



2021 SUMMER PRACTICE SCHEDULE

Early Summer - June 1 to June 18

Senior Group

- Strongsville (ERC) Site

- Tuesday June 1 to Friday June 18 at Meadowood
 - Weekdays 6:30am to 8:30am
 - Address: 10901 Gate Post Rd, Strongsville, OH 44149

- Brunswick Site

- Tuesday June 1 to Friday June 18
 - Weekdays 2:30pm to 4:30pm

Elite Group

- Strongsville (ERC) Site

- Tuesday June 1 to Friday June 18 - Meadowood
 - Weekdays 6:30am to 8:30am
 - Address: 10901 Gate Post Rd, Strongsville, OH 44149

- Brunswick Site

- Tuesday June 1 to Friday June 18
 - Weekdays 4:30pm to 6:00pm

Performance/Development Groups (All Sites)

- June 1 to June 18
 - Brunswick Rec Center
 - Performance
 - Monday/Wednesday – 6:00pm to 7:30pm
 - Friday – 4:30pm to 6:00pm
 - Development
 - Tuesday/Thursday/Friday - 6:00pm to 7:00pm





2021 SUMMER PRACTICE SCHEDULE

Mid-Summer - June 21 to July 2:

SENIOR GROUP

Monday - Friday	6:30am – 8:30am	Meadowood (50m)
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ELITE GROUP

Monday - Friday	6:30am – 8:30am	Meadowood (50m)
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Monday/Wednesday	4:30pm - 6:00pm	Brunswick Rec (25y)
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***Elite Group swimmers may attend NO MORE than 5 practices per week

PERFORMANCE GROUP

Monday/Wednesday	6:00pm – 7:30pm	Brunswick Rec (25y)
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Friday	4:30pm - 6:00pm	Brunswick Rec (25y)
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DEVELOPMENT GROUP

Monday/Wednesday	6:30pm – 7:30pm	Brunswick Rec (25y)
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Friday	5:00pm - 6:00pm	Brunswick Rec (25y)
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2021 SUMMER PRACTICE SCHEDULE

End of Summer - July 6 to July 31:

SENIOR GROUP

Monday - Friday	7:00am – 9:00am	Meadowood (50m)
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ELITE GROUP

Monday - Friday	7:00am – 9:00am	Meadowood (50m)
Monday/Wednesday	4:30pm - 6:00pm	Brunswick Rec (25y)

***Elite Group swimmers may attend NO MORE than 5 practices per week

PERFORMANCE GROUP

Monday/Wednesday	6:00pm – 7:30pm	Brunswick Rec (25y)
Friday	4:30pm - 6:00pm	Brunswick Rec (25y)

DEVELOPMENT GROUP

Monday/Wednesday	6:30pm – 7:30pm	Brunswick Rec (25y)
Friday	5:00pm - 6:00pm	Brunswick Rec (25y)

The above times may change due to holidays or weather. Please be sure to check your email and phone regularly and the calendar www.swimunited.org for practice time updates.

