



SwimUnited Brunswick Fall Practice Schedule Sept 3rd - May 22nd**

Detailed below are the practice times for the SwimUnited Brunswick Short Course (Indoor) Season. These times may change due to holidays or Brunswick Recreation Center obligations or repairs.

BY GROUP:

Senior Group*

Monday/Wednesday/Friday 2:30 to 4:30pm
Tuesday/Thursday 2:30 to 5:15pm

Elite Group

Monday/Wednesday 4:30 to 6:00pm
Tuesday 6:30 to 8:30pm
Friday 4:30 to 6:30pm

Performance Group (starts Sept 23)

Monday/Wednesday 6:30 to 8:00pm
Thursday 7:00 to 8:30pm
Friday 4:30 to 5:30pm

Development Group (starts Sept 23)

Monday/Wednesday 6:00 to 7:00pm
Friday 5:30 to 6:30pm

BY DAY:

Monday

Senior Group* 2:30 to 4:30pm
Elite Group 4:30 to 6:00pm
Development Group 6:00 to 7:00pm
Performance Group 6:30 to 8:00pm

Tuesday

Senior Group* 2:30 to 5:15pm
Elite Group 6:30 to 8:30pm

Wednesday

Senior Group* 2:30 to 4:30pm
Elite Group 4:30 to 6:00pm
Development Group 6:00 to 7:00pm
Performance Group 6:30 to 8:00pm

Thursday

Senior Group* 2:30 to 5:15pm
Performance Group 7:00 to 8:30pm

Friday

Senior Group* 2:30 to 4:30pm
Elite Group 4:30 to 6:30pm
Development Group 5:30 to 6:30pm
Performance Group 5:30 to 6:30pm

* Senior Group runs until Thursday Oct 24th and resumes on Monday Feb 24th



SwimUnited – *developing Athletes and Character since 2008*

SwimUnited Short Course Season Practice Schedule Notes

- **SwimUnited Spring Break;**
 - **Senior/Elite Groups**
 - Monday March 16th until practices resume Monday March 30th
 - **Performance/Development Groups**
 - Monday February 24th until practice resumes Monday March 30th