

2023 Northwest Region Age Group Championships - 3/16/2023 to 3/19/2023**Weyerhaeuser King County Aquatic Center, Sanction #: 2303-NWAG****Hosted by Olympic Cascade Aquatics****Session Report**

Session: 1B Thursday Timed Finals -- Boys

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	2 Boys 12 & Under 500 Freestyle	15	2 u	05:00 PM	_____
Finals	4 Boys 13-18 500 Freestyle	51	7 u	05:13 PM	_____
	Break: 10 Minutes:				
Finals	6 Boys 11-12 400 Freestyle Relay	10	2 u	06:03 PM	_____
Finals	8 Boys 13-14 400 Freestyle Relay	18	3 u	06:12 PM	_____
Finals	10 Boys 15-18 400 Freestyle Relay	12	2 u	06:24 PM	_____
	Swimmers Counts for Warm-ups: 145	=====	=====		
	Entry / Heat Totals:	106	16		
	Finish Time			06:32 PM	_____

Session: 1G Thursday Timed Finals -- Girls

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 12 & Under 500 Freestyle	22	3 u	05:00 PM	_____
Finals	3 Girls 13-18 500 Freestyle	60	8 u	05:21 PM	_____
	Break: 10 Minutes:				
Finals	5 Girls 11-12 400 Freestyle Relay	9	2 u	06:19 PM	_____
Finals	7 Girls 13-14 400 Freestyle Relay	15	2 u	06:28 PM	_____
Finals	9 Girls 15-18 400 Freestyle Relay	11	2 u	06:36 PM	_____
	Swimmers Counts for Warm-ups: 166	=====	=====		
	Entry / Heat Totals:	117	17		
	Finish Time			06:45 PM	_____

2023 Northwest Region Age Group Championships - 3/16/2023 to 3/19/2023**Weyerhaeuser King County Aquatic Center, Sanction #: 2303-NWAG****Hosted by Olympic Cascade Aquatics****Session Report**

Session: 2B Friday Prelims -- Boys

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	12 Boys 10 & Under 100 Backstroke	13	2 u	09:00 AM	_____
Prelims	14 Boys 11 Year Olds 100 Backstroke	14	2 u	09:05 AM	_____
Prelims	16 Boys 12 Year Olds 100 Backstroke	15	2 u	09:09 AM	_____
Prelims	18 Boys 13 Year Olds 100 Backstroke	24	3 u	09:13 AM	_____
Prelims	20 Boys 14 Year Olds 100 Backstroke	27	4 u	09:18 AM	_____
Prelims	22 Boys 15-18 100 Backstroke	19	3 u	09:26 AM	_____
Prelims	24 Boys 11-12 200 Butterfly	7	1 u	09:31 AM	_____
Prelims	26 Boys 13 Year Olds 200 Butterfly	14	2 u	09:34 AM	_____
Prelims	28 Boys 14 Year Olds 200 Butterfly	19	3 u	09:40 AM	_____
Prelims	30 Boys 15-18 200 Butterfly	11	2 u	09:48 AM	_____
Finals	32 Boys 10 & Under 50 Freestyle	13	2 u	09:53 AM	_____
Prelims	34 Boys 11 Year Olds 50 Freestyle	15	2 u	09:55 AM	_____
Prelims	36 Boys 12 Year Olds 50 Freestyle	19	3 u	09:57 AM	_____
Prelims	38 Boys 13 Year Olds 50 Freestyle	41	6 u	10:00 AM	_____
Prelims	40 Boys 14 Year Olds 50 Freestyle	30	4 u	10:06 AM	_____
Prelims	42 Boys 15-18 50 Freestyle	33	5 u	10:09 AM	_____
Finals	44 Boys 10 & Under 100 Breaststroke	8	1 u	10:14 AM	_____
Prelims	46 Boys 11 Year Olds 100 Breaststroke	8	1 u	10:16 AM	_____
Prelims	48 Boys 12 Year Olds 100 Breaststroke	10	2 u	10:18 AM	_____
Prelims	50 Boys 13 Year Olds 100 Breaststroke	23	3 u	10:21 AM	_____
Prelims	52 Boys 14 Year Olds 100 Breaststroke	16	2 u	10:26 AM	_____
Prelims	54 Boys 15-18 100 Breaststroke	16	2 u	10:30 AM	_____
Finals	56 Boys 11-12 400 IM	6	1 u	10:33 AM	_____
Finals	58 Boys 13-18 400 IM	35	5 u	10:39 AM	_____
	Swimmers Counts for Warm-ups: 266	=====	=====		
	Entry / Heat Totals:	436	63		
	Finish Time			11:05 AM	_____

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Session: 2G Friday Prelims -- Girls

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	11 Girls 10 & Under 100 Backstroke	12	2 u	09:00 AM	_____
Prelims	13 Girls 11 Year Olds 100 Backstroke	10	2 u	09:05 AM	_____
Prelims	15 Girls 12 Year Olds 100 Backstroke	8	1 u	09:09 AM	_____
Prelims	17 Girls 13 Year Olds 100 Backstroke	21	3 u	09:11 AM	_____
Prelims	19 Girls 14 Year Olds 100 Backstroke	24	3 u	09:17 AM	_____
Prelims	21 Girls 15-18 100 Backstroke	28	4 u	09:22 AM	_____
Prelims	23 Girls 11-12 200 Butterfly	12	2 u	09:30 AM	_____
Prelims	25 Girls 13 Year Olds 200 Butterfly	9	2 u	09:36 AM	_____
Prelims	27 Girls 14 Year Olds 200 Butterfly	10	2 u	09:42 AM	_____
Prelims	29 Girls 15-18 200 Butterfly	11	2 u	09:48 AM	_____
Finals	31 Girls 10 & Under 50 Freestyle	12	2 u	09:54 AM	_____
Prelims	33 Girls 11 Year Olds 50 Freestyle	16	2 u	09:56 AM	_____
Prelims	35 Girls 12 Year Olds 50 Freestyle	11	2 u	09:58 AM	_____
Prelims	37 Girls 13 Year Olds 50 Freestyle	43	6 u	10:00 AM	_____
Prelims	39 Girls 14 Year Olds 50 Freestyle	37	5 u	10:05 AM	_____
Prelims	41 Girls 15-18 50 Freestyle	47	6 u	10:10 AM	_____
Finals	43 Girls 10 & Under 100 Breaststroke	10	2 u	10:16 AM	_____
Prelims	45 Girls 11 Year Olds 100 Breaststroke	10	2 u	10:19 AM	_____
Prelims	47 Girls 12 Year Olds 100 Breaststroke	7	1 u	10:23 AM	_____
Prelims	49 Girls 13 Year Olds 100 Breaststroke	18	3 u	10:25 AM	_____
Prelims	51 Girls 14 Year Olds 100 Breaststroke	11	2 u	10:30 AM	_____
Prelims	53 Girls 15-18 100 Breaststroke	22	3 u	10:34 AM	_____
Finals	55 Girls 11-12 400 IM	5	1 u	10:39 AM	_____
Finals	57 Girls 13-18 400 IM	38	5 u	10:45 AM	_____
	Swimmers Counts for Warm-ups: 276	=====	=====		
	Entry / Heat Totals:	432	65		
	Finish Time			11:13 AM	_____

2023 Northwest Region Age Group Championships - 3/16/2023 to 3/19/2023**Weyerhaeuser King County Aquatic Center, Sanction #: 2303-NWAG****Hosted by Olympic Cascade Aquatics****Session Report**

Session: 3 Friday Finals

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 90 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	13 Girls 11 Year Olds 100 Backstroke	8	1 u	05:00 PM	_____
Finals	14 Boys 11 Year Olds 100 Backstroke	8	1 u	05:03 PM	_____
Finals	15 Girls 12 Year Olds 100 Backstroke	8	1 u	05:06 PM	_____
Finals	16 Boys 12 Year Olds 100 Backstroke	8	1 u	05:09 PM	_____
Finals	17 Girls 13 Year Olds 100 Backstroke	8	1 u	05:12 PM	_____
Finals	18 Boys 13 Year Olds 100 Backstroke	8	1 u	05:15 PM	_____
Finals	19 Girls 14 Year Olds 100 Backstroke	8	1 u	05:18 PM	_____
Finals	20 Boys 14 Year Olds 100 Backstroke	8	1 u	05:21 PM	_____
Finals	21 Girls 15-18 100 Backstroke	8	1 u	05:23 PM	_____
Finals	22 Boys 15-18 100 Backstroke	8	1 u	05:26 PM	_____
Finals	23 Girls 11-12 200 Butterfly	8	1 u	05:29 PM	_____
Finals	24 Boys 11-12 200 Butterfly	7	1 u	05:33 PM	_____
Finals	25 Girls 13 Year Olds 200 Butterfly	8	1 u	05:37 PM	_____
Finals	26 Boys 13 Year Olds 200 Butterfly	8	1 u	05:41 PM	_____
Finals	27 Girls 14 Year Olds 200 Butterfly	8	1 u	05:45 PM	_____
Finals	28 Boys 14 Year Olds 200 Butterfly	8	1 u	05:48 PM	_____
Finals	29 Girls 15-18 200 Butterfly	8	1 u	05:52 PM	_____
Finals	30 Boys 15-18 200 Butterfly	8	1 u	05:56 PM	_____
Finals	33 Girls 11 Year Olds 50 Freestyle	8	1 u	05:59 PM	_____
Finals	34 Boys 11 Year Olds 50 Freestyle	8	1 u	06:01 PM	_____
Finals	35 Girls 12 Year Olds 50 Freestyle	8	1 u	06:03 PM	_____
Finals	36 Boys 12 Year Olds 50 Freestyle	8	1 u	06:05 PM	_____
Finals	37 Girls 13 Year Olds 50 Freestyle	8	1 u	06:07 PM	_____
Finals	38 Boys 13 Year Olds 50 Freestyle	8	1 u	06:09 PM	_____
Finals	39 Girls 14 Year Olds 50 Freestyle	8	1 u	06:11 PM	_____
Finals	40 Boys 14 Year Olds 50 Freestyle	8	1 u	06:13 PM	_____
Finals	41 Girls 15-18 50 Freestyle	8	1 u	06:14 PM	_____
Finals	42 Boys 15-18 50 Freestyle	8	1 u	06:16 PM	_____
Finals	45 Girls 11 Year Olds 100 Breaststroke	8	1 u	06:18 PM	_____
Finals	46 Boys 11 Year Olds 100 Breaststroke	8	1 u	06:21 PM	_____
Finals	47 Girls 12 Year Olds 100 Breaststroke	7	1 u	06:24 PM	_____
Finals	48 Boys 12 Year Olds 100 Breaststroke	8	1 u	06:27 PM	_____
Finals	49 Girls 13 Year Olds 100 Breaststroke	8	1 u	06:29 PM	_____
Finals	50 Boys 13 Year Olds 100 Breaststroke	8	1 u	06:32 PM	_____
Finals	51 Girls 14 Year Olds 100 Breaststroke	8	1 u	06:35 PM	_____
Finals	52 Boys 14 Year Olds 100 Breaststroke	8	1 u	06:37 PM	_____
Finals	53 Girls 15-18 100 Breaststroke	8	1 u	06:40 PM	_____
Finals	54 Boys 15-18 100 Breaststroke	8	1 u	06:42 PM	_____
	Break: 5 Minutes:				
Finals	59 Girls 11-12 200 Medley Relay	9	2 u	06:50 PM	_____
Finals	60 Boys 11-12 200 Medley Relay	10	2 u	06:58 PM	_____
Finals	61 Girls 13-14 200 Medley Relay	18	3 u	07:05 PM	_____

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Session: 3 Friday Finals

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 90 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	62 Boys 13-14 200 Medley Relay	18	3 u	07:17 PM	_____
Finals	63 Girls 15-18 200 Medley Relay	12	2 u	07:28 PM	_____
Finals	64 Boys 15-18 200 Medley Relay	14	2 u	07:35 PM	_____
	Swimmers Counts for Warm-ups: 398	=====	=====		
	Entry / Heat Totals:	383	52		
	Finish Time			07:43 PM	_____

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Session: 4B Saturday Prelims -- Boys

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	66 Boys 10 & Under 200 Medley Relay	5	1 u	09:00 AM	_____
Finals	68 Boys 11-12 400 Medley Relay	10	2 u	09:04 AM	_____
Finals	70 Boys 13-14 400 Medley Relay	18	3 u	09:15 AM	_____
Finals	72 Boys 15-18 400 Medley Relay	13	2 u	09:29 AM	_____
	Break: 5 Minutes:				
Finals	74 Boys 10 & Under 50 Butterfly	15	2 u	09:43 AM	_____
Prelims	76 Boys 11 Year Olds 50 Butterfly	10	2 u	09:45 AM	_____
Prelims	78 Boys 12 Year Olds 50 Butterfly	13	2 u	09:47 AM	_____
Prelims	80 Boys 11-12 200 Breaststroke	9	2 u	09:50 AM	_____
Prelims	82 Boys 13 Year Olds 200 Breaststroke	19	3 u	09:56 AM	_____
Prelims	84 Boys 14 Year Olds 200 Breaststroke	17	3 u	10:05 AM	_____
Prelims	86 Boys 15-18 200 Breaststroke	11	2 u	10:14 AM	_____
Finals	88 Boys 10 & Under 50 Backstroke	15	2 u	10:20 AM	_____
Prelims	90 Boys 11 Year Olds 50 Backstroke	13	2 u	10:23 AM	_____
Prelims	92 Boys 12 Year Olds 50 Backstroke	13	2 u	10:26 AM	_____
Finals	94 Boys 10 & Under 100 Freestyle	19	3 u	10:29 AM	_____
Prelims	96 Boys 11 Year Olds 100 Freestyle	18	3 u	10:34 AM	_____
Prelims	98 Boys 12 Year Olds 100 Freestyle	18	3 u	10:38 AM	_____
Prelims	100 Boys 13 Year Olds 100 Freestyle	46	6 u	10:43 AM	_____
Prelims	102 Boys 14 Year Olds 100 Freestyle	49	7 u	10:51 AM	_____
Prelims	104 Boys 15-18 100 Freestyle	39	5 u	11:01 AM	_____
Finals	106 Boys 10 & Under 200 IM	7	1 u	11:08 AM	_____
Prelims	108 Boys 11 Year Olds 200 IM	6	1 u	11:11 AM	_____
Prelims	110 Boys 12 Year Olds 200 IM	6	1 u	11:14 AM	_____
Prelims	112 Boys 13 Year Olds 200 IM	25	4 u	11:17 AM	_____
Prelims	114 Boys 14 Year Olds 200 IM	31	4 u	11:29 AM	_____
Prelims	116 Boys 15-18 200 IM	13	2 u	11:39 AM	_____
	Break: 5 Minutes:				
Finals	118 Boys 10 & Under 200 Freestyle Relay	5	1 u	11:50 AM	_____
	Swimmers Counts for Warm-ups: 311	=====	=====		
	Entry / Heat Totals:	463	71		
	Finish Time			11:52 AM	_____

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Session: 4G Saturday Prelims -- Girls

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	65 Girls 10 & Under 200 Medley Relay	10	2 u	09:00 AM	_____
Finals	67 Girls 11-12 400 Medley Relay	8	1 u	09:07 AM	_____
Finals	69 Girls 13-14 400 Medley Relay	15	2 u	09:12 AM	_____
Finals	71 Girls 15-18 400 Medley Relay	11	2 u	09:22 AM	_____
	Break: 5 Minutes:				
Finals	73 Girls 10 & Under 50 Butterfly	14	2 u	09:37 AM	_____
Prelims	75 Girls 11 Year Olds 50 Butterfly	16	2 u	09:40 AM	_____
Prelims	77 Girls 12 Year Olds 50 Butterfly	12	2 u	09:42 AM	_____
Prelims	79 Girls 11-12 200 Breaststroke	7	1 u	09:44 AM	_____
Prelims	81 Girls 13 Year Olds 200 Breaststroke	16	2 u	09:47 AM	_____
Prelims	83 Girls 14 Year Olds 200 Breaststroke	10	2 u	09:54 AM	_____
Prelims	85 Girls 15-18 200 Breaststroke	18	3 u	10:00 AM	_____
Finals	87 Girls 10 & Under 50 Backstroke	11	2 u	10:09 AM	_____
Prelims	89 Girls 11 Year Olds 50 Backstroke	10	2 u	10:12 AM	_____
Prelims	91 Girls 12 Year Olds 50 Backstroke	4	1 u	10:15 AM	_____
Finals	93 Girls 10 & Under 100 Freestyle	11	2 u	10:16 AM	_____
Prelims	95 Girls 11 Year Olds 100 Freestyle	17	3 u	10:20 AM	_____
Prelims	97 Girls 12 Year Olds 100 Freestyle	14	2 u	10:24 AM	_____
Prelims	99 Girls 13 Year Olds 100 Freestyle	45	6 u	10:27 AM	_____
Prelims	101 Girls 14 Year Olds 100 Freestyle	37	5 u	10:36 AM	_____
Prelims	103 Girls 15-18 100 Freestyle	57	8 u	10:44 AM	_____
Finals	105 Girls 10 & Under 200 IM	12	2 u	10:55 AM	_____
Prelims	107 Girls 11 Year Olds 200 IM	8	1 u	11:02 AM	_____
Prelims	109 Girls 12 Year Olds 200 IM	10	2 u	11:05 AM	_____
Prelims	111 Girls 13 Year Olds 200 IM	24	3 u	11:11 AM	_____
Prelims	113 Girls 14 Year Olds 200 IM	22	3 u	11:20 AM	_____
Prelims	115 Girls 15-18 200 IM	23	3 u	11:28 AM	_____
	Break: 5 Minutes:				
Finals	117 Girls 10 & Under 200 Freestyle Relay	9	2 u	11:42 AM	_____
	Swimmers Counts for Warm-ups: 331	=====	=====		
	Entry / Heat Totals:	451	68		
	Finish Time			11:47 AM	_____

2023 Northwest Region Age Group Championships - 3/16/2023 to 3/19/2023**Weyerhaeuser King County Aquatic Center, Sanction #: 2303-NWAG****Hosted by Olympic Cascade Aquatics****Session Report**

Session: 5 Saturday Finals

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 90 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	75 Girls 11 Year Olds 50 Butterfly	8	1 u	05:00 PM	_____
Finals	76 Boys 11 Year Olds 50 Butterfly	8	1 u	05:02 PM	_____
Finals	77 Girls 12 Year Olds 50 Butterfly	8	1 u	05:04 PM	_____
Finals	78 Boys 12 Year Olds 50 Butterfly	8	1 u	05:06 PM	_____
Finals	79 Girls 11-12 200 Breaststroke	7	1 u	05:08 PM	_____
Finals	80 Boys 11-12 200 Breaststroke	8	1 u	05:13 PM	_____
Finals	81 Girls 13 Year Olds 200 Breaststroke	8	1 u	05:17 PM	_____
Finals	82 Boys 13 Year Olds 200 Breaststroke	8	1 u	05:21 PM	_____
Finals	83 Girls 14 Year Olds 200 Breaststroke	8	1 u	05:25 PM	_____
Finals	84 Boys 14 Year Olds 200 Breaststroke	8	1 u	05:29 PM	_____
Finals	85 Girls 15-18 200 Breaststroke	8	1 u	05:33 PM	_____
Finals	86 Boys 15-18 200 Breaststroke	8	1 u	05:37 PM	_____
Finals	89 Girls 11 Year Olds 50 Backstroke	8	1 u	05:40 PM	_____
Finals	90 Boys 11 Year Olds 50 Backstroke	8	1 u	05:43 PM	_____
Finals	91 Girls 12 Year Olds 50 Backstroke	4	1 u	05:45 PM	_____
Finals	92 Boys 12 Year Olds 50 Backstroke	8	1 u	05:47 PM	_____
Finals	95 Girls 11 Year Olds 100 Freestyle	8	1 u	05:50 PM	_____
Finals	96 Boys 11 Year Olds 100 Freestyle	8	1 u	05:52 PM	_____
Finals	97 Girls 12 Year Olds 100 Freestyle	8	1 u	05:55 PM	_____
Finals	98 Boys 12 Year Olds 100 Freestyle	8	1 u	05:57 PM	_____
Finals	99 Girls 13 Year Olds 100 Freestyle	8	1 u	06:00 PM	_____
Finals	100 Boys 13 Year Olds 100 Freestyle	8	1 u	06:02 PM	_____
Finals	101 Girls 14 Year Olds 100 Freestyle	8	1 u	06:04 PM	_____
Finals	102 Boys 14 Year Olds 100 Freestyle	8	1 u	06:07 PM	_____
Finals	103 Girls 15-18 100 Freestyle	8	1 u	06:09 PM	_____
Finals	104 Boys 15-18 100 Freestyle	8	1 u	06:12 PM	_____
Finals	107 Girls 11 Year Olds 200 IM	8	1 u	06:14 PM	_____
Finals	108 Boys 11 Year Olds 200 IM	6	1 u	06:18 PM	_____
Finals	109 Girls 12 Year Olds 200 IM	8	1 u	06:22 PM	_____
Finals	110 Boys 12 Year Olds 200 IM	6	1 u	06:26 PM	_____
Finals	111 Girls 13 Year Olds 200 IM	8	1 u	06:30 PM	_____
Finals	112 Boys 13 Year Olds 200 IM	8	1 u	06:33 PM	_____
Finals	113 Girls 14 Year Olds 200 IM	8	1 u	06:37 PM	_____
Finals	114 Boys 14 Year Olds 200 IM	8	1 u	06:41 PM	_____
Finals	115 Girls 15-18 200 IM	8	1 u	06:44 PM	_____
Finals	116 Boys 15-18 200 IM	8	1 u	06:48 PM	_____
Break: 5 Minutes:					
Finals	119 Girls 11-12 200 Freestyle Relay	12	2 u	06:57 PM	_____
Finals	120 Boys 11-12 200 Freestyle Relay	11	2 u	07:03 PM	_____
Finals	121 Girls 13-14 200 Freestyle Relay	21	3 u	07:10 PM	_____
Finals	122 Boys 13-14 200 Freestyle Relay	18	3 u	07:20 PM	_____
Finals	123 Girls 15-18 200 Freestyle Relay	12	2 u	07:29 PM	_____

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Session: 5 Saturday Finals

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 90 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	124 Boys 15-18 200 Freestyle Relay	14	2 u	07:36 PM	_____
	Swimmers Counts for Warm-ups: 394	=====	=====		
	Entry / Heat Totals:	367	50		
	Finish Time			07:42 PM	_____

Session: 6B Sunday Prelims -- Boys

Day of Meet: 4 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	126 Boys 10 & Under 50 Breaststroke	11	2 u	09:00 AM	_____
Prelims	128 Boys 11 Year Olds 50 Breaststroke	10	2 u	09:03 AM	_____
Prelims	130 Boys 12 Year Olds 50 Breaststroke	6	1 u	09:05 AM	_____
Prelims	132 Boys 11-12 200 Backstroke	14	2 u	09:06 AM	_____
Prelims	134 Boys 13 Year Olds 200 Backstroke	17	3 u	09:13 AM	_____
Prelims	136 Boys 14 Year Olds 200 Backstroke	26	4 u	09:22 AM	_____
Prelims	138 Boys 15-18 200 Backstroke	9	2 u	09:34 AM	_____
Finals	140 Boys 10 & Under 100 Butterfly	10	2 u	09:40 AM	_____
Prelims	142 Boys 11 Year Olds 100 Butterfly	13	2 u	09:44 AM	_____
Prelims	144 Boys 12 Year Olds 100 Butterfly	4	1 u	09:47 AM	_____
Prelims	146 Boys 13 Year Olds 100 Butterfly	22	3 u	09:49 AM	_____
Prelims	148 Boys 14 Year Olds 100 Butterfly	32	4 u	09:54 AM	_____
Prelims	150 Boys 15-18 100 Butterfly	21	3 u	10:00 AM	_____
Finals	152 Boys 10 & Under 200 Freestyle	9	2 u	10:04 AM	_____
Prelims	154 Boys 11 Year Olds 200 Freestyle	10	2 u	10:10 AM	_____
Prelims	156 Boys 12 Year Olds 200 Freestyle	9	2 u	10:16 AM	_____
Prelims	158 Boys 13 Year Olds 200 Freestyle	34	5 u	10:21 AM	_____
Prelims	160 Boys 14 Year Olds 200 Freestyle	33	5 u	10:34 AM	_____
Prelims	162 Boys 15-18 200 Freestyle	23	3 u	10:46 AM	_____
Finals	164 Boys 10 & Under 100 IM	11	2 u	10:53 AM	_____
Prelims	166 Boys 11 Year Olds 100 IM	12	2 u	10:57 AM	_____
Prelims	168 Boys 12 Year Olds 100 IM	11	2 u	11:01 AM	_____
Finals	170 Boys 11-18 1650 Freestyle	40	5 u	11:04 AM	_____
	Swimmers Counts for Warm-ups: 248	=====	=====		
	Entry / Heat Totals:	387	61		
	Finish Time			12:40 PM	_____

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Session: 6G Sunday Prelims -- Girls

Day of Meet: 4 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	125 Girls 10 & Under 50 Breaststroke	11	2 u	09:00 AM	_____
Prelims	127 Girls 11 Year Olds 50 Breaststroke	11	2 u	09:03 AM	_____
Prelims	129 Girls 12 Year Olds 50 Breaststroke	8	1 u	09:05 AM	_____
Prelims	131 Girls 11-12 200 Backstroke	10	2 u	09:06 AM	_____
Prelims	133 Girls 13 Year Olds 200 Backstroke	14	2 u	09:13 AM	_____
Prelims	135 Girls 14 Year Olds 200 Backstroke	20	3 u	09:20 AM	_____
Prelims	137 Girls 15-18 200 Backstroke	11	2 u	09:29 AM	_____
Finals	139 Girls 10 & Under 100 Butterfly	11	2 u	09:35 AM	_____
Prelims	141 Girls 11 Year Olds 100 Butterfly	12	2 u	09:39 AM	_____
Prelims	143 Girls 12 Year Olds 100 Butterfly	11	2 u	09:42 AM	_____
Prelims	145 Girls 13 Year Olds 100 Butterfly	17	3 u	09:45 AM	_____
Prelims	147 Girls 14 Year Olds 100 Butterfly	18	3 u	09:50 AM	_____
Prelims	149 Girls 15-18 100 Butterfly	23	3 u	09:55 AM	_____
Finals	151 Girls 10 & Under 200 Freestyle	12	2 u	09:59 AM	_____
Prelims	153 Girls 11 Year Olds 200 Freestyle	12	2 u	10:05 AM	_____
Prelims	155 Girls 12 Year Olds 200 Freestyle	12	2 u	10:11 AM	_____
Prelims	157 Girls 13 Year Olds 200 Freestyle	26	4 u	10:16 AM	_____
Prelims	159 Girls 14 Year Olds 200 Freestyle	29	4 u	10:27 AM	_____
Prelims	161 Girls 15-18 200 Freestyle	32	4 u	10:37 AM	_____
Finals	163 Girls 10 & Under 100 IM	15	2 u	10:48 AM	_____
Prelims	165 Girls 11 Year Olds 100 IM	14	2 u	10:51 AM	_____
Prelims	167 Girls 12 Year Olds 100 IM	17	3 u	10:55 AM	_____
Finals	169 Girls 11-18 1650 Freestyle	42	6 u	11:00 AM	_____
	Swimmers Counts for Warm-ups: 249	=====	=====		
	Entry / Heat Totals:	388	60		
	Finish Time			12:59 PM	_____

2023 Northwest Region Age Group Championships - 3/16/2023 to 3/19/2023**Weyerhaeuser King County Aquatic Center, Sanction #: 2303-NWAG****Hosted by Olympic Cascade Aquatics****Session Report**

Session: 7 Sunday Finals

Day of Meet: 4 Starts at 05:00 PM Heat Interval: 90 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	127 Girls 11 Year Olds 50 Breaststroke	8	1 u	05:00 PM	_____
Finals	128 Boys 11 Year Olds 50 Breaststroke	8	1 u	05:03 PM	_____
Finals	129 Girls 12 Year Olds 50 Breaststroke	8	1 u	05:05 PM	_____
Finals	130 Boys 12 Year Olds 50 Breaststroke	6	1 u	05:07 PM	_____
Finals	131 Girls 11-12 200 Backstroke	8	1 u	05:09 PM	_____
Finals	132 Boys 11-12 200 Backstroke	8	1 u	05:13 PM	_____
Finals	133 Girls 13 Year Olds 200 Backstroke	8	1 u	05:17 PM	_____
Finals	134 Boys 13 Year Olds 200 Backstroke	8	1 u	05:21 PM	_____
Finals	135 Girls 14 Year Olds 200 Backstroke	8	1 u	05:25 PM	_____
Finals	136 Boys 14 Year Olds 200 Backstroke	8	1 u	05:29 PM	_____
Finals	137 Girls 15-18 200 Backstroke	8	1 u	05:33 PM	_____
Finals	138 Boys 15-18 200 Backstroke	8	1 u	05:37 PM	_____
Finals	141 Girls 11 Year Olds 100 Butterfly	8	1 u	05:41 PM	_____
Finals	142 Boys 11 Year Olds 100 Butterfly	8	1 u	05:44 PM	_____
Finals	143 Girls 12 Year Olds 100 Butterfly	8	1 u	05:46 PM	_____
Finals	144 Boys 12 Year Olds 100 Butterfly	4	1 u	05:49 PM	_____
Finals	145 Girls 13 Year Olds 100 Butterfly	8	1 u	05:51 PM	_____
Finals	146 Boys 13 Year Olds 100 Butterfly	8	1 u	05:54 PM	_____
Finals	147 Girls 14 Year Olds 100 Butterfly	8	1 u	05:56 PM	_____
Finals	148 Boys 14 Year Olds 100 Butterfly	8	1 u	05:59 PM	_____
Finals	149 Girls 15-18 100 Butterfly	8	1 u	06:01 PM	_____
Finals	150 Boys 15-18 100 Butterfly	8	1 u	06:04 PM	_____
Finals	153 Girls 11 Year Olds 200 Freestyle	8	1 u	06:06 PM	_____
Finals	154 Boys 11 Year Olds 200 Freestyle	8	1 u	06:10 PM	_____
Finals	155 Girls 12 Year Olds 200 Freestyle	8	1 u	06:13 PM	_____
Finals	156 Boys 12 Year Olds 200 Freestyle	8	1 u	06:17 PM	_____
Finals	157 Girls 13 Year Olds 200 Freestyle	8	1 u	06:21 PM	_____
Finals	158 Boys 13 Year Olds 200 Freestyle	8	1 u	06:24 PM	_____
Finals	159 Girls 14 Year Olds 200 Freestyle	8	1 u	06:28 PM	_____
Finals	160 Boys 14 Year Olds 200 Freestyle	8	1 u	06:31 PM	_____
Finals	161 Girls 15-18 200 Freestyle	8	1 u	06:34 PM	_____
Finals	162 Boys 15-18 200 Freestyle	8	1 u	06:38 PM	_____
Finals	165 Girls 11 Year Olds 100 IM	8	1 u	06:41 PM	_____
Finals	166 Boys 11 Year Olds 100 IM	8	1 u	06:44 PM	_____
Finals	167 Girls 12 Year Olds 100 IM	8	1 u	06:46 PM	_____
Finals	168 Boys 12 Year Olds 100 IM	8	1 u	06:49 PM	_____
	Swimmers Counts for Warm-ups: 214	====	====		
	Entry / Heat Totals:	282	36		
	Finish Time			06:52 PM	_____