

**Pau Hana Swim Team
Code of Conduct for Athletes and Parents**

This Code of Conduct MUST be read and signed by swimmers and a parent/guardian BEFORE any swimmer will be allowed to take part in training and competition. By signing below, an acknowledgement of the contents of this Code of Conduct is made and that the swimmer agrees to abide by the same.

ATHLETE CODE OF CONDUCT

The purpose of a code of conduct for athletes is to establish a consistent expectation for athletes' behavior.

I, the undersigned athlete, participating in training and competitions with the Pau Hana Swim Team, understand and agree to comply with the below-listed guidelines as set forth by the Pau Hana Swim Team. Any additional guidelines as needed may be established by the Head Coach.

General Behavior

1. The transportation, possession or use of alcohol, tobacco products, or illegal drugs by any Pau Hana team member is prohibited.
2. Pau Hana swimmers will display proper respect and good sportsmanship toward coaches, officials, administrators, competitors, teammates, and the public to include both their person and their property during all practices, meets and team activities. Facilities (including locker rooms) and other property will also be respected.
3. Illegal or inappropriate behavior that will reflect negatively on the Pau Hana Swim Team or be detrimental to performance objectives and will not be tolerated.
4. Bullying will not be tolerated within the Pau Hana Swim Team.
5. Pau Hana swimmers will set good examples of behavior and work ethic for younger teammates.
6. Pau Hana swimmers will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.
7. Pau Hana swimmers will obey all of USA Swimming's rules and codes of conduct.

Travel Behavior

1. No athlete will travel when any illness is evident to the parents or coaching staff.
2. Unless otherwise excused or instructed by a coach, participants in a team trip will attend all team functions (on time), to include meetings, practices, and any other team sanctioned event.
3. There will be no male athletes in female athletes' rooms and no female athletes in male athletes' rooms.
4. Athletes will not ride in a coach's vehicle without another adult present who is the same gender as the athlete unless prior parental permission is obtained.
5. Any additional guidelines will come from the staff as needed.

Implementation

Failure to comply with these guidelines will subject the swimmer to discipline, up to and including suspension and/or dismissal from the Pau Hana Swim Team. If any failure to comply with these guidelines occurs during a travel trip, the swimmer may be sent home at the swimmer's expense.

PARENT CODE OF CONDUCT

The purpose of a code of conduct for parents is to establish consistent expectations for behavior by parents.

As a parent/guardian of an athlete participating in training with the Pau Hana Swim Team, I understand the important growth and developmental support that my child's participation fosters. I also understand that it is essential to provide the coaching staff with respect and the authority to coach the team. And I understand and agree to comply with the below-listed guidelines as set forth by the Pau Hana Swim Team. Any additional guidelines as needed may be established by the Head Coach.

General Behavior

1. Pau Hana parents will set the right example for our children by demonstrating sportsmanship and showing respect and common courtesy always to the team members, coaches, competitors, officials, parents, and all facilities.
2. Pau Hana parents will get involved by volunteering, observing practices, cheering at meets, and talking with their children and their coach about their progress.
3. Pau Hana parents will refrain from coaching their children from the stands during practices or meets.
4. Pau Hana parents understand that criticizing, name-calling, use of abusive language or gestures directed toward coaches, officials, volunteers, and/or any participating swimmer will not be tolerated.
5. Pau Hana parents will respect the integrity of the officials.
6. Pau Hana parents will direct their concerns first to their swimmer's primary coach; then, if not satisfied, to the Head Coach.

Implementation

Failure to comply with these guidelines may result in disciplinary action from the Pau Hana Swim Team.

_____ **Athlete's Signature/Date**

FOR ATHLETES OF MINORITY AGE (under the age of 18):

This is to certify that I, as the parent/guardian of this participant, have explained to my son/daughter the aforementioned conditions and their consequences.

_____ **Parent/Guardian's Signature/Date**