



MARCH 2013

Please follow the normal practice schedule unless a change is listed below.
The last day of practice is 3/22/13 except those competing in other meets.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Updated 3/5/13</p> <p>Daylight Savings Begins March 10</p>					<p>1</p> <p>OHIO SENIOR CHAMPIONSHIPS Miami University</p> <p>Normal Practice</p>	<p>2</p> <p>SENIOR CHAMPS Natl & Platinum: No Practice Gold: 7:00-9:00 a.m. Silver: 7:00-8:45 a.m. Bronze: 9-10:30 a.m. Blue: 9-10:15 a.m. Teal: 10:15-11:30 am Pups, Green & White: 11:30-2:00 p.m. Parents v. Kids Party</p>
<p>3</p> <p>OHIO SENIOR CHAMPIONSHIPS Miami University Prelim/Final</p>	<p>4</p> <p>Junior Olympic Team Practice 4:15-5:30 p.m. JO Team Psych Dinner afterwards at Mimi's at 6:00 pm. National/Platinum: 3-4:30</p> <p>All other groups No Practice</p>	<p>5</p>	<p>6</p>	<p>7</p> <p>Sectional Swimmers 3:30-5:45 p.m. JO Swimmers leaving early 1:00-4:00 p.m. (anytime or go with their group at normal times) All other JO Swimmers Gold, Silver, Bronze Normal Practice</p>	<p>8</p> <p>Platinum & National 3:30-5:30 p.m.</p> <p>Brz/Teal/Blue: 6:30-7:45 pm Pups/White/Green 5:30-6:30 pm</p> <p>JO CHAMPIONSHIPS Bowling Green, Ohio</p>	<p>9</p> <p>JO CHAMPIONSHIPS Bowling Green, Ohio Natl & Plat: 8-10am Gold/Silver/Bronze 10-11:30a Blue/Teal: 11:30-12:30 Pups/White/Green 12:30-1:30</p>
<p>10</p> <p>Normal</p> <p>OHIO 14 & UNDER JUNIOR OLYMPICS CHAMPIONSHIPS Bowling Green (time standards)</p>	<p>11</p>	<p>12</p>	<p>13</p>	<p>14</p>	<p>15</p>	<p>16</p> <p>Sectional Swimmers 8:00-10:30 a.m. (no other groups)</p>
<p>17</p>	<p>18</p>	<p>19</p>	<p>20</p>	<p>21</p> <p>Senior Sectional Championships Geneva, OH</p> <p>800W, 1500M, 50 Free, 200 BK, 200 Br</p>	<p>22</p> <p>Senior Sectional Last Day of Practice Short Course Season Over</p>	<p>23</p> <p>Senior Sectional Championships Geneva, OH</p> <p>No practice all groups</p>
<p>24</p> <p>Senior Sectional Championships Geneva, OH</p>	<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p> <p>Good Friday</p>	<p>30</p>
<p>31</p> <p>Easter</p>	<p>MANTA RAY SPRING BREAK: NO PRACTICE — MARCH 22 though April 6</p>					