear their mask/cloth face covering when not swimming.

Meet Safety

- Swimmers are to come prepared to swim. Locker room use will only be given by the Meet Director or Meet Coordinator (or other responsible party by the Meet Director or Meet Coordinator) for changing purposes.
- Locker Room bathrooms will be accessible for those in attendance. Please keep numbers to a minimum in the locker rooms at any given time.
- There will be no Concession stand or hospitality. Everyone needs to bring their own snacks and water/Gatorade.
- Meet Marshals will help monitor the number of people on the pool deck throughout the meet and help direct traffic from the entrance to the pool area and then to the exit upon the conclusion of the meet.