



JULY 2010

Please follow the normal practice schedule unless a change is listed below.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Updated 7/14/10</p> <p>2010-2011 MANTA RAY TRYOUTS WEDNESDAY, August 4th or 11th 5:00 pm 9 & Younger, 6:00 pm 10 & Older Please e-mail kheis@masonoh.org with any questions.</p>				1	2	3 National: 8-11 am Varsity: No Practice Platinum & Gold: 7-9:00 a.m. NO OTHER PRACTICE City of Mason's Red, Rhythm, & Boom!
4 Independence Day	5	6 Championship Qualifier Meet Keating Natatorium (for swimmer's Close to Ohio State Times JO's) Home Water Moc Meet	7	8 Ohio Senior Championships Kenyon College	9 Practice: See Newsletter Ohio Regional Championships St. X High School Ohio Senior Championships Kenyon College	10 Practice: See Newsletter Ohio Regional Championships St. X High School Ohio Senior Championships Kenyon College
11 Ohio Senior Championships Ohio Regional Championships St. X High School	12	13 Home Water Moc Meet	14	15 Practice: See Web Ohio Junior Olympics Miami University Ohio JO Time or better	16 Practice: See Web Ohio Junior Olympics Miami University Ohio JO Time or better	17 Practice: See Web Ohio Junior Olympics Miami University Ohio JO Time or better
18 Ohio Junior Olympics Championships Time Standards Ohio State Time or better Miami University	19	20	21 Last Day of Practice For Gold, Silver, Bronze, White, Green and Blue Speedo Senior Sectionals	22 Speedo Senior Sectionals Purdue University National, Platinum & Zone Team Practice: 8-9:30 a.m.	23 Speedo Senior Sectionals Purdue University National, Platinum & Zone Team Practice: 8-9:30 a.m.	24 Speedo Senior Sectionals Purdue University National, Platinum & Zone Team Practice: 8-9:30 a.m.
25	26 Zone Team: Practice: 8-9:30 a.m. (only for Zone, & Junior National Qualifiers) No practice for all other groups	27 Practice Same as 7/26	28 Practice Same as 7/26	29 Practice Same as 7/26	30 Practice Same as 7/26	31 Practice Same as 7/26