

CENTRAL REGIONAL CHAMPIONSHIP WARMUP ASSIGNMENTS

OPEN POOL - ALL LANES
AM SESSIONS 7:00-7:30 AM

PM SESSIONS 4:30-5:35PM

FRIDAY AM

LANE	7:30-8:00	8:00-8:30
1	USA	EAST, PHST
2	USA	BKYS, LYST
3	USA	WAC
4	FRCE, GCST	UASC
5	FRCE, GCST	UASC
6	NAAC	OSSC
7	NAAC	OSSC
8	GYG, LTPY	OSSC
9	BSC, UAC, MVP	OSSC

SATURDAY AM

LANE	7:30-8:00	8:00-8:30
1	OSSC	NAAC
2	OSSC	NAAC
3	OSSC	FRCE, GCST
4	OSSC	FRCE, GCST
5	WAC	GYG, UAC
6	BKYS, MVP, LYST	LTPY, BSC
7	UASC	USA
8	UASC	USA
9	PHST, EAST	USA

SUNDAY AM

LANE	7:30-8:00	8:00-8:30
1	BSC, UAC, LYST	FRCE, GCST
2	EAST, GYG	FRCE, GCST
3	WAC	PHST, MVP
4	BKYS	OSSC
5	USA	OSSC
6	USA	OSSC
7	USA	OSSC
8	UASC	NAAC
9	UASC	NAAC