

**AMERICAN ENERGY SWIM CLUB
HALLOWEEN MEET
OCTOBER 25th-27th , 2019
OKS SANCTION #OK19-062**

Held under the sanction of: **USA SWIMMING and Oklahoma Swimming, Inc.**

HOST: American Energy Swim Club

LOCATION: **Mitch Park YMCA/Edmond Public Schools Aquatic Center**
2901 Marilyn Williams Drive
Edmond, OK 73003

MEET DIRECTOR: Meet Director:
Dan Vincent
(405) 509-5132
meetchair@aescok.org

MEET REFEREE: Mitch Parks
(M) (405) 760-9056
mitch.parks@aescok.org

MEET ADMIN OFFICIAL: Amanda Herrick (405) 206-3843
ahistoryherrick@gmail.com

ENTRIES CHAIR: Shilah Seale
(405) 779-0211
meetentries@aescok.org

FACILITIES: Twenty-five (25) Short Course Yard venue. The competition pool is certified according to USA-S rule 104.2.2C (4). A copy of this certification is on file with USA-S. The depth of the competition pool when measured for a distance of 3 feet 3 1/2 inches (1.0 meter) to 16 feet 5 inches (5.0 meters) at the start wall is 13 feet 6 inches and when measured for a distance of 3 feet 3 6 inches to 16 feet 5 inches (5.0 meters) at the turn/bulkhead is 7 feet 4 inches. Controlled temperatures. Eight lanes, with non-turbulent lane lines. Electronic timing system. Large spectator area. Warm-up pool available for continual use. The course has been certified in accordance with USA Swimming rule 104.2.2C(4). A copy of this certification is on file with USA Swimming.

FORMAT: This is a dual session timed finals meet. **All entry times must be in Short Course Yard format. The use of a “No Time” for an individual event is allowed at this meet. Please use a composite time for relays.** The format is designed to limit the time of competition to four hours for swimmers twelve and under. If the entry report for the meet indicates that the 4 hour limit will be exceeded the Meet Director will make any necessary revisions to meet this requirement.

ELIGIBILITY: The meet is open to all registered USA-S athletes. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.

Registration for USA Swimming membership will NOT be accepted at this meet. All entrants must be registered with USA Swimming and be able to demonstrate the same prior to the first day of the meet.

The Meet Director will initiate a registration recon report to the OKS Registration Chair within 5-6 days prior to the event. The report will list all registration errors for athletes entered in the meet. The Meet Director will notify the attending clubs or unattached athletes of these errors. The notification of error must be corrected or reconciled before the start of the first session in which they are listed to swim, or the athlete will not be allowed to swim. The Meet Referee and the Meet Director will work with the cooperation of the Registration Chair to

enforce and follow up on the swimmers noted in the registration report.

All applicable adults participating or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP), and they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (MAAPP) will govern this meet. If any adult is swimming, they must complete USA-Swimming Athlete Protection.

POOL DECK ACCESS: Access to the pool/deck area will be limited to athletes, coaches, officials, timers and OKS representatives working the meet. Coaches and officials must wear their current USA Swimming registration cards or provide Deck Pass proof in order to receive deck privileges. Parents and other non-swimmers not involved in the running of this meet are requested to remain in designated spectator areas. Non – Athlete Registration cards do NOT grant parents access to the pool deck at any time. The Meet Director and Meet Referee reserve the right to limit deck access in the event of overcrowding, inappropriate behavior or for any reason concerning the safety or the efficient operation of the meet. USA-S Rules of Conduct will be strictly enforced.

DECK CHANGING: Deck changes are prohibited.

CODE OF CONDUCT: **Any individual who exhibits a behavior of a threatening, abusive or derogatory manner toward an official or member of the meet operations committee is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective team’s parents. Anyone found to be misrepresenting themselves as a certified coach will be removed from the deck. The Code of Conduct for USA Swimming as outlined in Article 304.2 and 304.3 will be enforced at the meet.**

USA-S rule 202.4.10 H states the “(u)se of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms”.

LIABILITY: In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet. In addition, it is understood and agreed that Oklahoma Swimming Inc., all officials, the American Energy Swim Club and Mitch Park YMCA/Edmond Public Schools Aquatic Center shall be free from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet. Damage to the facility, when proven, will cause the offending swimmer or swimmers, if unattached, or the offending swimmer’s club, if attached, to be accountable for repairs.

DISABILITIES: American Energy Swim Club welcomes athletes with disabilities. Please alert the Meet Director to any accommodations that may be required at the entry deadline.

ENTRY LIMITS: **Individuals:** Athletes are limited to ONE (1) individual event on Friday, and FOUR (4) individual events per day on Saturday and Sunday, plus relays. ***DECK ENTRIES WILL BE ACCEPTED. Deck entries will close 30 min prior to the start of each session. The addition on a Zero heat may be added at the discretion of the Meet Director.***

Athletes are limited to an overall maximum of 9 individual events for this meet.

Saturday and Sunday morning sessions are for 12 and under athletes. Saturday and Sunday afternoon are for 13 and over athletes. Entries will be limited to the first 600 athletes. Entries will be considered according to the order of the electronic postmark. Teams whose entries are not accepted because the limit is exceeded will be notified by e- mail, and the entry fees will be returned.

ENTRY FORMS: All entries should be submitted via electronic format. Files compatible with Hy-Tek Meet Manager e.g. CL2, Sd3, hyv format is the preferred procedure. Any handwritten or printed entries MUST indicate the swimmer’s name, sex, age, USAS #, event #, and entry time for each event. All entry times must be in SCY. **A “NO TIME” for an event will be accepted.**

All entry files must include the entry chair’s name, phone number, and e-mail contact information. The entry file should include the contact information for whom to send meet information updates and warm-up

assignments. Each entry file will be followed up with an entry report from the American Energy Swim Club entries chair. This report is for your review and confirmation of the entries received for the meet. If within 24 hours of receipt of the entry report there has been no response the entry report will be automatically incorporated into the meet format as correct.

IMPORTANT: Any athlete whose entries are not submitted via an electronic format, which will require “hand entry” into the meet, will be charged \$30.00 in addition to the other printed meet entry fees. These fees are nonrefundable and are due whether the athlete competes or not.

Send all electronic entry information to Entries Chair:

Shilah Seale: meetentries@aescok.org

Each team should make one check payable to: American Energy Swim Club or AESC for all entry fees. NO individual checks will be accepted. Entry fees must be received prior to the start of the meet. NO mail requiring signature confirmation for delivery will be accepted.

**Send payment to:
American Energy Swim Club
PO BOX 20338
Oklahoma City, OK 73156**

ENTRY FEES: \$8.00 per individual events before deadline (\$2 goes to the OKS Aquatic Fund)
\$12.00 per relay (\$2 goes to the OKS Aquatic Fund)
\$23.00 per athlete surcharge.
\$16.00 per individual deck entry (\$2 goes to OKS Aquatic Fund)
\$24.00 per relay deck entry (\$2 goes to OKS Aquatic Fund)

ENTRY DEADLINE: ENTRIES MUST BE IN THE HANDS OF THE ENTRIES CHAIR NO LATER THAN 6:00PM TUESDAY, OCTOBER 15th, 2019. NO LATE ENTRIES WILL BE ACCEPTED!!! AMERICAN ENERGY SWIM CLUB WILL NOT BE RESPONSIBLE FOR THE INCLUSION OF ANY ENTRIES DELIVERED TO SOMEONE OTHER THAN THE ENTRIES CHAIR.

SCRATCHES / SEEDING:

This will be a pre-seeded meet for all events except the positive check-in events which are the: 13 & Over 1000 free, 13 & Over 500 Free, 13 & Over 400 IM and the 12- under 500 Free. All "positive check –in to swim" events will be deck seeded after the close of the check in period. Failure to show for a “positive check-in to swim event” will result in the forfeiture of the next individual event, even if the next individual event is in a subsequent session. It will be the swimmer's responsibility to report to their assigned heat and lane. All positive check in events will be swam fastest to slowest alternating girls and boys for their respective events.

Positive Check-In will close 30 min. prior to the start of the session that the event is scheduled to be swam.

Swimmers (or their coach) are the only ones who may scratch a swimmer from an event. Please note that a medical scratch approved by the Meet Referee, counts as an event and is regarded as a DQ with no penalty imposed. The meet program is not the final determinant of seeding. Late entries, corrections or scratches may impact the actual heat and lane assignment. Seeding will be posted as soon as possible after the scratch and or positive check in period closes.

WARM-UP PROCEDURES:

Oklahoma Swimming warm-up procedures will be enforced. Only swimmers entered in individual events in each session may participate in that session’s warm-up period. All swimmers must be under the direct supervision of a USA Swimming registered coach. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or swimmer’s legal guardian to ensure compliance with this requirement.

WARM UP GUIDELINES:

PRE- MEET and GENERAL WARM –UP SESSIONS

Control/Supervise: Key words for safe warm-ups.

- A designated supervisor shall be on deck during the entire warm-up period.

- Marshalls should be actively supervising the warm-ups to ensure proper procedures are followed.
- Swimmers shall enter the water feet first except for starts which are limited to specified lanes.
- In facilities that have a warm-up/warm down area different from the competition pool, meet management shall provide supervision pursuant to the rules at all times.
- General warm-up periods with assigned lanes for each team shall remain under the control of the assigned team's coaches at all times.
- No paddles buoys, bungees or kick boards are allowed unless specified in the Meet Information document.
- No diving in lanes other than those designated for racing starts in an unassigned warm up session.
- Starting blocks should be marked to remind swimmers that they should not dive in lanes other than the designated lanes.
- The Meet Announcer may announce lane changes and /or warm- up changes as per general and specific.
- Coaches should understand that responsibility for supervision of their swimmers is the same at meets as when on deck at practice.
- Marshalls have the authority through the Meet Director over warm-up. A swimmer and/or coach may be removed from the deck for interfering with the Marshall.
- When the number of participants for a meet session cannot be safely accommodated during the same warm-up period, warm up- sessions should, be split to provide a safe and adequate warm- up time for all.
- The Meet Referee shall have the responsibility to establish and enforce rules for safe conduct within the competitive pool area during the duration of the swimming competition. • There shall be at least one Marshall at each end of the warm up area to ensure the warm- up procedures will be followed.
- Warm-up procedures shall be enforced for any breaks scheduled during the competition
- For warm-up guidelines at meets with sessions that have UN-Assigned Lanes please refer to the OKS Warm-Up Guideline Document.

STARTS AND SPRINTS:

Starts and Sprints will be conducted at the times as referenced above. Starts and sprints will be permitted in in all warm up lanes. Please refer to the information regarding starts and sprints listed below. During sprints, swimmers will start from the starting blocks, exit at the bulkhead and walk back to the start area. Lane assignments for warm-ups will be given to Team Representatives at least 24 hours prior to the meet. Warm-up information will be posted at the Clerk of Course area and the athlete bleacher area.

TIMES:

<u>DAY</u>	<u>WARM-UP</u>	<u>SPRINTS</u>	<u>MEET STARTS</u>
FRIDAY PM	4-4:20 PM 4:20-4:40 PM	4:40-4:50 PM	5:10 PM
SATURDAY AM	7:30-8:10 AM	8:10-8:25 AM	8:30 AM
SATURDAY PM	1:00-1:40 PM	1:40-1:55 PM	2:00 PM
SUNDAY AM	7:30-8:10 AM	8:10-8:25 AM	8:30 AM
SUNDAY PM	12:30-1:10 PM	1:10-1:25 PM	1:30 PM

****Warm Up sessions could be split into two 20 minute sessions, depending on attendance****

Information related to warm-schedule changes will be communicated to teams by Thursday, October 24.

RULES:

2019 USA Swimming and Oklahoma Swimming rules will govern the meet.

AWARDS:

Ribbons will be given for the first eight (8) places in the 8- under, 9, 10, 11, and 12 age groups. Ribbons will be awarded for the top four (4) relay winners in the 12-U events. Ribbons will be given for participants swimming in the 12-under sessions only. The meet will NOT BE SCORED.

FINAL RESULTS:

Results of each session shall be posted on the American Energy Swim Club website

[www.americanenergyswimclub.org]. Results will also be available through the Meet Mobile app for iPhones, iPads, iTouch devices.

Complete Meet event results will be sent electronically to each team's representative or if unattached to the athlete's representative, within 24 hours after the conclusion of the meet via email. Results to SWIMS file will be sent electronically to the OKS SWIMS Chair within 24 hours. Results files will include a results file for Team Manager and a complete results file in publication format.

HEAT SHEETS: A list of all entrants with their times by event, heat and lane assignment for each day will be on sale for \$10.00 each. Deck seeded events will be shown in psych sheet format in the meet program. After deck seeding the distance events, a copy of the heat and lane assignments for athletes will be posted in the spectator area for visitors to access.

CONCESSIONS: A concessions area will be available to swimmers and spectators by the entrance to the facility

MERCHANDISE: A full supply of swim merchandise will be available for purchase.

HOSPITALITY: There will be a hospitality area available for officials and coaches working the meet.

SAFETY: Activities in the pool area that may result in injury are prohibited. Event Marshals will be appointed to monitor the activities of swimmers and spectators during warm-ups and the meet and are empowered by the safety rules of OKS to enforce the safety procedures. **Repeated violations or activities that are considered to be sufficiently dangerous may result in ejection from the meet.** Access to the pool/deck area will be limited as previously described. Swimmers failing to comply with the above safety rules are subject to disqualification and/or expulsion from the meet at the discretion of the Meet Referee.

DRONE USE: Operation of a drone or any other flying apparatus is prohibited over the venue (pool, athletes/coach areas, spectator area and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

FRIDAY OCTOBER 25, 2019 AFTERNOON SESSION		
<u>GIRLS EVENT #</u>	<u>EVENT</u>	<u>BOYS EVENT #</u>
1	12-U 200 FREE	2
3	12-U 500 FREE **	4
5	13 & Over 1000 FREE ** **POSITIVE CHECK IN EVENT**	6

SATURDAY OCTOBER 26, 2019 MORNING SESSION		
<u>GIRLS EVENT #</u>	<u>EVENT</u>	<u>BOYS EVENT #</u>
7	12-U 200 FREE RELAY	8
9	12-U 100 FLY	10
11	8-U 25 BACK	12
13	12-U 50 BACK	14
15	12-U 100 IM	16
17	8-U 25 FREE	18
19	12-U 50 FREE	20
21	12-U 100 BREAST	22

SATURDAY OCTOBER 26, 2019 AFTERNOON SESSION		
<u>GIRLS EVENT #</u>	<u>EVENT</u>	<u>BOYS EVENT #</u>
23	13 & Over 200 FREE RELAY	24
25	13 & Over 200 FLY	26
27	13 & Over 200 FREE	28
29	13 & Over 100 BACK	30
31	13 & Over 100 BREAST	32
33	13 & Over 200 IM	34
35	13 & Over 500 FREE ** **POSITIVE CHECK IN EVENT**	36

SUNDAY OCTOBER 27, 2019 MORNING SESSION		
<u>GIRLS EVENT #</u>	<u>EVENT</u>	<u>BOYS EVENT #</u>
37	12-U 200 MEDLEY RELAY	38
39	12-U 100 FREE	40
41	8-U 25 BREAST	42
43	12-U 50 BREAST	44
45	12-U 200 IM	46
47	8-U 25 FLY	48
49	12-U 50 FLY	50
51	12-U 100 BACK	52

SUNDAY OCTOBER 27, 2019 AFTERNOON SESSION		
<u>GIRLS EVENT #</u>	<u>EVENT</u>	<u>BOYS EVENT #</u>
53	13 & Over 200 MEDLEY RELAY	54
55	13 & Over 50 FREE	56
57	13 & Over 100 FLY	58
59	13 & Over 200 BACK	60
61	13 & Over 200 BREAST	62
63	13 & Over 400 IM ** **POSITIVE CHECK IN EVENT**	64
65	13 & Over 100 FREE	66