



Chehalem Swim Team Monthly Board Meeting Minutes  
June 10, 2021 - 6:30pm  
Virtual using Zoom

**Attendees:** Lalanya Fisher, Cathleen Long, Michelle Webb, Patricia Dwyer, Gayle Bizeau, Tina Urback, Derek Miller, Frank Bradford, Carrie Cybulski, Alicia Henderson, Ricardo, Shak Remly, Stephanie Mitchell, Jena's iphone, Krissy

**Meeting Called to Order: 6:32pm**

**Agenda**

- ★ Welcome - Board Overview
- ★ Action Items Review
- ★ Treasurer Report
- ★ Head Coach Report
- ★ Athlete Representative Report

**Welcome - Board Overview**

- See Meeting Slides - p. 3
- Discussed current board members and vacancies.
- Interest in appointing Shelly Hochstetler to vacant at-large position was expressed. Shelly has also expressed interest in the position. Because it is a vacant position, the nomination does not need to be put to a vote. Tina will follow up with Shelly.

**Action Items Review**

- See Meeting Slides - p. 4
- Derek will update the scoreboard with the Wilson Orthodontics new logo at our next home meet
- CST will purchase 1 touchpad cord to repair the non-functional pad. CST will also purchase 1 spare cord. Newberg High School will pay for a 2nd spare. The orders will be combined and placed through Derek.
- All board members have to have a non-athlete membership with USA swimming. The board will work to make that happen.

## Treasurer Report

- See Meeting Slides - p. 5
- The board has several **action items with regard to finances**. We are working to address those and hope to make it clear ahead of time to all parents exactly what they will be charged and when.

## Head Coach Report

- See Meeting Slides - p. 6-9
- General Coach's Report - p. 6
  - We are waiting to hear back from the aquatics director at CPRD regarding spectating at practices. Lalanya will reach out if and when parents are allowed to watch their swimmers.
  - New summer schedules have been sent out by coaches to the swimmers in their groups. If you have not received a new schedule, please reach out.
  - Because of Covid restrictions we have had many small groups. The goal is to have just one development group for each age group in the fall.
  - Right now we are still limited to 4 swimmers per lane. We will be gradually progressing back to 7-8 kids per lane.
  - The 13-14 year old group has been offered additional water time in order to help them transition to HS Rec and Senior swimming. Please take advantage of this time, if you have a swimmer in this group, so that they are ready for the fall.
  - We will have some entry to development HS swimmers joining the team for the summer as well.
  - The August break will be for at least 2 weeks. It could be 3 or 4. Break is needed for pool maintenance and water polo practice and tournaments. **Lalanya will check with Tara to determine when we will be allowed back in the water.**
- Senior Report - p. 7
  - Low numbers on some of these squads are because of Covid restrictions and will likely increase as restrictions are lifted.
  - Since Erin has been working with several HS swimmers for the HS season, and some of those swimmers will be joining CST, it made sense to have Erin take over the HS Rec and Masters squad. This change will happen June 20th.
  - HS Districts meet will be held at our pool on June 18th. It shouldn't affect current practice schedules, but if so, Lalanya will send out an email to the affected swimmers.
  - Additional new morning practices will be from 9:15-11:15am
  - Michelle: Would you please explain the HS Rec squad?
  - **Lalanya: It would mostly be for those who want to swim and stay fit year round and then swim with the high school during HS season.**
- Age Group Report - p. 8
  - Summer season starts on 6/21, so during that last week of June, swimmer groups will be undergoing changes. We've moved some swimmers around and kept some the same. We'll see how that works.
  - Tina: When swimmers move up, do they have a chance to test it out before

- there is a financial impact?
  - Lalanya: Most will simply be moved to a nearby lane, and will have the chance to try out the new group that way. But yes, swimmers will get to try out the new squad and parents will be notified.
- Novice Report - p. 9
  - This group continues to grow. There are 2 outstanding email requests right now from swimmers who were previously on the Sherwood team and looking to join CST.
  - When we hold new parent meetings, if you haven't already had a chance to attend one in the past and you are interested, just rsvp and feel free to come.

### **Athlete Representative Report**

- To position us for the fall, we'd like to have a couple of reps in different positions. We'd like to get as much feedback from as many swimmers as we can.

### **Questions and Answers**

- Going forward, we'd like to take the position that if someone asks a question to a coach or the board, we should supply that answer to all the parents and swimmers.
- Michelle: My daughter wants to stay with CST and also do the HS swim team. Could there be a clear answer as to how HS and club can mesh.
- Tina: There are 2 ways to answer that: the coaches and also the parents. If I were to compare my daughter's sophomore and freshman season, I would say they were completely different. They had restrictions, shorter seasons, and overlapping seasons. Our goal this year should be to just survive. **I'm not sure if all the parents are used to a blended group.** We have a lot of overlap. Tigard was running practices in the morning, and CST practices were held late at night. Some swimmers just stuck with their club. We need to as a board, plan for non-Covid and survive Covid. I think it is important to have options, because different swimmers have different goals. Policies and finances associated with each option need to be communicated with the parents well ahead of time.
- Lalayna: I think there is a way for HS and club coaches to work together and compromise. Newberg hasn't compromised in the past, and I'm hoping that they will. Sherwood has compromised. This is a discussion to be had over the next couple of months. I agree with different options. I also believe you can have the HS experience and swim with the club.
- Tina: A successful team will provide options for those with aggressive goals and for those who just want to keep moving in the water.
- Gayle: Zephyr sent me with a couple questions about billing:
  - There are families that have satisfied their fundraising commitment and were still being charged. Has that been corrected?
    - Tina: I believe that has been corrected, but **I will work with Lucinda to make sure it has.**
    - Lalanya: I know that for some time the sponsorship program had been off to the side and not a high priority. We've appointed Patricia with all that, and it should be handled more appropriately going forward. I know

that Lucinda is on top of it.

- There was some confusion with regard to HS swimmer fees and swim practice time. Has that been settled?
  - Tina: HS season that was a bit different. We can put processes in place on the club side, but we need the cooperation of the high school coaches as well. I don't think that happened effectively this year.
- Derek: Patricia can you send me an email with all the current sponsors so I can update them before the next meet.
  - Patricia: I'll review and send you what I have, but I'm not sure I have dates associated with them.
- Tina: Going forward, we will try to keep meetings to 45 min. Hope that encourages more parents to attend. Spread the word. Feel free to reach out if other questions come to mind.
- Tina was complimented on a well-run meeting.

**Meeting Adjourned: 7:08pm**

Meeting Minutes Key: **Yellow Highlight:** Please confirm accuracy **Green Highlight:** Action Item

**Meeting Slides:**



*Chehalem Swim Team's Mission: Provide a safe, healthy, and positive environment where our athletes can develop the character traits, technical skills, and intense desire necessary for them to reach and maximize their full athletic potential.*



## Agenda

- Welcome – Board Overview Tina
  - Open positions, Nominations..
- Action Items Review Tina
- Treasurer Report Lucinda
- Head Coach Report Lalanya
- Athlete Reps Report Byron/Robert



## Some changes to the Parent Board

- Tina Urback - President thru 2023
- Cathleen Long – Secretary thru 2022
- Lucinda Pannell – Treasurer thru 2022
- Gayle Bizeau – At Large thru 2023
- Gary Till – At Large thru 2023
- Patricia Dwyer – At Large thru 2022, Sponsorship Coordinator
- Jeff Boerio - Past President
- Byron Long and Robert Till - Athlete Representatives
- Vacant – At Large thru 2022,
  - **Nominate Shelly Hochstetler**
- Vacant - Meet Director



### Action Items

- Arena Contract - Signed
- Cap Order – Submitted
- Update Wilsonville Orthodontics Logo – Derek
- Order Repair/Spare Cords for Touchpads – Derek
- USA Swimming Memberships for the Board – Patricia, Gayle

The Board has several actions and initiatives that we are working through with the objective to solidify the team and provide a stable and rewarding experience for swimmers and their families. We are working diligently to put building blocks in place for a growing team while continuing to navigate everchanging COVID limitations.



### Treasurer's Report

Bank Balance 06.10.21	\$42,724.38
Deposits Outstanding	\$ 670.00
Checks Outstanding	(\$ 4,502.93)
Obligations-CPRD Pool Rent	(\$ 3,900.00)
Obligations-Swim Caps	(\$ 1,095.00)
Adjusted Balance 06.10.21	\$33,896.45



### **General Coach's Report**

- Home meet June 20th
- Investigating the possibility of getting parents in to see practices
- Summer schedule starts the week of June 20th. New progression tracks for 11-14 squads:
  - 11-12 Entry--->11-12 Dev--->11-12 DII--->11-12 Performance
  - 13-14 Entry--->13-14 Dev--->13-14 Performance
- Next Tryouts – June 21<sup>st</sup>
- Progress Reports for 11-14 Squads will go out by June 26
- CST will take a break from the pool August 15<sup>th</sup> (Date of return TBD)



### **Senior Coach Report – Quentin**

- 11-14 Performance II (3 Swimmers)
- Senior (13 swimmers training w/club, 5 NHS only)
- HS Rec and Masters (2 swimmers)
- June 20<sup>th</sup> these swimmers will move to Coach Erin

### **Highlights**

- Winding down of the High School Season
- Adding Practices starting June 21 including morning sessions
- Working towards a timed 3000 event
- Currently 7 swimmers individually qualified for State, Possibly several more after this weekend



### **Age Group Coach – Lalanya (Head Coach)**

- 11-14 Performance (10 swimmers)
- 13-14 DII: (8 swimmers)
- 11-12 DII: (4 swimmers)
- 11-14 DI (8 swimmers) Lead Erin
- 11-14 Entry: (8 swimmers) Lead Krista

### **Highlights**

- 11-14 Performance swimmers attending the June 20<sup>th</sup> meet will be entered to swim the 500
- Increasing water time for the 13-14 DII group
- Moving swimmers up in Several groups
- Several swimmers participated in their first meet (Lia Geronimo Astacio, Samantha Budd, and Emma Norman)



### **Novice Coach – Erin and Assistant Coach Krista**

- 10 & Under Performance (8 swimmers)
- 10 & Under Development (10 swimmers) Lead Lalanya – Moving to Erin June 20<sup>th</sup>
- Precompetitive (10 swimmers) Lead Krista

### **Highlights**

- Added 3 new memberships to the 10&U this month
- Held 2 new parent meetings
- State – one qualifier, working towards a relay team, several swimmers tracking B times



### **Athlete Representative Report**

Byron – “I was able to attend the most recent CST meet, and most all of my teammates seemed quite happy to be there, compete, and hang out, despite how well they did or did not do.”

To position for Fall, we will be looking to elect Athlete representatives.

Senior rep (senior or junior in HS)

Junior rep (sophomore or freshman in HS).



### **Q & A**