



2021 YMCA Festival
March 31 – April 3, 2021
Held under the approval of USA Swimming.
Approval #: OH-21SC-
YMCA Sanction Number

Hosted by
Powel Crosley Jr.
YMCA

Location:	Miami University 750 Locust Ave Oxford, Ohio 45056
Facility:	Miami University, Corwin Nixon Pool is an indoor pool with 18 lanes, 25 yard short course yards. Pool depth 8 feet. The competition course has been certified in accordance with current <i>USA Swimming Rules and Regulations</i> , Article 104.2.2C(4). The copy of such certification is on file with USA Swimming.
Meet Director:	Jon Saxton jps@rendigs.com 513-518-5153
Meet Referee:	Eric Turner
Officials Contact for the Meet:	Jon Saxton jps@rendigs.com 513-518-5153
Entry Chair:	Claudia Multer claudia.multer@gmail.com 513-863-6298
COVID Compliance Officer for Meet	Stacey Tepe stepe@myy.org 513-673-8773
USA Approval	In granting this approval it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. As a condition of approval Powel Crosley Jr. YMCA agrees to comply and to enforce all COVID-19 health and safety mandates and guidelines (including face covering, social distancing and mass gatherings) of USA Swimming, Ohio Swimming, the State of Ohio local jurisdictions and the Powel Crosley Jr. YMCA Meet Plan detailed in this packet. Meets conducted in violation of these requirements and safety plans are subject to having the approval revoked and will not be issued approvals for future meets during the COVID-19 approving period.
Meet Type:	Championship This will be an in-person meet. The meet will be limited to YMCA teams. The number of swimmers will not exceed the facility capacity listed in this meet announcement. POWEL CROSLLEY JR. YMCA will be the host team. The Powel Crosley Jr. YMCA team is responsible for ensuring all the requirements for approving an OSI meet are met and will merge the meet after each team has completed the meet for results tabulation.

Disclaimers

Powel Crosley Jr. YMCA has taken enhanced health and safety measures for you, our other guests, volunteers, and our athletes. Everyone must follow all posted instructions while attending this meet.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming approved events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming approved event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

By attending or participating in this competition, you voluntarily assume all risks associated with exposure to COVID-19 and forever release and hold harmless USA Swimming and Ohio Swimming and each of their officers, directors, agents, employees or other representatives from any liability or

claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection herewith.

Organization Regulations/Waivers	
USA Swimming Rules	<ul style="list-style-type: none"> Any USA swimming member entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
YMCA/USA Swimming Rules	<ul style="list-style-type: none"> At an approved competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices. Deck changes are prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Flash photography is not permitted at the start of any race.
Technical Suit Ban	<p>Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet.</p> <p>A Technical Suit is one that has the following components:</p> <ul style="list-style-type: none"> Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.
Ohio State Laws that are applicable to Ohio Swimming approved events	<ul style="list-style-type: none"> Ohio's Return to Play Law (ORC 3313.539 and ORC 3314.03) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National Federation of State High School Association and Centers of Disease Control. Training links can be found at www.swimohio.com under Safe Sport>Concussion. There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.
COVID-19 Information	<ul style="list-style-type: none"> Avoid getting closer than six (6) feet to anyone coughing or sneezing. Wash your hands frequently with soap and water for 20 seconds or use hand sanitizer that has 60-95% alcohol. Avoid touching your eyes, nose, and mouth. Cover your mouth with a tissue or your elbow if you cough or sneeze. Throw the tissue in the trash then wash your hands. Stay home if you are sick, and away from the pool and from fellow team members. FACE COVERINGS: All meet participants – coaches, officials, administrators, spectators, vendors and athletes (between events) must wear face coverings and comply with mandated social distancing and mass gathering rules.
Waiver/Release	<ul style="list-style-type: none"> By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. All participants agree to be filmed and photographed by the Powel Crosley Jr. YMCA club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the Powel Crosley Jr. YMCA club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

<p>Eligibility: Athlete</p>	<p><u>YMCA Membership:</u> An athlete must be a YMCA member in good standing who holds an annual, full privilege membership at the YMCA he/she represents for a period of at least 90 days prior to the first day of the meet. An athlete may have only represented that YMCA team in competition for a period of 90 days prior to the first day of the meet, excluding scholastic competition.</p> <p><u>Amateur Status:</u> An athlete may not have represented a college, university or other post-high school institution in any competition and may not have accepted pay or compensation for competing as a swimmer.</p> <p><u>Unattached Athletes:</u> There is no unattached status in YMCA Swimming.</p> <p><u>Age:</u> An athlete may not be older than twenty-one (21) years of age on the first day of the Meet.</p> <p>This meet is open to swimmers ages 12 and over. Age will be determined by the first day of the meet – March 31, 2021.</p>
<p>Disability Swimmers:</p>	<p>Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the meet referee of any disability prior to competition.</p>
<p>Eligibility Coach</p>	<p>Required Certifications: Coaches must hold current certifications in the following courses in order to receive a deck credential:</p> <ul style="list-style-type: none"> • Professional Rescuer CPR, • First Aid, • Safety Training for Swim Coaches (a Lifeguard certification may be used if accompanied by completion of the Safety Training for Swim Coaches online content) • An approved Child/Athlete Protection Training course • Principles of YMCA Competitive Swimming and Diving <p>Coach Registration: Each coach must have completed the annual YMCA on-line coach registration process. Coaches who are not registered and approved will not be permitted on deck.</p> <p>Teams without A Coach at the Meet: All athletes and teams must have at least one certified and credentialed YMCA coach designated as being responsible for their supervision during competition. When a YMCA team will not have a coach present, that YMCA may authorize an eligible coach from another YMCA attending the meet to be responsible for their athletes at the meet. The Meet Director and Meet Referee must be notified of this situation.</p>
<p>Eligibility Team</p>	<p>Team Registration: Each team must have completed the annual YMCA online team registration and paid the annual registration fee.</p> <p>Insurance: Each team that participates in the meet must have a current and correct Certificate of Liability Insurance, in effect through the last day of the meet.</p>
<p>Entry Limits Entry Fees:</p>	<ul style="list-style-type: none"> • Swimmers may swim a maximum of 4 individual events for the meet and all relays. But not more than 3 individual events in one day. • Time standards are attached. • A swimmer with one or more qualifying times may enter 4 individual events. • Relays have no qualifying times but must be comprised of swimmers entered in the meet. Limit 1 relay per team per event. • A relay only swimmer is entered in the meet by being entered on a relay. • \$ 80 per relay event. • \$ 20 per individual event • \$ 50 swimmer surcharge
<p>Entry Procedures:</p>	<ul style="list-style-type: none"> • Deadline for receipt of entries is March 24, 2021 8 PM • Entries must be submitted in SCY using an electronic meet entry software (Hy-Tek/Team Unify). • Use times since March 31, 2018. • Entries will be done through the YMCA online entry system “No Time” (NT) entries will not be accepted. • • http://ymca.ymcacompetitiveswim.org/YMCANatsEntry.asp?M=MiamiYMCAFestival • • Note- non qualifying times will be flagged, but they will be imported • • The Meet Director reserves the right to limit entries, if necessary, to manage the timeline and number of competitors and spectators at each session.

Warm-up and Safety Guidelines:	<ul style="list-style-type: none"> • Powel Crosley Jr. YMCA will provide a complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants. This information will be distributed in advance of the meet. • Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees). • Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck. • Ohio LSC Swimming Safety Guidelines and Warm-Up Procedures will be in effect for this meet. • No spectators allowed on deck.
Competition Guidelines:	<ul style="list-style-type: none"> • This meet will be a prelim/final meet. • This meet will be contested in SCY. • This meet will be pre-seeded. Deck entries will/will not be accepted at the meet. • Relays will only be seeded in 4 lanes per heat to help maintain social distancing during these events.
Scoring	The meet will be scored in standard 16 place scoring.
Awards:	<ul style="list-style-type: none"> • There will be no awards at this meet. • Results will not be posted during the meet.
General:	There will be no hospitality
Specific COVID Protocols for this Meet	<p>Host team staff will help monitor the number of people on the pool deck throughout the meet and help direct traffic from the entrance to the pool area and then to the exit upon the conclusion of the meet.</p> <p><u>Mask/Cloth Face Covering Wearing Requirements:</u> Masks/cloth face coverings will be mandatory for all participants. Participants are defined as swimmers, coaches, officials, volunteers, and all other applicable adults as defined by MAAPP. Everyone must wear a mask/face covering for the duration of the meet. Swimmers only have an exception during the swim cycle. The 'swim cycle' is defined as the time period beginning with the swimmer being called for their warmup or race until their warmup/race/cool down has ended. Swimmers must wear their mask/cloth face covering when not swimming.</p> <p>All athletes and non-athletes must complete a daily health assessment which will be made available online.</p> <p>All non-athletes must sign a waiver form before the meet.</p>
Entry and Exit Procedures and Health Screening	<p>Ingress into the facility must include health screening questions and should include temperature screening either at the facility or prior to arrival, no person shall be admitted with a temperature over 99.5F or in accordance with CDC, or local health department recommendations.</p> <p>Volunteers, coaches, officials and athletes will be required to wear a mask at all times while inside the building. All volunteers, coaches, officials and athletes will be required to answer health questions and take a temperature screening which will happen in the Concourse before they enter the pool area.</p>
Athlete Seating Areas and protocols	Athletes will have seating on the pool deck following the ODH protocols for social distancing.
Swimmer Limitations and Protocols	<p>In preparation for RACES and after.</p> <p>Swimmers will leave their items where they are seated in the Aquatic Center. They will line up in front of the timing Admin table in their lane assignment. When the heat before is finished, the swimmers will exit the water, collect their towel and mask, put their mask on and proceed to the cool down pool (west end nearest the scoreboard). Then the next heat will be given permission to go to their blocks. They are to maintain physical distance around the scoreboard side of the pool to the north doors.</p> <p>We will not do fly-over (dive-over) starts.</p> <p>Locker rooms are not available for changing before or after the meet.</p> <p>When not in the water, athletes are expected to wear a mask at all times, including when walking to and from an event and/or warm-up lanes. Masks may be removed for swimming but must put them on again once they exit the water.</p> <p>Athletes are expected to maintain proper distancing at all times.</p>
Spectator Limitations and Protocols	<p>Safety Marshal will have primary responsibility for maintaining guidelines.</p> <p>There are restroom facilities available for spectators in the Concourse.</p> <p>THESE PROTOCOLS WILL BE ADHERED TO OR YOU WILL BE DISQUALIFIED FROM THE COMPETITION.</p>

Parental Access and Safe Sport Considerations for Athletes	<p>The Meet Safety Marshal as well as the Safe Sport/COVID Coordinator will provide oversight for this.</p> <p>Should a parent need to access a child who is on deck, the child will be brought to the parent at the pool door or in case of emergency, the parent may be escorted to the child.</p> <p>Each site will encourage parents to volunteer during the swim meet to reduce the number of people in the facility.</p> <p>The host site will provide a live stream so parents will have access to and/or opportunity to observe their swimmer.</p>
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Order of events for 2021 YMCA Festival						
March 31- April 3, 2021						
Age up date March 1, 2021						
	March 31	10:00 AM			March 31	6:30 PM
W	M	Event		W	M	Event
101	102	500 Freestyle		101	102	500 Freestyle
103	104	200 IM		103	104	200 IM
105	106	50 Freestlye		105	106	50 Freestlye
				107	108	200 Medley Relay
	April 1	10:00 AM			April 1	6:30 PM
W	M	Event		W	M	Event
203	204	400 IM		201	202	200 Free Relay
205	206	100 Butterfly		203	204	400 IM
207	208	200 Freestyle		205	206	100 Butterfly
				207	208	200 Freestyle
				209	210	400 Medley Relay
	April 2	10:00 AM			April 2	6:30 PM
W	M	Event		W	M	Event
301	302	200 Butterfly		301	302	200 Butterfly
303	304	100 Backstroke		303	304	100 Backstroke
305	306	100 Breaststroke		305	306	100 Breaststroke
				307	308	800 Free Relay
	April 3	10:00 AM			April 3	6:30 PM
W	M	Event		W	M	Event
403	404	100 Freestyle		401	402	1650 Freestyle*
405	406	200 Backstroke		403	404	100 Freestyle
407	408	200 Breaststroke		405	406	200 Backstroke
401	402	1650 Freestyle		407	408	200 Breaststroke
				409	410	400 Free Relay
						* fastest heat

APPENDIX 1: Meet Safety Plan for Miami University

Facility Information	
Facility Rules and Policies:	Any special facility rules and standard aquatic facility safety rules
Locker Rooms / Changing	Athletes must arrive and depart in their suits. Locker rooms are for restroom use only and must not be used for changing or showering. Deck changing is prohibited. Restrooms will be monitored by Safety Marshals.
Facility Capacity	<p>Due to the current COVID-19 environment and limited deck space at Miami University, spectators are strongly discouraging spectators at this time, however, there are many volunteer roles that will be required. We will continuously monitor the evolving guidelines pertaining to group size as it relates to COVID-19 and guidelines from various local and state agencies. We encourage parents to volunteer during the swim meet to reduce the number of people in the facility.</p> <p>POOL DECK: Planned total number of people on the pool deck area per session will not exceed 164 people and will be distributed as follows:</p> <p>Swimmers: 130 Coaches: 8 Officials: 11 (includes deck officials and AO/scoring table personnel) Volunteers on the pool deck: 12 (includes timers / safety marshals/announcer) Lifeguards: 5-7</p>

COVID Procedures / Information	
Specific COVID Protocols for this Meet	<p>The Miami University staff will help monitor the number of people on the pool deck throughout the meet and help direct traffic from the entrance to the pool area and then to the exit upon the conclusion of the meet.</p> <p><u>Mask/Cloth Face Covering Wearing Requirements:</u> Masks/cloth face coverings will be mandatory for all participants. Participants are defined as swimmers, coaches, officials, volunteers, and all other applicable adults as defined by MAAPP. Everyone must wear a mask/face covering for the duration of the meet.</p> <p>Swimmers only have an exception during the swim cycle. The 'swim cycle' is defined as the time period beginning with the swimmer being called for their warmup or race until their warmup/race/cool down has ended. Swimmers must wear their mask/cloth face covering when not swimming.</p>
Entry and Exit Procedures and Health Screening	<p>Ingress into the facility must include health screening questions and should include temperature screening either at the facility or prior to arrival, no person shall be admitted with a temperature over 99.5F or in accordance with CDC, or local health department recommendations.</p> <p>Volunteers, coaches, officials and athletes will be required to wear a mask at all times while inside the building. All volunteers, coaches, officials and athletes will be required to answer health questions take a temperature screening which will happen [location where these are checked] before they enter the pool area.</p> <p>Safety Marshal will be responsible for monitoring all safety procedures.</p>
Athlete Seating Areas	Athletes will be seated on deck
Swimmer Limitations and Protocols	<p>In preparation for RACES and after.</p> <p>Swimmers will leave their items where they are seated in the Aquatic Center. They will line up in front of the timing Admin table in their lane assignment. When the heat before is finished, the swimmers will exit the water, collect their towel and mask, put their mask on and proceed to the cool down pool (west end nearest the scoreboard). Then the next heat will be given permission to go to their blocks. They are to maintain physical distance around the scoreboard side of the pool to the north doors.</p> <p>We will not do fly-over (dive-over) starts.</p> <p>Locker rooms are not available for changing before or after the meet.</p> <p>When not in the water, athletes are expected to wear a mask at all times, including when walking to and from an event and/or warm-up lanes. Masks may be removed for swimming but must put them on again once they exit the water.</p>

COVID Procedures / Information	
	Athletes are expected to maintain proper distancing at all times.
Spectator Limitations and Protocols	<p>Spectator seating availability will be determined after receipt of entries.</p> <p>Safety Marshal will have primary responsibility for maintaining guidelines.</p> <p>There are no restroom facilities available for spectators.</p> <p>THESE PROTOCOLS WILL BE ADHERED TO OR YOU WILL BE DISQUALIFIED FROM THE COMPETITION.</p> <p>Spectators/Parents are required to wear a face covering at all times.</p>
Parental Access and Safe Sport Considerations for Athletes	<p>The Meet Safety Marshal as well as the Powel Crosley Jr. YMCA Safe Sport/COVID Coordinator will provide oversight for this.</p> <p>Should a parent need to access a child who is on deck, the child will be brought to the parent at the pool door or in case of emergency, the parent may be escorted to the child.</p> <p>Powel Crosley Jr. YMCA team will provide a live stream so parents will have access to and/or opportunity to observe their swimmer.</p>
Qualifying times	Enter in SCY Only – There is no 1000 free offered, but you may enter the 1650 with a 1000 free qualifying time.

2021 YMCA Swimming Festival Qualifying Time Standards						
Meet Qualifying Time Standards						
March 31 - April 3, 2021						
	WOMEN				MEN	
50 Meter Course	25 Meter Course	25 Yard Course		25 Yard Course	25 Meter Course	50 Meter Course
:28.51	:27.95	:25.19	50 Free	:22.59	:25.01	:25.51
1:01.65	1:00.44	:54.49	100 Free	:49.19	:54.56	:55.65
2:13.25	2:10.64	1:57.69	200 Free	1:47.29	1:59.09	2:01.47
4:40.10	4:34.61	5:13.89	500 Free	4:51.19	4:14.79	4:19.89
9:31.69	9:20.48	10:40.59	1000Y/800M Free ##	9:58.79	8:43.88	8:54.36
18:12.24	17:50.82	17:54.09	1650Y/1500M Free	16:42.69	16:39.64	16:59.63
1:08.23	1:06.90	1:00.29	100 Back	:54.99	1:01.01	1:02.23
2:27.00	2:24.11	2:09.89	200 Back	1:58.99	2:12.00	2:14.64
1:18.40	1:16.86	1:09.29	100 Breast	1:02.19	1:08.93	1:10.31
2:50.44	2:47.10	2:30.59	200 Breast	2:15.39	2:30.23	2:33.23
1:07.77	1:06.44	:59.89	100 Fly	:53.89	:59.76	1:00.96
2:31.04	2:28.08	2:13.49	200 Fly	2:00.19	2:13.36	2:16.02
2:29.88	2:26.94	2:12.39	200 IM	2:00.19	2:13.36	2:16.02
5:19.41	5:13.15	4:42.19	400 IM	4:20.09	4:48.69	4:54.47
## The 1000 Free is not offered						
A qualifying time for the 1000 Free may be used as an entry time for the 1650 Free						

YMCA Sanctioned Meet Declaration Form

(Return signed form to the meet director)

This form will be generated when you submit your online entries.

Participating YMCA: [YMCA_NAME]

YMCA Address: [YMCA_ADDRESS]

Meet Name: [MEET_NAME]

Meet Date(s): [MEET_START] - [MEET_END]

Meet Host: [MEET_HOST_ORGANIZATION]

Meet Location: [MEET_LOCATION]

We the undersigned attest to the following:

SWIMMERS - All swimmers representing the YMCA above are full privilege members of the YMCA and meet all eligibility requirements. All swimmers aged 18 and older have completed Child/Athlete Protection Training within the past 12 months.

COACHES - All coaches representing the YMCA above hold current certifications in BLS (Professional Rescuer CPR), First Aid, Safety Training for Swim Coaches, Child/Athlete Protection Training and Principles of YMCA Competitive Swimming and Diving and have completed the annual YMCA coach registration online.

INSURANCE - Our Association now has insurance coverage for representative(s) including leadership and participants who will be in attendance at the [MEET_NAME] for the entire period of the meet. I hereby certify that YMCA has a minimum of \$1,000,000/\$2,000,000 in liability insurance that covers our coaches and swimmers during their participation in the [MEET_NAME].

RELEASE - In consideration of your accepting this entry, I hereby, for myself, heirs, executor and administrators, waive and release any and all right and claim for damages I may have against the YMCA of the USA, [MEET_HOST_ORGANIZATION], their agents, representatives or assigns, and the [MEET_LOCATION] for any and all injuries which may be suffered by participants at the [MEET_NAME]. Furthermore, we understand that the YMCA of the USA and [MEET_HOST_ORGANIZATION] are not responsible for any intended or unintended consequences related to removing an athlete from competition for a head injury. This includes, but is not limited to, any financial reimbursement associated with such removal.

Name and Signature of Head Coach

Name and Signature of YMCA Executive Director or Designee

For posting at the Meet Facility

Powel Crosley Jr YMCA has taken enhanced health and safety measures for athletes, coaches, officials, spectators, and others participating in this meet. Everyone must follow all posted instructions while attending this meet.

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