



JANUARY 2011

Please follow the normal practice schedule unless a change is listed below.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Updated 1/12/10 THE ATTENDANCE PIZZA PARTY WITH THE COACHES WILL BE HELD ON MARTIN LUTHER KING DAY JANUARY 18 FROM 11:15 A.M. TO 12:15 P.M. AT THE MASON LAROSAS ON ROUTE 42. THE WINNERS (TOP TWO ATTENDANCE FROM EACH GROUP) WILL BE ANNOUNCED AND POSTED BY WEDNESDAY, JANUARY 13</p>						<p>1 New Year's Day No Practice</p>
2	3	<p>4 Resume Normal Practice Schedule</p>	5	6	7 Marlin Holiday Meet	8 Marlin Holiday Meet
9 Marlin Holiday Wrap Up Meet	10 Middle School Meet Normal Practice National 3-6:00 p.m.	11	12	13 MS Away National: 3:00-6:00 p.m.	14 NKY Clipper Mid Winter Invite Normal Practice All Groups	15 NKY Clipper Mid Winter Invite Time Standards (except 8 & U) No Practice all groups HS CLASSIC @ MASON
16 NKY Clipper Mid Winter Invite Time Standards (except 8 & U) NO SWIMFIT HS CLASSIC MEET @ MASON	17 ATTENDANCE PIZZA PARTY Nat: 9:15-11:00 a.m. Platinum: 8-10 a.m. Gold: 3:30-5:15 p.m. Nat, Platinum & Gold LAZER KRAZE 1:30-3:30 p.m. Silver: 2:00-3:30 p.m. Bronze: 2:15-3:30 p.m. Blue: 1:00-2:15 p.m. Green: 6:00-7:15 p.m. White: 5:00-6:00 p.m.	18	19 Pups: 4:25-5:05	20	21 Mason HS Meet Nat & Platinum: 3-5 p.m. Blue: 4:45-5:30 p.m. (comp) Green: 4:00-4:45 (comp) White 5:05-5:45 (LP) Pups: 4:25-5:05 LP = Leisure Pool Bronze: No Practice Make-up on 1/23	22 Normal Saturday Practice
23 Bronze Practice: 4:00-5:30 p.m.	24	25	26 Pups: 4:25-5:05	27	28 Mason HS Meet Nat & Platinum: 3-5 p.m. Blue: 4:45-5:30 p.m. (comp) Green: 4:00-4:45 (comp) White 5:05-5:45 (LP) Pups: 4:25-5:05 (LP) LP = Leisure Pool Bronze: No Practice Make-up on 1/30	29 Normal Saturday Practice
30 Bronze Practice: 4:00-5:30 p.m.	31					