**38th Annual NAC Valentine Meet**



**Sponsored by Henry County Bank**

Sanction: USS#OH-18SC-73. This meet is sanctioned by USA Swimming and Ohio Swimming and will be conducted under the rules of Ohio Swimming and USA Swimming.

Date: Saturday and Sunday, February 3 & 4, 2018

Place: Napoleon High School

701 Briarheath Ave.

Napoleon, OH 43545

Meet Director: Jackie Fouty [davef442@embarqmail.com](mailto:davef442@embarqmail.com)

Dani Spring [danispring.ds@gmail.com](mailto:danispring.ds@gmail.com)

Entry Chair: Jeremy Taylor

PO Box 102

Napoleon, OH 43545

[jtaylor@defiance.edu](mailto:jtaylor@defiance.edu)

419-789-0046

Pool: This facility is a 6 lane 25 yard pool with Colorado timing system with readout. The competition course has not been certified in accordance with 104.2.2C(4). The water depth from the Start End: 12 feet deep. At the Turn End: 3 feet 6 inches to 4 feet.

Awards: 1st through 3rd place - medals

4th through 8th place – ribbons

Relays: 1st place – medals

Relays: 2nd and 3rd place – ribbons

High Point Awards: Each age group 14 & under, each gender

Rules: Current USA swimming rules will govern the conduct of the meet. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. All coaches, officials must be registered with USA swimming. USA Swimming registrations will not be accepted at the meet. Please note Deck Pass is an acceptable proof of USA Swimming membership (202.5.7). Age on the first day of the meet will govern age group for the meet.

In compliance with USA Swimming Rules and Regulations, the u**se of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. Under no circumstances are cameras or any other recording device allowed in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for race starts during the competition and warm-up. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices.**

Unless approved in writing in advance of the competition by the Vice President of Program Operations, operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**Deck changes are prohibited.**

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Entry Fees: $5.00 per individual event; $7.00 per relay

$2.00 per swimmer Ohio LSC charge

Entry fees must accompany entries or be received within four working days of the electronic entries. Electronic entries are preferred. Please make checks payable to: Napoleon Aquatic Club.

Entry Limits: Swimmers must not have swum faster than time standard to enter Ohio AA. Each swimmer is limited to 5 individual events per day, excluding relays.

Entry Deadline: Entries must be received no later than 6:00 PM on **Wednesday, January 24th, 2018.** LATE ENTRIES WILL BE SEEDED AS NO TIME. Hytek files are preferred. Entries can be sent on disk or via email to jtaylor@defiance.edu. A paper copy with the check and USA registration form must be sent with disk. All deck entries will be ineligible for awards.

NOTE: We reserve the right to limit entries for any and all events. We will notify you if any swimmers have been deleted prior to the meet.

Deck Entries: Proof of current USA Swimming registration is required for Deck Entries. Deck entries are based on open lane ability, due to scratches. It is the meet host discretion to allow deck entries that will add additional heats to the meet. Individual deck entries are $7.00 per event.

Final Results: Final results will be available on our webpage at [www.napoleonswimming.com](http://www.napoleonswimming.com) .

Warm-Ups & Start Time: Warm-ups Saturday and Sunday AM 7:00 a.m.

Meet starts at 8:00 a.m.\* SUBJECT TO CHANGE

Warm-ups Saturday and Sunday PM TBD

Coaches will receive an email the week of the meet with start times and warm up times.

Ohio Swimming Welcomes Swimmers with a Disability

Coaches:

1. Should enter the swimmer on Hy-Tek or the paper entry form;
2. Provide advance notice of any necessary accommodations
3. List in the email with the Hy-Tek entry (or on paper) the swimmer’s name, entry times, strokes/distances, days/sessions, and how the swimmer prefers to be seeded. Swimmers with a disability will be seeded with the same age group in either the same distance race or a longer distance race (i.e., 50 free during the 100 free).

SWIMMERS: All swimmers, coaches and officials must be prepared to show proof of current U.S.A. Swimming membership.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

WARM-UP PROCEDURES: Ohio LSC swimming safety guidelines and warm-up procedures will be in effect at this meet. Warm-up shall be conducted as follows:

1. General Warm-up (first 20 minutes)
   1. **NO DIVING OR RACE STARTS** allowed during the first 15 minutes of warm ups.
   2. All lanes to be used for general warm-up

B. During the last 10 minutes of warm ups, swimmers will be allowed to practice starts from the blocks.

During the meet, the diving well will be available for warm-ups and warm-downs.

DISCLAIMER: The meet will be officiated with a no recall start; disqualifications will be done by the starter and referee.

Officials: Any USA official who would like to officiate please contact via email Patti Finn [pfinn@bright.net](mailto:pfinn@bright.net) or call 419-592-2413.

Please note your certification level, if an Ohio LSC official.

This meet will be conducted Short Course in a heated, six lane, 25 yard pool. All entries must be short course times. Colorado timing will be used.

CONCESSIONS: Concessions will be available Saturday and Sunday

NAPOLEON AQUATIC CLUB THIRTY-EIGHTH ANNUAL HENRY COUNTY BANK VALENTINE INVITATIONAL FEBRUARY 3 & 4, 2018

ORDER OF EVENTS

**SATURDAY A.M.**

GIRLS BOYS

101 Open 400 IND. MED 102

103 11 – 12 200 FREE 104

105 Open 200 FREE 106

107 11 –12 100 BACK 108

109 Open 100 BACK 110

111 11 – 12 100 FLY 112

113 Open 100 FLY 114

115 11 – 12 50 FREE 116

117 Open 50 FREE 118

119 11 – 12 200 MED. RELAY 120

121 Open 200 MED. RELAY 122

123 11 – 12 500 FREE 124

**SATURDAY P.M.**

201 8 – UNDER 100 FREE 202

203 10 – UNDER 200 FREE 204

205 8 – UNDER 25 BACK 206

207 10 – UNDER 50 BACK 208

209 8 – UNDER 25 FLY 210

211 10 – UNDER 50 FLY 212

213 8 – UNDER 25 FREE 214

215 10 – UNDER 50 FREE 216

217 8 – UNDER 100 MED. RELAY 218

219 10 – UNDER 200 MED. RELAY 220

NAPOLEON AQUATIC CLUB THIRTY-EIGHTH ANNUAL HENRY COUNTY BANK VALENTINE INVITATIONAL FEBRUARY 3 & 4, 2018

ORDER OF EVENTS

**SUNDAY A.M.**

GIRLS BOYS 301 11 – 12 200 IND. MED. 302

303 Open 200 IND. MED. 304

305 11 – 12 100 FREE 306

307 Open 100 FREE 308

309 11 – 12 100 BREAST 310

311 Open 100 BREAST 312

313 11 – 12 200 FREE RELAY 314

315 Open 200 FREE RELAY 316

317 Open 500 FREE 318

**SUNDAY P.M.**

401 8 – UNDER 100 IND. MED. 402

403 10 – UNDER 100 IND. MED. 404

405 8 – UNDER 25 BREAST 406

407 10 – UNDER 50 BREAST 408

409 8 – UNDER 50 FREE 410

411 10 – UNDER 100 FREE 412

413 8 – UNDER 100 FREE RELAY 414

415 10 – UNDER 200 FREE RELAY 416

**NAC VALENTINE MEET #** OH-18SC-73

**TEAM SUMMARY AND USA SWIMMING MEMBERSHIP MEET ENTRY FORM**

Team Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Code\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Team Contact\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone (Daytime) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (Evening) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Head Coach\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_e-mail; \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address for final results\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| --- | --- | --- | --- | --- |
| **SWIMMERS** | **#MALE** | **#FEMALE** | **#IND.EVENTS** | **#RELAYS** |
| **8-UNDER** |  |  |  |  |
| **10-UNDER** |  |  |  |  |
| **11-12** |  |  |  |  |
| **13-14** |  |  |  |  |
| **15 & OLDER** |  |  |  |  |

\_\_\_\_\_TOTAL # OF SWIMMERS X $2.00 (TRAVEL FUND SURCHARGE) $\_\_\_\_\_\_\_\_\_

\_\_\_\_\_TOTAL # OF IND. EVENTS x **$5.00** $\_\_\_\_\_\_\_\_\_

\_\_\_\_\_TOTAL # OF RELAYS X **$7.00**  $\_\_\_\_\_\_\_\_\_

\_\_\_\_\_ADDITIONAL MEET RESULTS OR IF < 5 SWIMMERS X $5.00 $\_\_\_\_\_\_\_\_\_

**TOTAL PAYABLE** $\_\_\_\_\_\_\_\_\_

The undersigned team representative certifies by his/her signature that all athletes participating for or entered by the team in this sanctioned swim meet are currently member athletes of United States Swimming, Inc. The undersigned further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of United States Swimming, Inc.

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PRINT NAME SIGNATURE DATE

PLEASE MAIL THIS ALONG WITH YOUR ENTRIES

ENTRY DEADLINE IS WEDNESDAY, **Jan. 24, 2018**

Held under the sanction of USA Swimming