

2021 Comfort Suites Corvallis – Oregon Senior Open

Friday-Sunday, December 3 - December 5, 2021

Held under the sanction/approval of USA Swimming, Inc.

Approval #'s: 21-XXX, 21-XXX (Time Trials)

In applying for this approval/sanction, the Corvallis Aquatic Team agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Oregon Swimming, the State of Oregon, and the City of Corvallis.

In granting this approval, it is understood and agreed that USA Swimming, Oregon Swimming, and Corvallis Aquatic Team shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

COVID-19:

Masks are required to be properly worn, completely covering nose and mouth, by everyone within the facility regardless of vaccination status at all times when not actively swimming. We have taken enhanced health and safety measures for the protection of all visitors to the Osborn Aquatic Center. All posted, written, and other instructions must be followed while visiting the facility.

At the discretion of the Meet Referee, Meet Director, and the facility, COVID-19 restrictions may be adjusted to align with state, county, local, and facility requirements. Teams will be notified before the meet of any changes.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND OREGON SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

Format: Prelim/Finals meet open to athletes with Oregon 14-year-old A times.

Host: Corvallis Aquatic Team

Location: Osborn Aquatic Center; 1940 NW Highland Dr., Corvallis, Oregon 97330
(541) 766-7946

Eligibility: USA Swimming athletes must have current USA Swimming registrations. NO ON-DECK REGISTRATION SHALL BE PERMITTED. Coaches must display current credentials, including concussion training.



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- Entry Deadlines:** Entry acceptance period begins at noon on Friday, October 29, 2021. Early entries will not be accepted! Team Manager event file will be available on CAT website www.corvallisaquaticteam.org by October 14, 2021. Final entry deadline is 5:00 PM, Thursday, November 18, 2021. Entries will be accepted in the order received until the meet is full.
- Event/Meet Limit:** Three (3) events per day, seven (7) events total per meet. Entries may be cut off subject to Meet Director/Meet Referee decision. Teams will be entered on a first-come, first-served basis.
- Entry Fees:** \$17 per swimmer (\$12 facility use fee, \$3 OSI surcharge, \$2 electronic heat sheet charge)
\$4.50 per individual event
\$12 per relay event
Entry fees must be received before the start of the meet. Please send one check per team.
Make checks payable to: **CORVALLIS AQUATIC TEAM.**
- Entry Address:** c/o Jennifer Graham, 1310 NW 10th St., Corvallis, OR 97330
Please email the entry file to: meetdirector@corvallisaquaticteam.org
- Entries:** Submit **yard times** only for seeding. Athletes must meet time standards. Non-substantiated times or substandard times may be scratched without notification or refund. Send entries using Hy-Tek format via email. With submission of entries, USA Swimming coaches/team representatives attest that all athletes entered are registered with USA Swimming.
- Time Trials:** Time permitting, time trials will be offered on Saturday (following the conclusion of prelims) and on Sunday (following the conclusion of finals), for individual and relay events up to 800 yards, with the session subject to a 45 minute time limit per day. Time trials shall count toward the three (3) individual event entry limit per day, but not toward the seven (7) individual event limit per meet. To be eligible to compete in time trials, an athlete must be entered in an individual event in the meet. Entries are accepted at Clerk of Course between 10am-12pm (Saturday) and 10am-2pm (Sunday). Athletes are responsible for providing their own timers (and counters, as applicable). Individual entry fee: \$5.00. Relay entry fee: \$10.00.
- Awards:** Individual: \$5 gift cards awarded for top 10 overall points for boys & girls.
- Scoring:** Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
- Check-in Rules:** All individual and relay events shall be deck seeded.
- INDIVIDUAL EVENTS:** Coaches are responsible for positive check-in of athletes for all events for the duration of the meet by 8:00am on Friday. Additional scratches or changes for the Saturday and Sunday preliminary sessions, not reported by the original Friday deadline, are due by 8:00am on the morning of respective competition.
- Athletes will be allowed to withdraw from preliminary events with a declared false start, without additional penalty, after the check-in deadline.



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An athlete qualifying for a C, B, or A finals race, based upon the results of the preliminaries, shall notify the Clerk of Course within thirty (30) minutes after the announcement of the qualifiers for that race that they may not intend to compete and further declare their final intentions within thirty (30) minutes following their last individual preliminary event. **In addition, and as a courtesy, if an athlete will not be swimming in finals, no matter what their placing, meet management asks for the athlete to scratch from finals with Clerk of Course. This will assist in seeding for finals.**

RELAY EVENTS: Coaches are responsible for the positive check-in of relays by 8:00am on the respective day swum. If relays do not check in, they will not be seeded into the event.

Penalties:

PRELIMINARY EVENTS: Any athlete who fails to report to or compete in an individual preliminary event for which he/she was positively checked-in shall be barred from his/her next preliminary individual event (that day's session or the next day's preliminary session).

FINAL EVENTS: Any athlete who fails to report to or compete in an individual final event for which he/she previously qualified, shall be removed from the rest of the meet, including relay events and all of the other events for which the athlete may have previously qualified.

RELAY EVENTS: Any relay team entered in a relay event that fails to compete in that event shall not be penalized.

Preliminary Seeding: All events will be deck seeded. All events except for #11 & #12 (1000 Free), #23 & #24 (400 IM) and #29 & #30 (500 Free) will be swum slowest to fastest with the final three heats of each event circle seeded.

The fastest 8 seeds of events #11 and #12 (1000 Free) will be swum at the start of finals with the remaining heats in preliminaries, fast to slow, alternating girls and boys. A combined girls/boys heat may be swum at discretion of meet management.

Preliminaries of the 400 IM and 500 Free will be swum as follows: 1. Fastest three heats of girls circle seeded; 2. Fastest three heats of boys circle seeded; 3. Remaining heats fastest to slowest, alternating girls and boys. A combined girls/boys heat may be swum at discretion of meet management.

Meetings:

Officials' meeting will be held one hour prior to the start of prelims and finals. Coaches' meeting will be held 15 minutes prior to the start of prelims.

Facility:

Competition Pool: Eight lanes, 7-ft, 25-yd lanes, 30-in. tilted blocks. Depth: 6 ft. at start end to 13 ft. The competition course has not been certified in accordance with 104.2.2 C(4).

Warm-up Pool:

Shallow end of 8 lane, 50 meter pool (east of bulkhead) and 6 lane, 25 meter outdoor pool will be open for continuous warm-up/cool-down.

Seating:

Air-conditioned, sound insulated, balcony seating for 270; plus deck seating on north and



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east sides of the pool. Athletes, coaches, and authorized meet personnel only are allowed in the marked competition area on the south and west sides of the pool. Balcony, deck, and locker rooms should be accessed through the facility lobby, with meet participants and spectators entering and exiting through the facility main doors.

- Timing:** Daktronics timing system, horn start, and finish touch pads. Results via electronic scoreboard. Names will appear as received in meet entries.
- Pool Hours:** The facility will be open from 7:00 AM until 30 minutes following the conclusion of the meet each day.
- Meet Referee:** Sheila Lovell-Otterstrum Email: swimflygo@gmail.com
Admin Official: Christy Coy Email: christy@coypont.net
Meet Director: Jenny Graham Email: meetdirector@corvallisaquaticteam.org
- Officials:** We always appreciate the help of certified officials from other clubs. If you will be attending, please notify Sheila at swimflygo@gmail.com. Uniform is white over black, long trousers/slacks or skirts for Finals. Hospitality will be provided for coaches and officials.
- Rules:** Current USA Swimming and Oregon Swimming Inc., rules will govern this meet.
- Safety:** Current Oregon Swimming Safety Guidelines and warm-up procedures will be in effect and strictly enforced.
Any USA Swimming athlete entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.
- Restrictions:** Masks must be worn properly, completely covering nose and mouth, by everyone 5 and over within the facility at all times. Tobacco products of any kind, alcohol beverages and glass containers are not allowed in the swimming venue. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changing is prohibited. Photography is not allowed behind the blocks during the start of a race or relay exchange. Operations of a drone, or any other flying apparatus, are prohibited over the venue (pool, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Timers:** Each team will be given lane-timing assignments. Sign-ups will be available behind the competition area. Those athletes traveling with their teams and the few adult spectators are encouraged to assist with finals timing if not competing.
- Concessions:** Snacks including bagels, energy bars, etc. and drinks sold throughout the meet.
- Camping:** NO OVERNIGHT CAMPING. Multiple parking lots, shared with adjacent schools, are available for RVs for day use only. Camping is available at Benton County Fairgrounds (541) 757-1521, and KOA Campground off Hwy. 34 (541) 967-8521.



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Warm-Ups:

Day	Session	Warm Up Time	Competition	Check in by
Friday	Prelims	7:30 - 8:45 AM	9:00 AM	8:00 AM Fri
Saturday	Prelims	7:30 - 8:45 AM	9:00 AM	8:00 AM Fri (Additional scratches 8:00 AM Saturday)
Friday-Saturday	Finals	5:00 PM	6:00 PM	N/A
Sunday	Prelims	7:30 - 8:45 AM	9:00 AM	8:00 AM Fri (Additional scratches 8:00 AM Sunday)
Sunday	Finals	2:00 PM	3:00 PM	N/A

Warm-ups and competition times for Fri/Sat/Sun Finals subject to change depending on entries.
Any changes will be posted on the CAT website prior to the meet. www.corvallisquaticteam.org



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Order of Events

FRIDAY AM - DECEMBER 3, 2021

Warm Up: 7:30 AM Prelims: 9:00 AM

Girls	SCYA	Event	SCYA	Boys
1	2:33.89	Open 200 Fly	2:29.49	2
3	1:15.89	Open 100 Breast	1:11.09	4
5	58.59	Open 100 Free	54.89	6
7	2:25.09	Open 200 IM	2:18.09	8
9	4:29.99	Open 400 Medley Relay	4:22.19	10
11	12:06.59	Open 1000 Free (a)	11:40.89	12

(a) Note: Events #11-12 will be timed final events, deck seeded. The fastest 8 seeds in each event will be swum at the start of finals on Friday. The remaining heats will be swum during prelims, fastest to slowest, alternating girls and boys. A combined girls/boys heat may be swum at discretion of meet management. Athletes in the 1000 must provide their own timers and a counter.

SATURDAY AM – DECEMBER 4, 2021

Warm Up: 7:30 AM Prelims: 9:00 AM

Girls	SCYA	Event	SCYA	Boys
13	2:23.09	Open 200 Back	2:20.09	14
15	1:06.39	Open 100 Fly	1:02.19	16
17	2:47.29	Open 200 Breast	2:36.29	18
19	2:07.89	Open 200 Free	1:59.79	20
21	3:59.49	Open 400 Free Relay	3:50.79	22
23	5:15.29	Open 400 IM (b)	4:53.79	24

(b) Events #23-24 will be swum as follows: 1. Fastest three heats of girls circle seeded; 2. Fastest three heats of boys circle seeded; 3. Remaining heats fastest to slowest, alternating girls and boys. A combined girls/boys heat may be swum at discretion of meet management.

SUNDAY AM - DECEMBER 5, 2021

Warm Up: 7:30 AM Competition: 9:00 AM

Girls	SCYA	Event	SCYA	Boys
25	1:05.99	Open 100 Back	1:03.69	26
27	26.79	Open 50 Free	25.19	28
29	5:50.99	Open 500 Free (c)	5:35.39	30

(c) Events #29-30 will be swum as follows: 1. Fastest three heats of girls circle seeded; 2. Fastest three heats of boys circle seeded; 3. Remaining heats fastest to slowest, alternating girls and boys. A combined girls/boys heat may be swum at discretion of meet management.



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Appendix A Corvallis Aquatic Team Return to Competition Plan

Local/State Protocols & Requirements

- All individuals ages 5 and above, regardless of vaccination status, must wear face coverings when in indoor public settings and in outdoor public settings where a physical distance of six feet cannot be maintained.

Osborn Aquatic Center (OAC) Additional Guidelines and Restrictions:

- Masking is required of all people age 5 and above regardless of vaccination status and social distancing inside and outside while at the facility
- All portions of the facility will be available for use: locker rooms, restrooms, water bottle filling stations, water fountains.
- There is no limit on the number of people allowed to gather at this time

Corvallis Aquatic Team (CAT)– COVID-19 Meet Procedures:

- **All swimmers, coaches, officials, and volunteers must:**
 - o Not enter the facility prior to the reported time for their session and exit the facility promptly at the completion of their session's competition.
 - o Agree to comply with the state of Oregon and OAC guidelines regarding face coverings, physical distancing, etc.
 - o Follow all verbal and posted instructions from meet personnel and OAC employees regarding ingress and egress from the facility, competition staging, physical distancing, face coverings, etc.

Any person who refuses to comply with any of the above will be asked to leave the facility immediately.

- **Additional Information:**

- o Food and Drink:
 - Hospitality for coaches and officials will be provided
 - Concessions (prepackaged snacks and drinks) will be available
- o Volunteers will be limited to:
 - USA Swimming certified officials (see below)
 - Timers (see below) (16)
 - Other volunteers serving in multiple roles
 - Meet director
 - Head timer
 - Meet marshals
 - Announcer
 - Concessions and Hospitality
 - Trash Monitors
 - Clerk of Course



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- o Parents and guardians will be given equal opportunity to sign up, first come first serve, to fill timing and other volunteer positions for the meet. All parents and guardians who are certified USA Swimming officials are highly encouraged to officiate so that other families have the opportunity to volunteer in other positions.

- o Lane timing:
 - Lane timers will work in pairs
 - Lane timer sign up sheets will be available at the clerk of course table
 - Timers may be asked to serve as deck marshals during warm-ups of their session.
 - Timers will each operate a stopwatch at the start and finish of each race, and a timing system button at the finish of each race.

- o All other instructions or guidelines for officials not covered in this document will be provided by the meet referee.

- o For sessions which include only events 400 and longer, swimmers will be expected to arrive at the facility no more than 30 minutes before their competition time and leave no more than 30 minutes following the completion of their race.

- o Warm-up Procedures:
 - Each session/flight will have its own designated warm-up time prior to the session/flight competition. The length of warm-ups will be dependent on multiple factors including number of entries in the meet and time and age of swimmers in the flight.
 - Changes to the warm-up schedule, times, and lane assignments may be made at the discretion of the meet referee.
 - Swimmers will be assigned to warm-up pools and lanes and should follow all directions by CAT staff and volunteers regarding entering and exiting the pool and lane use while swimming
 - Time permitting, racing starts will be permitted during warm-ups.
 - The meet referee will advise the announcer when to open lanes for starts.
 - Racing starts will be restricted to lanes 1 and 8. All swimmers must swim the length of the pool and exit the pool at the bulkhead following their start.

