2018 Ohio Swimming Short Course Senior Circuit Meet

Held under the Sanction of USA Swimming Inc. OH-18SC-17 and OH-18SC-18TT

SPONSORED BY	Ohio Swimming Inc. Senior Committee Norm Wright, Chair : seniorchair@swimohio.com
HOSTED BY	Bowling Green Swim Club
DATE	March 2-4, 2018
LOCATION	Cooper Pool, Bowling Green State University Recreation Center Bowling Green State University, Bowling Green, Ohio 43403
TIMES	**Friday, Saturday & Sunday AM Prelims** Warm Up 7:30 am – 8:45 am. Meet Starts – 9:00 am **Friday, Saturday Finals** Warm-up 4:00 pm – 5:20 pm – Finals start - 5:30 pm **Sunday Finals** Warm-up 3:30 pm – 4:20 pm – Finals start - 4:30 pm
MEET MANAGEMENT	Meet Director: Julie Price
	Meet Referee: Alan Jaffee/Malcolm Fisher Local Officials Coordinator: Joe Sobczak
	Administrative Official: Anissa Kanzari
	Entry Chair: Gary Layne glayne@bgsu.edu
ENTRY DEADLINE	Monday, February 26, 2018 at 5pm
POOL/FACILITY INFORMATION	• The Cooper Pool is a ten-lane, twenty-five-yard pool with Colorado timing and scoreboard display. The minimum water depth, measured in accordance with Article 103.2.3, is 12 feet at the start end and 12 feet at the turn end. Multiple-lane continuous warm-up/warm-down is available outside the competition area. The gutter system is 6 inches below the deck for easy entrance/exit. • The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. • *The meet will be conducted in Short Course format (SCY).* • No swimmer will be allowed on deck without a coach member present. If home club coach is not planning to attend event, swimmer must be assigned a supervising coach. If a swimmer arrives without a coach, he/she must contact the meet referee to locate a coach at the meet facility to be able to participate in warm-up or competition. • In compliance with USA Swimming Rules and Regulations; the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Under no circumstances are cameras or any other recording device allowed in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for race starts during the competition and warm-up. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices. • Deck changes are prohibited. • It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. • Unless approved in writing in advance of the competition by the Vice President of Program Operations, operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete / coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

PARKING	Parking is available in University Lots 16 and 1 – in front of and to the west of the College of Musical Arts. Alternative parking is available in Lots 10 and 18 – the Ice Arena east of the SRC and the Field House north of the SRC.
PHILOSOPHY OF THE MEET	The Ohio Senior Circuit's intent is to promote excellence within the ranks of Ohio Swimming and elsewhere. The purpose is to provide a venue for those swimmers aspiring to attain Sectional and National qualifying times, but also to give all Senior swimmers the opportunities to participate in a high quality competitive meet.

ENTERING THE MEET	
ELIGIBILITY	• The Ohio Senior Circuit meet is open to all swimmers who meet the following criteria: - High school athletes, 14 years old and older, who are in or beyond their freshman year and have competed in a high school swim meet during that academic year; - Collegiate or Masters athletes; - Disabled athletes who meet the eligibility criteria that are required of other meet participants. • No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. All entries must contain their USA Swimming number. USA-S registrations will not be accepted at this meet. • Age on the first day of competition will determine eligibility for the meet. • By the act of entering this meet, each team, coach and /or swimmer agrees to abide by USA Swimming Rules and Regulations and the Ohio Swimming Policy Book (posted on the OSI website). • Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
ENTRY RULES GENERAL	• Entries will be seeded as follows: Short Course Yards before Long Course Meters. Times cannot be updated once received. • A swimmer who is either not entered or incorrectly entered by fault of the host club should be properly placed in the appropriate events. • A swimmer, otherwise qualified, who was mistakenly not entered by his/her entry chairperson, may be added to open lanes until Thursday, March 1 at 5:00 pm provided he/she pays the appropriate entry fee plus a $25.00 processing charge (per swimmer) to the host club. No additions will be made after that time.
ENTRY RULES: INDIVIDUAL EVENTS	• Swimmers may swim a maximum of three individual events per day (including time trials). • Swimmers may enter a maximum of 6 (six) Individual Events for the meet. • No Individual minimum qualifying time standard shall be enforced at the Senior Circuit meet. • "NT" entries will <u>not</u> be accepted. Please estimate an entry time. • To guarantee a preliminary swim for the 1650 freestyle event, enter the athlete with a LCM time and indicate to the entry chair that the athlete wishes to swim in the preliminary heat. • If a swimmer wants an official intermediate split from a longer distance event, they must notify the meet referee before the event and complete an Ohio Time Certification form.

ENTERING THE MEET	
ENTRY PROCEDURES	• Electronic entry files (Hytek Team Manager or Team Unify) are required for all team entries. The electronic Event File can be downloaded from either www.bgscgators.com or www.swimohio.com. The electronic entry file should be sent to glayne@bgsu.edu • The following **must** be brought to the meet: 1. Entry Summary Sheet (Appendix A) 2. Check for the Total Entry Fees payable to **Bowling Green Swim Club**. • Unattached Swimmers are encouraged to use Hytek's TM Lite for entry submission. Manual (paper) entries are subject to a $15/swimmer surcharge. These fees are due at the time of entry submission. A manual entry form is included in this meet information book. • Fax/Phone Entries - The meet does not accept faxed or phoned entries. • Please let the host club know if you are entering any Outreach athletes.
ENTRY FEES	• Individual Events - $8.00 per entry. • Surcharge - $2.00 per swimmer (Travel Fund/Site Selection Fund) • Time Trials – $15 per individual event. • Entry Fees for Senior Circuit Meets are established annually by the Senior Committee. • All entry fees are to be paid to the meet host prior to the start of the meet.
SWIMMERS WITH A DISABILITY	• Provide advance notice of any necessary accommodations; • List in the email with the Hy-Tek entry (or on paper) the swimmer's name, entry times, stokes/distances, days/sessions, and how the swimmer prefers to be seeded. More info is available under Athletes>Adaptive on the OSI website.

COMPETITION FORMAT AND PROCEDURES	
RULES	USA Swimming Rules and Regulations will govern the conduct of these Championships and will serve as the official guide for technical and procedural rules except as modified specifically herein.
MEMBERSHIP REQUIREMENT	All meet directors, coaches and officials serving in an official capacity at a sanctioned event must be current members of USA Swimming and should be prepared to show proof of current USA Swimming membership. All persons acting in any coaching capacity in a sanctioned event must be currently certified coach members of USA Swimming.

COMPETITION FORMAT AND PROCEDURES	
COMPETITION GUIDELINES & MEET FORMAT	• Single preliminary sessions for all swimmers on Friday, Saturday and Sunday with a final session in those evenings consisting of Bonus D (14-16 year olds), Bonus C, Consolation and Championship heats for all events except those which are marked as timed final events. (Swum in the order C,B,A,D) • The D Bonus final will only be contested for events 200 yards and under. The D Bonus final is limited to 14-16 year olds who did not qualify for the A, B or C final. Nine (9) lanes will be used for all heats in preliminaries and morning timed final events. • Fly-over starts will be used in preliminary session events at the discretion of the Meet Referee • The 1650 Freestyle event will be Timed Finals with the fastest heat of swimmers swimming at Finals. The preliminary sessions of this event will swim fastest to slowest, alternating between women and men. It will be contested as the first event at finals. • The 50 Fly, 50 Breast and 50 Back will be Timed Finals Events contested only in Prelims. • Eight (8) lanes will be used for finals/consolation/bonus heats and timed final events swum in the evening. • Eight (8) lanes will be used for all heats in all sessions. • The meet referee reserves the right to combine events in accordance with USA Swimming Rules & Regulations. • The meet host reserves the right to use two pools during prelims on any or all days based upon the number of entries to manage the timeline. If two pools are used, even heats will be in one pool and odd heats will be in the other. • A timeline will be posted in several prominent places, however, timelines are approximate.
WARM-UP PROECURES AND SAFETY GUIDELINES	• Ohio LSC Swimming Safety Guidelines and Warm-Up Procedures will be in effect at this meet. • Open warm ups for all sessions. • Specific details of warm-up procedures will be posted on the pool deck. • Controlled warm up will go into effect no later than the last 30 minutes. Lanes 1 & 8 will be push/pace. Lanes 2 & 3 will be one-way sprint. Lanes 4-7 will be general warm-up. Additional one-way sprint lanes may be created, as necessary by meet management. • There will be no diving or racing starts during general warm-up or in the general warm-up lanes during the controlled warm-up period. • Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck.
SAFETY GUIDELINES	**Host Team Safety Responsibilities:** • Marshaling Requirements: a. A minimum of four (4) marshals, per pool, who report to and receive instructions from the Meet Referee and/or the Meet Director, shall be on deck during the entire warm-up session. b. Marshals shall have the authority to remove from the deck for the remainder of the warm-up session any swimmer or coach who is in violation of safety guidelines or warm-up procedures. c. One Marshal shall be assigned to each warm-up, warm down facility throughout the meet; which includes warm-up prior to meet, breaks during the meet, and during active competition. • An announcer shall be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up. • Host team must supply a certified lifeguard on duty at all times. **Coach/Team Safety Responsibilities:** • Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices. • Coaches shall actively supervise their swimmers throughout the warm-up session at meets and at all practices. • Coaches should maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period. • Coaches should stand near starting end of the pool when starting swimmers on sprint or pace work. **Miscellaneous Safety:** • Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks, and they must enter the pool feet first. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.

COMPETITION FORMAT AND PROCEDURES	
	• Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start. • Swimmers are required to exit the pool upon completion of their warm-up period to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session. • Warm-up procedures shall be enforced for any breaks and/or any areas used for warm-up and warm-down during the competition.
SEEDING	Entries will be seeded as follows: Short Course Yards before Long Course Meters. Times cannot be updated once received.
PROTEST PROCEDURES	All protests must be submitted in writing within 30 minutes following the contested race to the Meet Referee or their designee.

Scratch and Positive Check-In Procedures:

- A swimmer who officially scratches from an individual event prior to the scratch deadline shall not have that scratched event count towards their maximum number of events for the meet or for that day.
- The scratch deadline for Preliminary Events and Timed Final Events will be at 8:00 am on the day that individual event or relay is contesting the event as described in the meet information.
- Athletes entered in the 500 Free, 400 IM, and 1650 Free are asked, as a courtesy to other competitors, to scratch out for these events by the 8:00 am deadline. The 1650 may require positive check-in, as determined by the meet host. If positive check-in is required, it will be communicated to coaches / entry chairs in an email prior to the meet.
- Any swimmer not appearing for a preliminary heat or a timed final event shall not be penalized; however, that event will still be counted against their 6 event maximum for the meet and their 3 event per day maximum.

Scratching from Finals:	• Any swimmer listed as an original qualifier, qualifying for a bonus, consolation or championship final in an individual event who fails to compete in said final shall be barred from his/her next individual event, except as noted in 'Exception for Failure to Compete' below. A declared false start under 101.1.3F or deliberate delay of meet under 101.1.5 is not permitted and will be regarded as a failure to compete. In order to remain eligible for subsequent sessions, the swimmer must declare their intention to swim with the Admin Referee prior to completion of the current session. • In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the bonus, consolation or championship final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. The alternates shall not be penalized if unavailable to compete in the finals. • Where bonus or consolation finals have not been swum and a barred or withdrawn swimmer is known to the Referee, the Referee shall reseed the bonus, consolation and championship final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final. • If the consolation final has already been contested, the championship final shall be swum without reseeding for the empty lanes(s). Failure to scratch consolation or championship finals according to the rules above shall result in a $50.00 penalty fee per event against the swimmer if the event is his/her last event of the meet. The penalty fee shall be billed to the club and paid to the host group member.
Exception for Failure to Compete:	No penalty shall apply for failure to withdraw or compete in an individual event if: • The Referee is notified in the event of illness or injury and accepts the proof thereof. • A swimmer qualifying for a bonus, consolation or championship final race based upon the original results of the preliminaries notifies the Clerk of Course within thirty (30) minutes after the announcement of qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event. • It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.
FINALS SESSION EVENT ORDER	• The order of the final events shall be the same as preliminary sessions except the 1650Y Freestyle will be contested as the first event at Finals. • The 50 Backstroke, 50 Butterfly and 50 Breaststroke will be contested in prelims only. • The order of heats at Finals will be C (Bonus) - B (Consolation) - A (Championship) - D (14-16 year olds), if contested.

COMPETITION FORMAT AND PROCEDURES	
AWARDS & SCORING	There will be no awards at the Senior Circuit Meet.
RESULTS	The following information will be published on the meet host website at: www.bgscgators.com 1. Results 2. Final Results, Team Manager Results file, and Meet Manager Backup file
TIME TRIALS	• Time Trials will be conducted, time permitting, following the preliminary sessions on Friday, Saturday, and Sunday. The start time will be determined by the meet host and communicated at the coach's meeting, if one is held, or by announcement at the meet. • Signups for Time Trials each day will close at two hours prior to the end of each preliminary session according to the estimated timeline. • Meet Participants are limited to three individual events per day, including Time Trials. A declared false start is counted as one of these three individual events per day. • Time trial sessions will be limited to 1 hour. If on any day, the preliminary session ends less than 45 minutes before the start of finals warm-ups, the time trials will not be conducted on that day. • The Meet Host reserves the right to limit Time Trial events 500 yards or longer to a specific day, based upon the preliminary session timelines. Teams will be informed of this at the General Meeting. • Events from the current day will be swum first, with events for subsequent days following in order. Event order may be modified for ease of seeding and timeline control. • Time Trials for non-meet participants are limited to individuals attempting to achieve a published National Cut (USA Zone, Y Zone, Sectional, Futures, Junior National, Y Nationals, US Open or Senior National). Entry times for time trials should be within ½ second per 50 yards/meters of the published Time Standard. The Meet Referee and/or Meet Director have full discretion and authority to review Time Trial entries. • Time Trials are open to non-meet participants who are current athlete members of Ohio Swimming, Inc. You **must show** your current USA Membership card, Deck Pass membership card or an official club portal roster at the time of sign-up for Time Trials.

Order of Events

Women #	Event	Men #
Day 1 - Friday, March 2 , 2018		
Preliminary: Warm Ups 7:30 – 8:45 am.; Meet starts at 9:00 am Finals: Warm Ups 4:00 – 5:20 pm Meet starts at 5:30 pm		
Women #	**Event**	**Men #**
101	100 Fly	**102**
103	500 Freestyle	**104**
105	200 IM	**106**
107	50 Freestyle	**108**
109	100 Breast	**110**
Day 2 - Saturday, March 3, 2018		
Preliminary: Warm Ups 7:30 – 8:45 am; Meet starts at 9:00 am Finals: : Warm Ups 4:00 – 5:20 pm Meet starts at 5:30 pm		
Women #	**Event**	**Men #**
201	200 Breaststroke	**202**
203	50 Breaststroke*	**204**
205	100 Freestyle	**206**
207	100 Backstroke	**208**
209	200 Butterfly	**210**
211	50 Butterfly*	**212**
213	1650 Freestyle – Timed Finals, top heat at finals (Prelims: Fastest to slowest alternating women and men)	**214**
Day 3 - Sunday, March 8, 2018		
Warm Ups: 7:30 – 8:45 am, Meet starts at 9:00 am Finals: Warm Ups – 3:30 – 4:20 pm Meet starts at 4:30 pm		
Women #	**Event**	**Men #**
301	200 Freestyle	**302**
303	200 Backstroke	**304**
305	50 Backstroke*	**306**
307	400 Individual Medley	**308**

* Timed Final Event contested in Prelims only
If coaches want to guarantee that their relays or Individual Distance Events are contested in the preliminary session, they must enter the Event with a LCM time.

All Finals consist of Bonus D (14-16 yr olds), Bonus C, Consolation and Championship Heat
(Top 3 heats [A, B and C final] plus 1 bonus heat of 14-16 yr olds who do not make A, B or C final)
Finals will be swum in the order C,B,A,D
There will only be 3 heats (A, B, C final) for 500 Free and 400 IM

2018 Ohio Swimming Short Course Senior Circuit Meet

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Appendix A

USA Swimming Registration Waiver Form
Location: Cooper Pool, Bowling Green State University Recreation Center, Bowling Green, Ohio 43403
Date: March 2-4, 2018

You must return this form with your check.

1. The undersigned team representative certifies by his/her signature that all the athletes participating for or entered by the team in this sanctioned swim meet are currently member athletes of USA Swimming, Inc.
2. The undersigned further certifies that any person appearing on deck in this meet in the capacity of coach is a current coach member in good standing of USA Swimming, Inc.

Team: _____ Code: _____

Head Coach Name: _____ Email: _____

Team Representative's Name (printed): _____

Team Representative's Signature: _____

Team Contact's Email Address: _____

(We will use this email to update you on this meet)

Number of Coaches Attending: _____

Team Contact Phone: _____

Team Address: _____

Financial Summary

Meet Entry Summary
Number of Outreach swimmers attending the meet:
Number of Outreach Individual Events:
List names of Outreach Swimmers attending the meet:
Number of Swimmers (do not include Outreach) x $2.00 per swimmer (LSC fee) = $
Number of Individual Events (do not include Outreach) x $8.00 per event = $
Total Amount Remitted: $

A paper copy of your entries must be sent along with your check and this page.

Make checks payable to: Bowling Green Swim Club
ENTRY DEADLINE: February 26, 2018 at 5pm