Victor Davis LC Invitational

Hosted by the Guelph Marlin Aquatic Club

March 26 - 29, 2020

Revised Dec 29, 2019 with new initial deadline for entries

FACILITY:

Victor Davis Memorial Pool, 151 Victoria Road North, Guelph, Ontario; 6 lanes, 50m pool, with electronic timing

MEET DESCRIPTION:

This four day meet is an invitational meet open to all ages with no time standards. For 12 and under swimmers, all events are timed finals. Thursday (800m and 1500m events) and Sunday events are timed finals for all ages.

For 13 and over swimmers, events on Friday and Saturday are morning prelimins and evening finals. Age groups for finals may be combined if the number of swimmers in an event is small. Finals are for age groups 13, 14-15, 16 and over.

The 50m breaststroke eliminator event will be held during finals and is an event for the 13 & over age group only. This is an open event where the top 6 men and women swimmers from preliminaries will compete in the eliminator event (a total of 3 heats each for women and men). A prize will be given to the winners.

The only meet package which will be considered as valid will be the most current version found on www.swimming.ca

COMPETITION COORDINATOR: John Gerrard, jgerrard@habitathm.ca

MEET MANAGER: Sue Steele smsteele_1965@yahoo.ca

SAFETY AND LIABILITY**:**

Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination. For additional resources click HERE

Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck

Rowan's Law – Concussion Management

The *Rowan's Law* requirements came into effect on July 1, 2019. Swim Ontario takes the health and well-being of all participants in sport and recreation activities very seriously and is committed to helping all in the Swim Ontario family succeed in swimming and other activities. Parents, coaches, officials, volunteers and swimmers all have a role to play in ensuring the safety of all participants at sanctioned competitions in Ontario. We must create an environment that encourages and motivates participants to assume responsibility for their own safety and the safety of others.

Until further protocols or procedures are in place, the concussion management protocol will take effect for all participants at a Swim Ontario sanctioned competition that are involved in an incident resulting in a significant impact to the head, face, neck or body. If symptoms of a possible concussion are present the participant shall be removed from any further Swim Ontario sanctioned activity until they receive Swim Ontario approval upon clearance, in writing, by a medical professional with experience in concussion treatment/protocols. For full details and resources on Rowan's Law and Concussion management protocols click HERE.

Open and Observable Environment

Swimming Canada and Swim Ontario is dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means making meaningful and concerted efforts to avoid situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both 'open' and 'observable' to others.

Event Photography/Videography

In order to minimize risk, all photographs and video taken at Swimming Canada/Swim Ontario sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area. For full details click HERE

Only individuals that have made application and received authorization to record the event, in any manner, in any medium or context now known or hereafter developed, shall be granted access to the designated deck area and permission to do so. Please contact Meet Management for application and authorization.

COMPETITION RULES:

Sanctioned by Swim Ontario. All current Swimming Canada (SC) rules will be followed.

All swimmers participating in a provincially sanctioned meets shall be required to comply with swimwear rule GR 5. Click HERE to view full details. Advanced notification for exemption or for clarification of the rule, please see the Competition Coordinator.

Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed here:

https://www.swimming.ca/content/uploads/2015/06/swimming-canada-competition-warm-up-safety-procedures-september-26-2016.pdf

DIVE STARTS:

As per the Facility Rules for Dive Starts, this competition will be conducted as follows: Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1 from deep end only

RECORDS:

Swim Ontario has a completed certified pool length survey for the aforementioned swimming pool and swim times achieved at this competition will be eligible for provincial or national records.

ELIGIBILITY:

All athletes must be registered as Competitive swimmers with Swimming Canada (SC) and have a valid SC registration number. Swimming Canada entries without a valid SC registration number and registration status will be declined entry.

Foreign competitors are welcome, subject to the provisions below.

All foreign competitors must be registered with an amateur swimming organization recognized by FINA. All foreign swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body.

All foreign swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the Proof of Residence and Registration Status form to Swim Ontario no later than 7 days prior to start of competition.

COACH'S REGISTRATION:

Meet management will cross reference the list of coaches in attendance at this competition with the Swim Ontario Compliance lists. If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

TIME SPLITS:

Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.

MIXED-GENDER:

An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event.

In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.

In the event that mixed gender swims are permitted, the results must still be posted separately by gender of swimmers.

ENTRIES AND DEADLINES:

Initial entries must be received by **Friday February 21, 2020**. Final deadline is Thursday March 12, 2020 Entry times may be converted from SC to LC. Clubs will be charged if entries decrease by more than 10% from the first entries to the final deadline because there is a club waiting list for this meet.

Please submit entries using www.swimming.ca No entries or changes to entries will be accepted after the final deadline. After that time, fees will be calculated; no refunds will be granted for missed swims.

Entry fees are $12 for individual events, except $13 for 400m events and $14 for 800m and 1500m events. Splash fee is $8.00 per swimmer. Meet management reserves the right to limit the number of swims if a session is over-subscribed.

Deck entries will be accepted for empty lanes only (no new heats will be created). Swimmers entered on deck must have valid proof of being an active, SNC-registered, competitive swimmer. Entry fee per event as above.

SCRATCHES:

All scratches should be reported to the meet manager during warm-up for prelimins and timed finals.

All scratches from finals must be provided to Meet Manager within 45 minutes after the posting results of each event during prelim sessions to allow proper seeding and notification of alternates.

All swimmers in finals and alternates (8+2) are required to check in with the Clerk of Course 15 minutes prior to each swim.

Scratching from finals after the scratch deadline for each event during the prelimin session or failure to participate in an individual final event will result in a $25 fine for each offence (applies to initially named finalists and alternates and the fastest heat of a timed final event swimming in the finals) – payable to GMAC. Failure to pay before the swimmer's next event will exclude the swimmer from further participation in the meet.

MEET PROGRAMS:

Meet programs will only be made available on the GMAC website for individual printing, Select GMAC hosted meets from the menu bar of the GMAC home page.

RESULTS:

Live results will be posted on meet mobile Official results will be uploaded and posted within 48 hours of completion of the meet to www.swimming.ca

AWARDS:

Ribbons for 1st to 6th for individual events for each of the following age Groups: 10 and under, 11-12, 13, 14-15, 16 and over.

OFFICIALS:

It would be appreciated if each club would email our Officials Coordinator, Mary Gerrard at maryegerrard@gmail.com a list of names of officials who would be willing to help at each session.

HOTEL:

Delta Guelph - 50 Stone Rd West across from the University of Guelph. For discounted rates, call 519-780-3700 or 1-844-496-8549 and mention you are attending the GMAC Swim Meet or book online https://www.marriott.com/event-reservations/reservation-link.mi?id=1576861500957&key=GRP&app=resvlink

PARKING:
Please note that the parking lot at the Victoria Road Recreation Centre is often full. Street parking around the Recreation Centre is prohibited and cars will be ticketed. There is street parking a few blocks from the pool, within walking distance.

SCHEDULE OF SESSIONS

Session #	Day	Date	Session	Warm Up	Start
1	Thursday	March 26	Timed Finals	4:15 pm	5:00 pm
2	Friday	March 27	Prelims	7:00 am	7:45 am
3	Friday	March 27	Timed Finals	12:30 am	1:15 pm
4	Friday	March 27	Finals	5:30 pm	6:15 pm
5	Saturday	March 28	Prelims	7:00 am	7:45 am
6	Saturday	March 28	Timed Finals	12:30 pm	1:15 pm
7	Saturday	March 28	Finals	5:30 pm	6:15 pm
8	Sunday	March 29	Timed Finals	7:00 am	7:45 am
9	Sunday	March 29	Timed Finals	12:30 pm	1:15 pm

Please note that the timing for sessions will be modified based on entries.

SCHEDULE OF EVENTS

Meet manager reserves the right to double up the 400m, 800m and 1500m freestyle events if the session is over-subscribed. 800m and 1500m events will be mixed, seeded fastest to slowest, with alternating 800m and 1500m heats. Slower heats may also be removed if an event is over subscribed. Age groups for finals may be combined if the number of swimmers is small.

The 50m breaststroke eliminator event will held during finals with the fastest 6 swimmers from the 13 and over prelimins competing. There will be 3 heats for this event, with two swimmers being eliminated in each round. There will be a prize for each winner.

Session 1: Timed Finals – Thursday March 26
WARM UP: 4:15 pm START: 5:00 pm

Mixed	**PROGRAM OF EVENTS**	
101	All Ages	800m Freestyle
102	All Ages	1500m Freestyle

Session 2: Preliminaries – Friday March 27
WARM UP: 7:00 am START: 7:45 am

Women's Events	PROGRAM OF EVENTS		Men's Events
1	13 & Over	100m Freestyle	2
3	13 & Over	50m Butterfly	4
5	13& Over	200m IM	6
7	13& Over	200m Backstroke	8
9	13 & Over	50m Breaststroke Eliminator	10

Session 3: Timed Finals - Friday, March 27
WARM UP: 12:30 pm START: 1:15 pm

Women's Events	PROGRAM OF EVENTS		Men's Events
11	12 & Under	100m Freestyle	12
13	12 & Under	50m Breaststroke	14
15	12 & Under	50m Butterfly	16
17	12 & Under	200m IM	18
19	12 & Under	200m Backstroke	20

Session 4: Finals - Friday, March 27
WARM UP: 5:30 pm START: 6:15 pm
Refer to Session 2 for event order

Session 5: Preliminaries - Saturday, March 28
WARM UP: 7:00 am START: 7:45 am

Women's Events	PROGRAM OF EVENTS		Men's Events
21	13 & Over	100m Butterfly	22
23	13 & Over	50m Freestyle	24
25	13 & Over	100m Breaststroke	26
27	13& Over	100m Backstroke	28
29	13& Over	200m Freestyle	30

Session 6: Timed Finals - Saturday, March 28
WARM UP: 12:30 pm START: 1:15 pm

Women's Events	PROGRAM OF EVENTS		Men's Events
31	12 & Under	100m Butterfly	32
33	12 & Under	50m Freestyle	34
35	12 & Under	100m Breaststroke	36
37	12 & Under	100m Backstroke	38
39	12 & Under	200m Freestyle	40

Session 7 Finals - Saturday, March 28
WARM UP: 5:30 pm START: 6:15 pm
Refer to Session 5 for event order

Session 8: Timed Finals -Sunday, March 29
WARM UP: 7:00 am START: 7:45 am

Women's Events	PROGRAM OF EVENTS		Men's Events
41	13 & Over	50m Backstroke	42
43	13 & Over	200m Butterfly	44
45	13 & Over	200m Breaststroke	46
47	13 & Over	400m IM	48
49	13 & Over	400m Freestyle	50

Session 9 Timed Finals - Sunday, March 29
WARM UP: 12:30 pm START: 1:15 pm

Women's Events	PROGRAM OF EVENTS		Men's Events
51	12 & Under	50m Backstroke	52
53	12 & Under	200m Butterfly	54
55	12 & Under	200m Breaststroke	56
57	12 & Under	400m IM	58
59	12 & Under	400m Freestyle	60