**January 5- 31 @ Newark & Zanesville YMCA’s**

**updated Dec 29**

**Kamehameha 1 & 2**

 Tues: 8-10pm (Newark)

 Fri: 6-7:30pm (Newark)

 **Sat: 8-10 am (Jan 9 & 23) 10-12 NOON (Jan 30th)Zanesville (Jan 16th TBD)**

 Sun: 1-3pm (Zanesville)

**Alani**

 Tues: 9-10pm (Newark)

 Fri: 6-7:30pm or 7:30-9pm (Newark)

 **Sat: 8-10 am (Jan 9 & 23) 10-12 NOON (Jan 30th)Zanesville (Jan 16th TBD)**

 Sun: 1-3pm (Zanesville)

**Alaka**

 Tues:8-9pm (Newark)

 Fri: 7:30-9pm (Newark)

 Sat: 12-2pm (Newark)

 Sun: 5-7pm (Newark)

**Polu**

 Fri: 7:30-9pm (Newark)

 Sat: 1-3pm(Newark)

 Sun: 6:30-8pm (Newark)

**Poni**

 Fri: 6-7:30pm ( Newark)

 Sat: 1:30-3pm (Newark)

 Sun: 5-6:30pm (Newark)

**Koa 1 & Koa 2:**

Sat: 12-1pm

 Sun: 5-6pm