

2019-2020 SPY Short Course Season

6 and Under Age Group
& 7-8 Age Group



Coaching Staff

John Bishop - Head Coach, National Coach, 15 & older and 8 and Under

Mickey McNeil - Assistant Coach, Head 9- 14 Age Group Coach

Morgan Siefert - Assistant Coach, Lead 9-10 Age Group Coach

Jennifer Snyder, Trevor Kerizes and Kyle Garase - Assistant Coaches

Volunteer Coach- Debbie Sheehan

Eric Wise - Dynamic Exercise Coach - Senior group

Heath Lambert - Dynamic Exercise Coach for Advanced & Presenior group

SPY Team's LCM Records

Finnigan Wilson

- 50m Breaststroke 55.80
- 100m Breaststroke 2:08.19
- 50m Fly 57.42



Ellen Hill_{age 6}

Season Highlights:

Participated in 10 meets; plus, SWOYSL “A”
Championship

Ellen really had a breakout year. She had very nice time drops but more importantly opened up to coaches, making it easier to coach her. She’s a hard worker and we can see big things for her future.

Total time dropped: 1:00.5

Total points for team: 408

Cooper Edwards_{age 6}

NEW

Season Highlights:

Participated in 10 meets; plus, SWOYSL “A”
Championship

Cooper learned a great deal this past season. He made great strides in both his strokes and his approach to swimming. He is fun to coach because of his personality, although he may not have known it at the time. We hope Cooper keeps his passion for swimming.

Total time dropped: 59.24

Total points for team: 389

Hannah Howard age 6

Season Highlights:

Participated in 11 meets; plus, SWOYSL “A”
Championship

Hannah really showed so much potential in her second season for Spy. She is easy to make smile which makes it easier to coach. We think Hannah had a lot of fun, and if we get back to normal swimming, she will be one of the leaders this fall.

Total time dropped: 20.46

Total points for team: 352

Violet Collins age 6

NEW

Season Highlights:

Participated in 9 meets; plus, SWOYSL “A”
Championship

Violet is a true competitor. She works very hard and her technique really improved. It was a lot of fun coaching Violet, when she shows off the guns her face is so intense. She seems fearless and willing to try and race.

Total time dropped: 32.67

Total points or the team: 220

Matti Milam age 6

NEW

Season Highlights:

Participated in 8 meets; plus, SWOYSL "A"
Championship

Matti had a great year! We think she was often watching out for her brother Madix. She had some days where she really trained hard, and some days where she was here for fun - which is okay in the first couple of years of swimming.

Total time dropped: 35.37

Total points for team: 158

Madix Milam age 4

NEW

Season Highlights:

Participated in 7 meets; plus, SWOYSL "A"
Championship

It's always a pleasure coaching Madix. He would come to practice and tell me what kind of fish he was that day. He also has the intense face when showing off his guns. It will be interesting watching him compete in the future with his American Ninja Cross Training.

Total time dropped: 32.68

Total points for team: 131

Aven Jones

age 6

NEW

Season Highlights:

Participated in 7 meets; plus, SWOYSL "A" Championship

Aven was a real surprise this year. Her technique improved so much. She may be someone coaches ask us, where did this girl come from? She trains hard, is easy to coach and stays pretty humble about her accomplishments.

Total time dropped: 27.27

Total points for the team: 104



And now for the 7 & 8 year olds!



Finnigan Wilson_{age 8}

Season Highlights:

Finnigan swam with a lot heart this season. We really wanted to see what he and the other 8 & under boys were going to do at AA's. We pictured him being in the top 8 in most of his races. He is a pleasure to coach and his training keeps improving each year.

Total time dropped: 24.35

Total points for the team: 665

Elizabeth Hill_{age 8}

Season Highlights:

Elizabeth was a real leader for our 8 and under girls. She tackles every race like a champion, very fearless. Elizabeth is still a little quiet around the coaches, but when we give feedback her eye contact is awesome - meaning she wants to learn and get faster!

Total time dropped: 25.01

Total points for the team: 648

Griffen Young_{age 8}

Season Highlights:

Griffen swam great through the season. But the last two weeks before everything shut down he was on fire. We think Griffen would have placed top 3 in some races and probably top 6 in other races. We hope he has that desire when swimming returns to normal.

Total time dropped: 26.09

Total points for team: 609

Will Howard_{age 8}

Season Highlights:

Will really had a breakout year. He achieved several AA's and probably would have placed in some of those. He really seems like a natural at backstroke although other strokes were really coming on. This group of boys were going to finish top 3 as an age group. We still need more depth to win age group and Will was a big part of that.

Total time dropped: 1:05

Total points for team: 601

Joey Brumfield_{age 7}

Season Highlights:

Joey is such a competitor. He is definitely a dominant force in the league. Although breast seems to be one of his favorites, he is so talented at all strokes. We can't wait for things to return to normal swimming so Joey can see just how talented he is.

Total time dropped: 15.39

Total points for team: 482

Aubrey Lee_{age 7}

Season Highlights:

Aubrey really progressed well this season. She made her first AA, and her competitiveness really went up a few notches. We think she was nervous around the coaches last year, so she has opened up in that department also. We see big things ahead for Aubrey but we may need to stay patient.

Total time dropped; 30.52

Total points for team: 294

Allie Stuckey age 7

NEW

Season Highlights:

Allie was a real treat to coach. She works hard, is a great listener, and easy to motivate. She also achieved her AA's which is challenging your first year. She is very strong in the water but still has a few technique items to work on. Can't wait to see how this age group blossoms in the future.

Time dropped this season: 1:08.43

Total points for team: 225

Marley Milam age 7

Season Highlights:

Marley is constantly surprising us in the water. Her determination is very high! Her upper body strength for her size is outstanding. She is tough and not afraid of any race. Not to mention her breath control! Marley should definitely be a force in the league!

Total time dropped: 47.51

Total points for team: 212

Olympia Derr_{age 7}

Season Highlights:

When thinking of Olympia's season, the first thing that comes to mind is the "A" championships. Olympia swam so well at that meet. Often as a coach you see things happening, but that meet was far superior. She too has opened up more personality-wise. Olympia will be a beast in the future.

Total time dropped; 1:09.11

Total points for the team: 181

Reed Wilson_{age 8}

NEW

Season Highlights:

Reed improved so much this season. He battled through practices at the beginning, but then got stronger, where practices weren't that challenging. We think Reed had a lot of fun with swimming. He learned a great deal, and in a few years could be a big surprise. Often coaches ask where did this swimmer come from, and in the future we think Reed could be that swimmer coaches ask about.

Total time dropped: 39.5

Total points for the team: 144

Rue Shuping age 7

NEW

Season Highlights:

Rue was a gem to coach! So polite, works hard, asks great questions. She seemed most comfortable in backstroke, but other strokes were progressing nicely. Her summer training really picked up while she was trying to catch her older sister. If she keeps working this hard, she will be sneaking up on others.

Total time dropped: 30.9

Total points for team: 33.0



Parents...

Thanks to all of you who so graciously gave your gifts of time and talent to our swim program this season. It is our parent volunteers that make our team feel more like family. Your contributions are crucial cornerstones in our foundation. We couldn't have done it without you.