

\$150,000 Grant Gives Oakville Aquatic Club a Helping Hand

Oakville, ON – In 2021, the Oakville Aquatic Club (OAK) received a \$150,000 grant from the Government of Ontario's Community Building Fund – Operating stream. This support, delivered over 12 months by the Ontario Trillium Foundation, will help the club operate its facilities and deliver program experiences for Ontarians by providing young swimmers the chance to return to the swimming pool. It will support rent, salaries and operating expenses to facilitate new health and safety protocols and resume programming safely.

"Our government is delighted to make this investment in the Oakville Aquatic Club through the Community Building Fund grant to support youth coaching programs in competitive swimming," said Oakville MPP Stephen Crawford. "We are committed to supporting the health and development of our youth, notably through athletic endeavours and training."

"This investment by the Ontario Trillium Foundation allows OAK to open swimming programs that were previously closed due to COVID-19," added Jason Morawski, Business Manager for Oakville Aquatic Club. "These programs will provide the opportunity for hundreds of swimmers to dive back into the sport they love. We are so grateful for the support that OTF has provided to the youth in the Oakville community."

The Oakville Aquatic Club provides coaching, training, and competition for competitive swimmers between the ages of 5 and 20. OAK offers a variety of progressive training including swimming, strength and conditioning, mental and nutritional instruction. The health-related benefits of competitive swimming extend far beyond fitness and skill development. Children that participate in a safe competitive sport learn to manage stress and improve overall mental health.

The Oakville Aquatic Club is committed to delivering more swimming opportunities to the youth in the Town of Oakville. Swimming is a life skill that needs to be accessible for many members of the community. If you wish to enquire about becoming a member, please visit the website at: www.oakvilleaquatics.ca

The Ontario Trillium Foundation (OTF) is an agency of the Government of Ontario, and one of Canada's leading granting foundations. Last year, nearly \$112M was invested into 1,384 community projects and partnerships to build healthy and vibrant communities and strengthen the impact of Ontario's non-profit sector. In 2020/21, OTF supported Ontario's economic recovery by helping non-profit organizations rebuild and recover from the impacts of COVID-19. Visit otf.ca to learn more.

-30-

Media Contact:

Jason Morawski, Business Manager
Oakville Aquatic Club
(905) 842 - 0903
manager@oakvilleaquatics.ca