

# AMERICAN ENERGY SWIM CLUB'S SUPPLEMENTAL DOCUMENT ADDRESSING COVID-19 RELATED REQUIREMENTS AND PROTOCOLS

**NOTE: This document may be changed at any time based on current conditions.**

## I. LOCAL REQUIREMENTS AND PROTOCOLS

**Current local requirements and protocols concerning COVID-19.** The State of Oklahoma has revoked its State of Emergency concerning COVID-19 and currently has no social distancing or mask wearing requirements. However, the Oklahoma State Health Department (OSHD) has increased Oklahoma County's risk phase to "moderate" or "orange". With this risk phase, OSHD recommends that (1) individuals wear face masks in public, (2) Individuals social distance, (3) sports teams practice symptom checks prior to team competitions and practices, and (4) large or public gatherings and venues operate under increased hygiene measures, physical distancing, face coverings, and symptom monitoring.

Effective April 26, 2021, the City of Edmond revoked its mask mandate and replaced it with a strong recommendation that citizens continue to socially distance by six feet (6') and to wear a face covering while in public.

Currently, the Mitch Park YMCA ("YMCA") also has no mask or social distancing mandates.

**Face Masks.** In accord with the OSHD recommendations, American Energy Swim Club (AESC) recommends the following:

*Spectators.* All spectators over the age of eleven (11) should wear a face mask while inside the facility.

*Volunteers.* All volunteers working at the meet should wear a face mask while inside the facility.

*Officials.* All officials should wear a face mask while inside the facility. Officials will not have direct contact with swimmers concerning disqualifications (DQs). Instead, officials will place DQ paperwork in the team's meet folder. Hand sanitizer will be available for coaches in the room with their files.

*Swimmers.* Swimmers should wear a face mask at all times while inside the facility, except during staging for heats and while swimming.

*Coaches.* Coaches should wear a face mask at all times while inside the facility.

**Seating arrangements.** The City of Edmond no longer has seating requirements. Instead, the City of Edmond has strong recommendations for social distancing.

The State of Oklahoma is no longer under any Executive Orders concerning seating arrangement.

However, in accord with the recommendations of OSDH to make it easier for spectators to easily maintain six feet (6') of distance between them and others, AESC will continue to encourage groups to socially distance from other groups.

## II. PLAN FOR SPECTATOR INGRESS AND EGRESS

Anyone entering the building for an AESC meet will enter through the doors on the left side of the entrance marked "Entrance Only" and may have their temperature taken. (It is AESC's standing policy to turn away anyone with a temperature of over 100.0°F when they enter the building.) Swimmers, officials and volunteers working the swim meet will be diverted on deck while spectators will be diverted upstairs. Spectators will be asked to avoid congregating in the lobby.

### III. PLANNED NUMBER OF INDIVIDUALS AT MEET

**Spectators.** AESC is no longer limiting the number of spectators.

In order to accommodate those who cannot or choose not to watch the meet from the stands, AESC will live-stream its swim meets (based on availability of vendors) on its Facebook page and on YouTube.

**Swimmers.** AESC is no longer limiting the number of swimmers who can register at a meet based solely for COVID-19 reasons. However, AESC will continue to assign seating for teams to ensure there is adequate space for teams to be distanced from each other and for the individuals to have extra room to distance from each other if desired. (See, Example Diagram in Appendix A.) Swimmers will be expected to remain in their seats at all times until their heat is called to the staging area.

**Warm ups.** Forty (40) minutes are usually allotted for warm-ups, which is usually divided into two (2) warmup sessions depending on the number of actual participants at each meet. Warmup lanes and times are assigned to each team prior to the meet and are assigned in order to promote the most social distancing.

**On deck.** AESC will continue to enforce a counter-clockwise flow of traffic. (See, Example Diagram in Appendix A.)

**Heat Staging.** No more than four (4) heats will be staged at any given time. The first heat will be at the blocks; the heat “up next” will be seated on a bench behind the timers. The “up next” heat will approach the blocks after the first heat has entered the water. When the first heat has completed its race, the swimmers will remain in the water and the “up next” heat will do a fly-over start. After the fly-over start, the first heat will exit the water and exit to the left. The third heat will not be allowed to approach the blocks until the first heat completely clears the water and deck. The third and fourth heats will be seated in designated bleachers with seats clearly marked for each heat. Volunteers will help with the flow and staging of heats. The announcer will announce when each heat should head to the staging area.

**Officials.** Officials will continue to officiate as usual. They will use their assigned headset to communicate and will not share their headset with another official without it being thoroughly cleaned. Officials will wash their hands prior to officiating and will utilize hand sanitizer as necessary. They will not approach swimmers to explain disqualifications. (See, Section I above.)

### IV. CONCESSIONS AND HOSPITALITY

**Concessions.** AESC will rent the concession stand area in order to provide more social distancing room in the lobby. Hand sanitizer will be provided for volunteers and spectators. All food will be individually pre-packaged and stored behind the counter. No more than three (3) volunteers will be allowed in the concessions stand area at any given time. One of the volunteers will be assigned to handle the money and the other volunteer will handle food and drinks only. Both will utilize hand sanitizer as necessary.

**Heat Sheets.** Heat will be emailed to the coaches for electronic distribution to the parents and a QR code will be posted at the meet for electronic retrieval of heat sheets. Some heat sheets will also be available for sale at the meet.

**Hospitality.** The hospitality room will be set up so the flow of traffic goes in one direction.. Dedicated bleachers will be set up on deck so that the coaches and officials have somewhere to sit and eat.

Hospitality volunteers will be encouraged to wear a mask and gloves while delivering individually-packaged snacks and drinks to other volunteers at the meet.

**V. SAFE SPORT CONSIDERATIONS TO ENSURE PARENTS HAVE ACCESS TO AND/OR OPPORTUNITY TO OBSERVE THEIR CHILDREN**

By allowing spectators to attend the meet and/or watch it live-streamed on Facebook and YouTube, parents will have access to and observation of their children like all other meets.

**VI. ATTESTATION THAT MEET WILL ADHERE TO LOCAL JURISDICTIONAL GUIDELINES**

In applying for this sanction of the Halloween Meet 2021, I, Mista Burgess, as a Meet Director for American Energy Swim Club (host organization), agree to comply with and to enforce all health and safety mandates and guidelines of USA Swimming, Oklahoma Swimming, the State of Oklahoma, Oklahoma County, the City of Edmond and the Mitch Park YMCA as described.

  
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Mista Burgess  
Meet Director  
**American Energy Swim Club**

09/25/2021  
Date

# APPENDIX A. EXAMPLE DECK SEATING AND TRAFFIC FLOW DIAGRAM

