

Vision 2020



Dear Parents,

The other day, while taking my dog on a walk with my 3 year old son, I was on a tight time schedule. Let me reiterate *I was on a tight time schedule*, but my son has yet to grasp the concept of time. I had a choice to make, hurry his little legs or realign my schedule to enjoy our walk. Time went out the window, and you know I learned so much from my son! One of the downsides to getting older is losing the sense of awe and wonder. Do you remember when you were enthralled with a stick? My son was able to study, point things out, ask questions and then let his imagination run wild! We had some great adventures! One of the lessons I learned was that we plan out our moments, but things arise and plans may change – *How we respond is the choice we must take ownership of*. One thing is for certain, change is a given.

Our coaching staff is going through some changes.

Coach Woody has taken advantage of a wonderful opportunity to finish her degree. This will require her to relocate and unable to continue (for the time) with AESC. I appreciate the time, energy, and mentoring Coach Woody has brought to our club. I know that she will continue to positively impact many lives.

While I am happy for Coach Woody, saddened for us; however I am happy to announce that we have gained a new coach. Coach Olander will be joining the AESC coaching staff the beginning of December. She comes to us from Schroeder YMCA Swim Team in Wisconsin. Trisha's swimming career started at the age of nine with the West Allis Swim Club. It was quickly realized by her family that she had quite a talent for swimming. Trisha swam four years on Varsity at Muskego High School earning fourteen Conference medals, nine of which were first place finishes; she also earned six Sectional medals, two of which were first place. As a senior she qualified for state with four other members of her team in addition to being a team captain. Throughout high school she also swam for SWAT and Waukesha Express. After high school she chose to swim Division II for the University of South Dakota, where she also earned her coaching certification in swimming and basketball. Trisha's first coaching job was with the South Sioux Dolphins Swim Team in South Sioux City, Nebraska, where she was the head coach. Her first three seasons with the team consisted of a team third

place finish at Short Course Championships and two first place finishes at Long Course Championships. She was also the head coach of the Metro High School Girls Swim Team in Sioux City, Iowa, and the assistant coach of the South Sioux City High School Girls and Boys Teams. Trisha has coached high school swimming for seven years. She has had the opportunity to send several swimmers to Zones, Jr. Nationals and State meets throughout her coaching career. Most recently, she has coached the New Berlin Swim Club for the last two years. Besides coaching swimming, Trisha served as the Director of Technology for Notre Dame School of Milwaukee and co-authored a book on closing the Achievement Gap in the state of Wisconsin. Her family is always busy with some sporting event. Trisha's husband, Jeff, was the head JV baseball coach at St. Thomas More High School. She has three children: Grant Michael who is a sophomore at Thomas More has a passion for baseball; especially catching, Brenna Madison age 6 who loves swimming, and Bailee Katherine (deceased). In her spare time she enjoys scrapbooking and going for long runs. She is excited to be joining the AESC family.

Please join me in wishing Coach Woody continued success and welcome Coach Olander and her family to AESC!

SDG,  
Coach Van Slooten