



Kelly German Memorial Meet
January 22, 2022
Held under the sanction of USA Swimming
Sanction #: OH-22SC-59

Hosted by
Worthington Swim
Club Boosters

Location:	Natatorium at the C. David Howell Worthington Pools Complex 400 W. Dublin-Granville Rd., Worthington, OH 43085 614-885-1619
Facility:	The Natatorium at the C. David Howell Worthington Pools Complex is a 6-lane, 25-yard indoor facility with a fully automated timing system (Colorado touch pads and Daktronics Omnisport 2000 console). Water depth measured for a distance of 3 feet 3 1/2 inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls is as follow: From deep end: 8 feet (at 1 meter); and 12 feet (at 5 meters). From shallow end: 3 feet 11 inches (at 1 meter); 4 feet 9 inches (at 5 meters). The competition course has not been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2C(4).
Meet Director:	Bernard Vrancken coachbernard@worthingtonpools.com 614-598-7064
Meet Referee:	Kemal Oz burcoz@yahoo.com
Officials Contact for the Meet:	Kemal Oz burcoz@yahoo.com
Entry Chair and Meet Marshal:	Bernard Vrancken coachbernard@worthingtonpools.com 614-598-7064
COVID Compliance Officer for Meet	Lori Ave lori.ave@worthingtonpools.com 614-230-7377
Sanction:	In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. As a condition of sanction, the Worthington Swim Club agrees to comply and to enforce all COVID-19 health and safety mandates and guidelines (including face covering, social distancing and mass gatherings) of USA Swimming, Ohio Swimming, the State of Ohio, local jurisdictions and the Worthington Swim Club Meet Plan detailed in this packet. Meets conducted in violation of these requirements and safety plans are subject to having the sanction revoked and will not be issued sanctions for future meets during the COVID-19 sanctioning period.
Meet Type:	Prelims/Finals for swimmers age 11-14; Timed Finals for swimmers age 9-10, National BB Time standards apply.
# of Sessions:	2

Disclaimers

The Worthington Swim Club has taken enhanced health and safety measures for you, our other guests, volunteers, and our athletes. Everyone must follow all posted instructions while attending this meet.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

By attending or participating in this competition, you voluntarily assume all risks associated with exposure to COVID-19 and forever release and hold harmless USA Swimming and Ohio Swimming and each of their officers, directors, agents, employees or other representatives from any liability or claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection herewith.

Organization Regulations/Waivers

USA Swimming Rules

- At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet.
- Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices.
- Deck changes are prohibited.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Flash photography is not permitted at the start of any race.
- All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Technical Suit Ban

Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet.

A Technical Suit is one that has the following components:

- Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or
- Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.

Ohio State Laws that are applicable to Ohio Swimming sanctioned events

- Ohio's Return to Play Law (ORC 3313.539 and ORC 3314.03) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National Federation of State High School Association and Centers of Disease Control. Training links can be found at www.swimohio.com under Safe Sport>Concussion.
- There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.

Organization Regulations/Waivers

COVID-19 Information

- Avoid getting closer than six (6) feet to anyone coughing or sneezing.
- Wash your hands frequently with soap and water for 20 seconds or use hand sanitizer that has 60-95% alcohol.
- Avoid touching your eyes, nose, and mouth.
- Cover your mouth with a tissue or your elbow if you cough or sneeze. Throw the tissue in the trash then wash your hands.
- Stay home if you are sick, and away from the pool and from fellow team members.
- **FACE COVERINGS:** All meet participants – coaches, officials, administrators, and athletes (between events) must wear face coverings and comply with mandated social distancing and mass gathering rules.
- **Spectators will not be allowed as we are required to use the bleachers to space out the athletes.**
- Live video stream will be available on Facebook. Search for “Worthington Swim Coaches”.
- Food consumption will be prohibited inside the facility (including the pool deck, championships hall, upstairs and downstairs bleachers) at all times, and for all patrons (including athletes, coaches and volunteers). There will be no concession at the meet. The sessions are relatively short. Please plan accordingly. Only a limited hospitality will be available for officials/coaches and only in the wet classroom.

Waiver/Release

- By entering this meet, you are granting permission for the names of any or all of your team’s swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.
- All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team’s head coach and the Meet Director prior to the meet.

Entering the Meet

Eligibility:

- All contestants must be currently registered USA Swimming members. Registrations will not be accepted at the meet.
- Age on the first day of the meet will determine age for the entire meet.
- SCY National BB Time standards apply. All athletes must meet a minimum of 2 SCY National BB times in their respective age group to qualify for the meet. All qualified swimmers can swim up to 3 individual events. Swimmers who meet 2 SCY National BB times can enter up to 1 bonus swim.
- Home team: In order to provide key volunteers needed to run the meet, SCY National B Time standards will apply to swimmers of the Worthington Swim Club.

Disability Swimmers:

- Ohio Swimming welcomes swimmers with a disability.
- Entry Procedures:
 1. Enter the USA-S swimmers with a disability electronically or on the paper entry form.
 2. Provide the grouping the swimmer is identified under (P1, P2, P3) and any necessary accommodations.
 3. List in the email with the electronic entry (or on the paper entry) the swimmer’s name, entry times, based on grouping (P1, P2, P3) strokes/distances and days/sessions.
- Preferred seeding is in the swimmer’s age group entered event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats.
- See the Ohio Swimming Policy Book for Grouping descriptions (P1, P2, P3).

Entering the Meet

Entry Limits Entry Fees:

- SCY National BB Time Standards apply. All athletes must meet a minimum of 2 SCY National BB times in their respective age group to qualify for the meet. All qualified swimmers can swim up to 3 individual events. Swimmers who meet 2 SCY National BB times can enter up to 1 bonus swim.
- Swimmers may swim a maximum of 4 individual events, including bonus swims.
- \$6 per Prelims/Finals individual event.
- \$5 per Timed Finals individual event.
- \$5 facility surcharge per swimmer.
- \$5 OH LSC surcharge per swimmer.

Entry Procedures:

- Deadline for receipt of entries is **Tuesday, January 11**. Teams will be informed of acceptance into the meet by Thursday, January 13. The meet is strictly limited to 300 swimmers.
- Entries must be submitted in SCY using an electronic meet entry software (Hy-Tek/Team Unify).
- Send entries via email to: **coachbernard@worthingtonpools.com**
- Please include the names of any Outreach swimmers in the email.
- Checks should be made payable to: **Worthington Swim Club Boosters**
- "No Time" (NT) entries will not be accepted.
- The Meet Director reserves the right to limit entries, if necessary, to manage the timeline and number of competitors and spectators at each session.

Warm-up and Safety Guidelines:

- The meet host will provide a complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants. This information will be distributed in advance of the meet.
- Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees).
- Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck.
- Ohio LSC Swimming Safety Guidelines and Warn-Up Procedures will be in effect for this meet.
- No spectators allowed on deck.

Competition Guidelines:

- This meet will be a timed finals meet for swimmers age 9-10 and for the 11-14 500 freestyle and 400IM. It will be a prelims/finals meet for swimmers age 11-14 (except 500 freestyle and 400 IM).
- The **top 6 swimmers** in the 11-12 and 13-14 age groups in each gender will qualify for finals.
- This meet will be contested in SCY.
- This meet will be pre-seeded. Deck entries will not be accepted at the meet.

Awards:

- There will be awards at this meet. Ribbons for top-6 finishers in each event in each age group and gender.
- Results will not be posted during the meet.

General:

- No swim shop or concessions will be available at this site. Limited hospitality will be provided for officials.
- Visiting teams may be required to provide timers.

**Kelly German Memorial Meet
ORDER OF EVENTS**

Saturday, January 22, 2022 - Prelims

Timeline will be confirmed after entries are received.

Tentative timeline for prelims: 8:00-9:15 AM warm-ups. Prelims 9:25 AM-12:30 PM.

<u>Event #</u>	<u>Event Description</u>	<u>National BB</u>	<u>Event #</u>	<u>Event Description</u>	<u>National BB</u>
1	Girls 13-14 200 yards Freestyle	2:21.29	31	Girls 13-14 100 yards Backstroke	1:11.19
2	Boys 13-14 200 yards Freestyle	2:12.79	32	Boys 13-14 100 yards Backstroke	1:06.39
3	Girls 11-12 200 yards Freestyle	2:28.99	33	Girls 11-12 100 yards Backstroke	1:18.09
4	Boys 11-12 200 yards Freestyle	2:23.49	34	Boys 11-12 100 yards Backstroke	1:15.69
7	Girls 13-14 200 yards Individual Medley	2:37.59	37	Girls 13-14 100 yards Breaststroke	1:21.69
8	Boys 13-14 200 yards Individual Medley	2:28.49	38	Boys 13-14 100 yards Breaststroke	1:15.49
9	Girls 11-12 200 yards Individual Medley	2:47.29	39	Girls 11-12 100 yards Breaststroke	1:27.19
10	Boys 11-12 200 yards Individual Medley	2:43.99	40	Boys 11-12 100 yards Breaststroke	1:24.49
13	Girls 13-14 50 yards Freestyle	30.19	43	Girls 13-14 200 yards Butterfly	2:36.89
14	Boys 13-14 50 yards Freestyle	27.79	44	Boys 13-14 200 yards Butterfly	2:26.89
15	Girls 11-12 50 yards Freestyle	31.29	45	Girls 11-12 50 yards Butterfly	33.89
16	Boys 11-12 50 yards Freestyle	30.29	46	Boys 11-12 50 yards Butterfly	34.19
19	Girls 13-14 100 yards Butterfly	1:10.89	49	Girls 13-14 200 yards Backstroke	2:34.89
20	Boys 13-14 100 yards Butterfly	1:06.09	50	Boys 13-14 200 yards Backstroke	2:25.09
21	Girls 11-12 100 yards Butterfly	1:17.59	51	Girls 11-12 50 yards Backstroke	35.39
22	Boys 11-12 100 yards Butterfly	1:16.09	52	Boys 11-12 50 yards Backstroke	34.99
25	Girls 13-14 100 yards Freestyle	1:05.49	55	Girls 13-14 200 yards Breaststroke	2:57.29
26	Boys 13-14 100 yards Freestyle	1:00.89	56	Boys 13-14 200 yards Breaststroke	2:43.99
27	Girls 11-12 100 yards Freestyle	1:08.29	57	Girls 11-12 50 yards Breaststroke	39.99
28	Boys 11-12 100 yards Freestyle	1:05.89	58	Boys 11-12 50 yards Breaststroke	39.49

Saturday January 22 2022 - Finals

Timeline will be confirmed after entries are received.

Tentative timeline for finals: 3:40-4:50 warm-ups. Finals 5:00-8:00 PM

Event #	Event Description	National BB	Event #	Event Description	National BB
1	Girls 13-14 200 yards Freestyle		37	Girls 13-14 100 yards Breaststroke	
2	Boys 13-14 200 yards Freestyle		38	Boys 13-14 100 yards Breaststroke	
3	Girls 11-12 200 yards Freestyle		39	Girls 11-12 100 yards Breaststroke	
4	Boys 11-12 200 yards Freestyle		40	Boys 11-12 100 yards Breaststroke	
5	Girls 9-10 200 yards Freestyle	2:57.19	41	Girls 9-10 100 yards Breaststroke	1:44.99
6	Boys 9-10 200 yards Freestyle	2:47.99	42	Boys 9-10 100 yards Breaststroke	1:41.69
7	Girls 13-14 200 yards Individual Medley		43	Girls 13-14 200 yards Butterfly	
8	Boys 13-14 200 yards Individual Medley		44	Boys 13-14 200 yards Butterfly	
9	Girls 11-12 200 yards Individual Medley		45	Girls 11-12 50 yards Butterfly	
10	Boys 11-12 200 yards Individual Medley		46	Boys 11-12 50 yards Butterfly	
11	Girls 9-10 200 yards Individual Medley	3:15.59	47	Girls 9-10 50 yards Butterfly	41.79
12	Boys 9-10 200 yards Individual Medley	3:13.19	48	Boys 9-10 50 yards Butterfly	40.49
13	Girls 13-14 50 yards Freestyle		49	Girls 13-14 200 yards Backstroke	
14	Boys 13-14 50 yards Freestyle		50	Boys 13-14 200 yards Backstroke	
15	Girls 11-12 50 yards Freestyle		51	Girls 11-12 50 yards Backstroke	
16	Boys 11-12 50 yards Freestyle		52	Boys 11-12 50 yards Backstroke	
17	Girls 9-10 50 yards Freestyle	35.19	53	Girls 9-10 50 yards Backstroke	41.89
18	Boys 9-10 50 yards Freestyle	34.49	54	Boys 9-10 50 yards Backstroke	42.29
19	Girls 13-14 100 yards Butterfly		55	Girls 13-14 200 yards Breaststroke	
20	Boys 13-14 100 yards Butterfly		56	Boys 13-14 200 yards Breaststroke	
21	Girls 11-12 100 yards Butterfly		57	Girls 11-12 50 yards Breaststroke	
22	Boys 11-12 100 yards Butterfly		58	Boys 11-12 50 yards Breaststroke	
23	Girls 9-10 100 yards Butterfly	1:39.09	59	Girls 9-10 50 yards Breaststroke	47.49
24	Boys 9-10 100 yards Butterfly	1:37.09	60	Boys 9-10 50 yards Breaststroke	46.59
25	Girls 13-14 100 yards Freestyle		61	Girls 13-14 400 yards Individual Medley*	5:37.59
26	Boys 13-14 100 yards Freestyle		62	Boys 13-14 400 yards Individual Medley*	5:17.09
27	Girls 11-12 100 yards Freestyle		63	Girls 11-12 400 yards Individual Medley*	5:56.79
28	Boys 11-12 100 yards Freestyle		64	Boys 11-12 400 yards Individual Medley*	5:46.39
29	Girls 9-10 100 yards Freestyle	1:19.99	65	Girls 9-10 100 yards Individual Medley	1:31.69
30	Boys 9-10 100 yards Freestyle	1:18.79	66	Boys 9-10 100 yards Individual Medley	1:28.89
31	Girls 13-14 100 yards Backstroke		67	Girls 13-14 500 yards Freestyle*	6:18.69
32	Boys 13-14 100 yards Backstroke		68	Boys 13-14 500 yards Freestyle*	5:58.99
33	Girls 11-12 100 yards Backstroke		69	Girls 11-12 500 yards Freestyle*	6:38.19
34	Boys 11-12 100 yards Backstroke		70	Boys 11-12 500 yards Freestyle*	6:27.49
35	Girls 9-10 100 yards Backstroke	1:30.69			
36	Boys 9-10 100 yards Backstroke	1:29.29		* indicates timed/finals events that may be	

				limited to top 6 swimmers.	
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**Summary of Fees/Release Form
Kelly German Memorial Meet - January 22, 2022**

Team Name	
Club Name	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total #	Cost per	Total
Timed Finals Individual Entries		\$5 per event	
- Timed Finals Individual Entries - Outreach Swimmer		- \$5 per event	
Prelims/Finals Individual Entries		\$6 per swimmer	
- Prelims/Finals Individual Entries - Outreach Swimmer		- \$6 per event	
Facility Surcharge per swimmer		\$5 per swimmer	
- Facility Surcharge - Outreach Swimmer		- \$5 per swimmer	
OSI Swimmer Surcharge per swimmer		\$5 per swimmer	
- Surcharge - Outreach Swimmer		- \$5 per swimmer	
Total Fees Due			
Names of Outreach Swimmers: _____ _____ _____			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach, or team representative, verify that all the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Ohio Swimming, Inc. regarding

warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. The Worthington Swim Club Boosters, Swiminc. Inc., Ohio Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

Signature (Coach or Club Representative)

Club Title (Coach etc)

Name of Club

Date

Send this form with check to: **Worthington Swim Club Boosters, PO Box 340114, Worthington, OH 43234**

APPENDIX 1: Meet Safety Plan for the Worthington Pools

Facility Information	
Facility Rules and Policies:	<p>As the Ohio Department of Health releases updated recommendations for K-12 schools and other facilities, Worthington Pools remains committed to following the guidance set forth by state and local regulations. Worthington Pools is home to multiple sports teams. We value and are proud to host competitions for the community in a safe manner.</p> <p>Worthington Pools and SwimInc. cannot prevent you from being exposed to naturally occurring diseases while participating in events. If you choose to participate in OHSAA, USA swimming sanctioned events or other water based activities within our facility, you may be exposing yourself to or spreading COVID-19. We ask that all participants complete the Assumption of Risk, Release, and Waiver of Liability and Indemnification Agreement prior to beginning activity. The form discloses participants voluntarily accepting responsibility for any injury or damage while using the Worthington Pool.</p> <p>CDC specific guidelines for youth sporting events can be found here: https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html</p> <p>Facial Coverings:</p> <ul style="list-style-type: none">• Masks will be mandated for all patrons, athletes and employees.• Coaches are required to wear a facial covering when entering, exiting and while in close proximity to others. When athletes are in the water, coaches are welcome to remove their masks while remaining socially distant.• Athletes must wear facial coverings at all times when not in the water or exercising vigorously. This includes entering, exiting, during dryland and when in locker rooms. <p>Congregating and Social Distancing:</p> <ul style="list-style-type: none">• Social distancing will be encouraged within our facilities. As a business focused on water sports, the transmission through chlorinated water is very low. Proper ventilation and filtration systems aid in the airflow throughout the space.• The U.S. Centers for Disease Control and Prevention (CDC) says that when swimming pools are properly maintained, the chlorine in the water should “inactivate” coronavirus, which would prevent the virus from spreading.• If not fully vaccinated, the Ohio Department of Health recommends that individuals must maintain at least 6 feet of distance from others when possible.• Locker rooms and showers will remain closed. Athletes should come and go wearing their swim suit. Deck changing is prohibited.• The Championship Hall will reopen for teams area. Athletes must maintain reasonable social distance from other athletes throughout the duration of the event.• Water fountain will be used for the water bottle refill feature only. <p>Testing and Quarantine:</p> <ul style="list-style-type: none">• Those who test positive for COVID-19 will be required to self-isolate for 10 days and be cleared by the board of health before reentering the facility.• Those who suspect exposure, present symptoms or have been contacted must present a negative COVID-19 test prior to resuming normal athletic activity. The group’s responsible party (coach, swim lesson instructor, etc). will be responsible for validating this test. <p>Temperature checks:</p> <ul style="list-style-type: none">• Temperature checks are not required upon entrance to the facility. We reserve the right to check patrons who present symptoms. <p>Sanitization:</p> <ul style="list-style-type: none">• Worthington pools will frequently sanitize and disinfect high contact surfaces.• In the event of a positive COVID-19 case within our facility, Worthington Pools reserves the right to shut down the facility for deep cleaning and ample filtration.

Facility Information

Facility Rules and Policies:

This policy is subject to change at the discretion of the Worthington Pools. We reserve the right to update this policy as state and local guidance changes. Modifications to pool operations and programming are subject to change based on requirements and restrictions provided by the Centers for Disease Control (CDC), the Ohio Department of Health (ODH), and Franklin County Public Health (FCPH). SwimInc, Inc./Worthington Pools also reserves the right to modify policies and procedures based on evaluation of current operations.

COVID Procedures / Information

Swimmer Limitations and Protocols

DURING RACES:
When the heat before you dives in and the previous heat has exited the pool, you will be called to move to the block at your assigned lane and be ready to begin to begin your heat. When you finish your race, you will stay in the water. We will do fly-over (dive-over) starts.
If you use the restrooms, spray all touched surfaces upon leaving the locker room (assuming spray sanitizer available at facility).
Locker rooms are not available for changing before or after the meet.
When not in the water, athletes are expected to wear a mask at all times, including when walking to and from an event and/or warm-up lanes. Masks may be removed masks for swimming but must put them on again once they exit the water.
Athletes are expected to maintain proper distancing at all times.

Safety Warning!

The Worthington Swim Club and the Worthington Pools have taken enhanced health and safety measures for athletes, coaches, officials, spectators, and others participating in this meet. Everyone must follow all posted instructions while attending this meet

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