



Short Course Yard DII Minimum Times

Women	10-under	11-12	13-14	15-19
50 free	53.79	45.57	44.56	45.58
100 free	2:02.82	1:39.41	1:36.13	1:36.74
200 free	4:05.92	3:33.91	3:37.42	3:21.19
500 free		8:00.90	7:52.39	7:46.29
1000 free			14:38.29	14:25.49
1650 free			23:23.19	23:08.89
50 back	1:03.84	55.28		
100 back	2:23.64	1:54.65	1:53.14	1:48.13
200 back			3:39.59	3:35.89
50 breast	1:14.03	1:02.69		
100 breast	3:01.86	2:16.71	2:15.72	2:03.49
200 breast			4:00.69	3:56.39
50 fly	1:12.28	52.37		
100 fly	2:55.24	2:08.75	1:55.79	1:47.19
200 fly			3:40.99	3:36.49
200 IM	4:36.34	3:47.81	3:42.99	3:39.29
400 IM			7:24.29	7:05.69

Men	10-under	11-12	13-14	15-19
50 free	58.52	46.14	41.06	40.09
100 free	2:07.68	1:46.98	1:29.24	1:23.39
200 free	4:07.93	3:36.69	3:15.69	3:07.29
500 free		8:30.39	7:33.19	7:08.69
1000 free			14:04.39	12:38.19
1650 free			22:21.99	21:51.89
50 back	1:07.53	58.44		
100 back	2:29.81	2:07.83	1:55.53	1:39.19
200 back			3:29.79	3:23.39
50 breast	1:20.89	1:03.75		
100 breast	2:54.59	2:29.99	2:03.39	1:51.69
200 breast			3:49.39	3:42.59
50 fly	1:11.34	56.98		
100 fly	2:55.24	2:09.13	1:47.24	1:31.59
200 fly			3:31.99	3:24.49
200 IM	4:34.74	4:00.67	3:31.99	3:22.69
400 IM			6:55.49	6:41.79



Long Course Meters DII Minimum Times

Women	10-under	11-12	13-14	15-19
50 free	1:09.90	53.60	52.78	51.73
100 free	2:19.05	2:04.03	1:54.28	1:51.58
200 free	4:30.50	3:54.26	3:44.39	3:39.49
400 free		7:18.40	7:12.99	7:04.69
800 free			13:11.99	13:00.19
1500 free			23:53.09	23:40.69
50 back	1:12.28	1:02.58		
100 back	2:42.63	2:09.79	2:06.43	2:04.03
200 back			4:01.29	3:57.99
50 breast	1:23.80	1:10.96		
100 breast	3:03.58	2:34.78	2:24.58	2:20.93
200 breast			4:27.98	4:21.19
50 fly	1:18.73	59.29		
100 fly	3:11.13	2:25.77	2:03.73	2:00.58
200 fly			4:02.29	3:56.19
200 IM	5:04.94	4:09.99	4:05.69	4:01.09
400 IM			8:01.09	7:49.79

Men	10-under	11-12	13-14	15-19
50 free	1:04.95	52.24	49.18	46.78
100 free	2:24.55	2:01.12	1:47.23	1:42.58
200 free	4:32.77	3:57.40	3:35.19	3:28.59
400 free		7:44.68	6:57.99	6:44.39
800 free			12:51.79	12:22.09
1500 free			23:05.29	22:18.49
50 back	1:16.45	1:06.16		
100 back	2:49.60	2:21.87	2:00.88	1:54.73
200 back			3:54.09	3:43.89
50 breast	1:29.76	1:14.88		
100 breast	3:11.64	2:39.21	2:12.13	2:09.58
200 breast			4:17.19	4:08.79
50 fly	1:19.12	1:03.93		
100 fly	3:07.21	2:22.47	1:55.48	1:50.08
200 fly			3:51.99	3:43.19
200 IM	5:03.13	4:24.55	3:55.99	3:48.89
400 IM			7:43.19	7:24.39



Short Course Meters DII Minimum Times

Women	10-under	11-12	13-14	15-19
50 free	59.70	50.58	49.51	49.35
100 free	2:16.33	1:51.51	1:46.62	1:46.50
200 free	4:26.37	3:50.84	3:40.14	3:35.99
400 free		7:09.03	7:04.59	6:59.39
800 free			12:59.89	12:48.69
1500 free			23:15.59	23:01.29
50 back	1:10.86	1:01.35		
100 back	2:39.48	2:07.26	2:02.98	1:59.53
200 back			3:56.29	3:52.19
50 breast	1:22.17	1:09.58		
100 breast	2:59.98	2:31.75	2:19.33	2:15.88
200 breast			4:19.69	4:14.89
50 fly	1:17.19	58.12		
100 fly	3:07.38	2:22.90	2:01.78	1:59.08
200 fly			3:57.89	3:52.89
200 IM	5:00.14	4:06.27	4:00.09	3:55.99
400 IM			7:50.39	7:40.99

Men	10-under	11-12	13-14	15-19
50 free	1:03.67	51.21	45.55	44.38
100 free	2:21.72	1:58.75	1:39.13	1:33.28
200 free	4:28.60	3:53.93	3:29.89	3:20.89
400 free		7:34.61	6:47.79	6:31.99
800 free			12:30.29	12:07.29
1500 free			22:14.69	21:44.79
50 back	1:14.95	1:04.87		
100 back	2:46.29	2:19.09	1:55.33	1:49.78
200 back			3:45.49	3:38.39
50 breast	1:27.99	1:13.41		
100 breast	3:07.87	2:36.09	2:09.43	2:03.73
200 breast			4:07.09	3:59.69
50 fly	1:17.56	1:02.67		
100 fly	3:03.55	2:19.68	1:52.93	1:44.98
200 fly			3:47.89	3:39.69
200 IM	4:58.36	4:20.54	3:47.89	3:38.09
400 IM			7:29.69	7:14.59