



SwimUnited Brunswick Fall Practice Schedule Sept 1st - May 28th**

Detailed below are the practice times for the SwimUnited Brunswick Short Course (Indoor) Season. These times may change due to holidays or Brunswick Recreation Center obligations or repairs. Dryland time will be communicated separately. Space constraints due to safety/Co-vid may limit dryland opportunities.

BY GROUP:

Senior Group*

Monday through Friday 2:30 to 4:30pm

Elite Group

Monday/Tuesday/Wednesday/Friday 4:30 to 6:00pm

Performance Group (starts Sept 14)

Monday/Wednesday 6:00 to 7:30pm

Thursday 4:30 to 6:00pm

Development Group (starts Sept 14)

Tuesday/Thursday/Friday 6:00 to 7:00pm

BY DAY:

Monday

Senior Group* 2:30 to 4:30pm

Elite Group 4:30 to 6:00pm

Performance Group 6:00 to 7:30pm

Tuesday

Senior Group* 2:30 to 4:30pm

Elite Group 4:30 to 6:00pm

Development Group 6:00 to 7:00pm

Wednesday

Senior Group* 2:30 to 4:30pm

Elite Group 4:30 to 6:00pm

Performance Group 6:00 to 7:30pm

Thursday

Senior Group* 2:30 to 4:30pm

Performance Group 4:30 to 6:00pm

Development Group 6:00 to 7:00pm

Friday

Senior Group* 2:30 to 4:30pm

Elite Group 4:30 to 6:00pm

Development Group 6:00 to 7:00pm

* Senior Group runs until Thursday Oct 29th and resumes on Monday Mar 1st



SwimUnited Short Course Season Practice Schedule Notes

- **SwimUnited Spring Break;**
 - **Senior/Elite Groups/Performance**
 - Monday March 22nd until practices resume Monday April 5th
 - **Development Group**
 - Monday March 1st until practice resumes Monday April 5th