**CST Harvest Invitational**

**October 22 and 23 , 2021**

**HELD UNDER THE SANCTION OF USA SWIMMING**

**Sanction #Pending** In granting this sanction, it is understood and agreed that USA Swimming, OSI, and CST shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. In applying for this sanctioned event, the Host, CST agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, OSI, the State of OREGON and Yamhill County.

CST has implemented enhanced health and safety measures – for participants and attendees. At all times you must follow the local government protocols and facility requirements; these will also be posted on premises. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating and/or attending, you voluntarily assume all risks related to exposure to COVID-19. **\*Anyone not adhering to the guidelines set forth will be asked to leave, no exceptions\***

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

***BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.***

**Host:** Chehalem Swim Team

#### Location: Chehalem Aquatic Center

1802 Haworth Ave

Newberg, OR 97132

**Eligibility:** Swimmers MUST be currently registered with USA Swimming. NO ON DECK REGISTRATION SHALL BE PERMITTED.

**Entry Deadline:** Entry opens September 25, 2021 at noon and must be received by noon October 7, 2021.

**Entry Limit:** Athletes are limited to 2 events on Friday, and 3 events on Saturday, plus one relay

**Entry Fee:** $15/swimmer surcharge ($3 OSI fee, $12 facility fee)

$4.00 per individual event

$12.00 per relay event

Please make checks payable to Chehalem Swim Team.

An electronic heat sheet will be made available by 10/22/2021. Paper copies will be available at the event for coaches and officials ONLY.

**Entries:** 1.Submit yard times for seeding.

2. E-mail entries to Derek Miller [drmiller71a@hotmail.com](mailto:drmiller71a@hotmail.com) in a Hy-Tek formatted zip file, along with a PDF of your entries.

3. With submission of entries the coach/team representative attests that all swimmers entered are registered with USA Swimming and OSI.

4. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water.

5. Meet is pre-seeded, and NO deck entries will be allowed.

**No Coach Present:** Only athletes attached to invited teams are permitted to participate.

**Facility:** Indoor, 8 lane 25 yard competition stretch pool with a movable bulkhead, non turbulent lane lines, and level gutters. All events will have a starting depth of 6’7'' and a turn end depth of 6’7”ft. A Daktronics timing system, with pads at the block end of the pool and horn starter, is used for the primary timing system, with **two** manual buttons for the secondary and **two** watches for the tertiary. Adaptive access is by ladders at both ends of the pool. The competition course has not been certified in accordance with 104.2.2C(4). Warm up area behind the bulkhead will be available to swimmers at the discretion of the meet referee. Diving and backstroke starts are not permitted in the stretch lanes.

Effort will be made to broadcast live results/viewing if possible. [www.facebook.com/chehalemswimteam/live](http://www.facebook.com/chehalemswimteam/live)

Concessions will be available.

Facility is accessible to adaptive athletes.

**Restrictions:** TOBACCO PRODUCTS OF ANY KIND, ALCOHOLIC BEVERAGES AND GLASS CONTAINERS ARE NOT ALLOWED IN THE SWIMMING VENUE. NO SHAVING PERMITTED IN THE SWIMMING VENUE. Use of audio or visual recording devices, including a cell phone, is not allowed behind the blocks. Operations of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**Rules:** Current USA Swimming and Oregon Swimming, Inc. rules will govern this meet.

**Format:** This is a timed final, combined gender meet. Mixed events will be swam together but scored and awarded per gender. The 1000 will be swum according to entries from fast to slow. Girls and boys will be seeded together but scored separately. Each swimmer in the 1000 free must provide their own timers (2) and counter.

**Time Schedule:** Times shown below are estimates: Warm up will begin 15 min after the end of the previous session and finals will begin one hour after the start of warm up. Once all entries are finalized, an accurate session timeline will be emailed to all coaches.

Friday **Warm-up starts @ 5:00 pm**– Timed finals begin @ 6:00 pm

Saturday Session 1 (10 & under): **Warm-up starts @ 8:00 am** – Timed finals begin @ 9:00 am

Saturday Session 2 (11 to 14): **Warm-up starts 15 min after the morning session** (1hr.)

Timed finals will begin immediately following the one hour warm up session.

Saturday Session 3 (Open) **Warm-up starts 15 min after the noon session** (1hr.)

Timed finals will begin immediately following the one hour warm up session.

**MAAPP:** All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

**Tech Suits:** No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.

**Safety:** Current Oregon Swimming Safety Guidelines and Warm-up Procedures will be in effect and strictly enforced. Warm up times will be announced when all entries are confirmed.

Masks are required to be worn by all while in the facility, unless warming up, cooling down, or actively competing. Swimmers will be given an opportunity to remove their masks before their race.

Locker-rooms will be available for athlete use only. Adults are asked to use the restrooms in the lobby of the main facility.

**Bull Pen:** All swimmers will be staged in heats on the south side of the facility prior to their event.

**Awards:** Ribbons will be awarded for 1st-6th places for 12 and under age groups

**Meetings:** Coaches, Officials, and a volunteer meeting will be held on the morning of the meet. If you are interested in officiating please contact Derek Miller [drmiller71a@hotmail.com](mailto:drmiller71a@hotmail.com)

Officials meeting 30 minutes prior to the start of the session at the discretion of the meet referee

Coaches meeting 15 minutes prior to the start of the session at the discretion of the meet referee

**Co- Meet Referee:** Sheila Lovell-Otterstrom [swimflygo@gmail.com](mailto:swimflygo@gmail.com), Mark Rieniets [rieniets@gmail.com](mailto:rieniets@gmail.com)

**Admin Referee:** Derek Miller [drmiller71a@hotmail.com](mailto:drmiller71a@hotmail.com)

**Meet Director:** Derek Miller [drmiller71a@hotmail.com](mailto:drmiller71a@hotmail.com)

**Timers/Marshalls:** Four safety marshals and two lifeguards will be posted for the duration of warm up.

Two timers will be assigned per lane. Each team will be assigned lanes for timing if needed.

**Order of Events:**

| **Session 1: Friday Evening** | | **Session 2: Saturday Morning** | | **Session 3: Saturday Noon** | | **Session 4: Saturday Afternoon** | |
| --- | --- | --- | --- | --- | --- | --- | --- |
| 11 & Over Mixed | 200 IM | 10 & U Mixed | 200 free relay | 11-12 Mixed | 200 free relay | Open Mixed | 200 free relay |
| 11 & Over Mixed | 200 fly | 9-10 Mixed | 100 IM | 13-14 Mixed | 200 free relay | Open Mixed | 100 fly |
| 11 & Over Mixed | 400 IM | 8 & U Mixed | 25 free | 11-14 Mixed | 200 free | Open Mixed | 200 back |
| 11 & Over Mixed | 1000 free | 9-10 Mixed | 50 free | 11-14 Mixed | 50 fly | Open Mixed | 100 breast |
|  |  | 8 & U Mixed | 25 breast | 11-14 Mixed | 100 back | Open Mixed | 200 free |
|  |  | 9-10 Mixed | 50 breast | 11-14 Mixed | 50 breast | Open Mixed | 200 breast |
|  |  | 8 & U Mixed | 25 back | 11-14 Mixed | 100 free | Open Mixed | 50 free |
|  |  | 9-10 Mixed | 50 back | 11-14 Mixed | 100 fly | Open Mixed | 500 free |
|  |  | 8 & U Mixed | 25 fly | 11-14 Mixed | 50 back | Open Mixed | 100 back |
|  |  | 9-10 Mixed | 50 fly | 11-14 Mixed | 100 breast | Open Mixed | 100 free |
|  |  | 9-10 Mixed | 100 free | 11-14 Mixed | 50 free |  |  |

**Return to Competition Plan**

**Local & State Protocols and Requirements**

The meet will be held at Chehalem Swim Pool which is an indoor facility. CST is currently practicing at this facility and has been adhering to local government protocols and facility requirements during their practice. All coaches are required to attest athletes competing have completed their club health screening questionnaire and are clear before entering the facility. All Officials/Volunteers must also complete the club health questionnaire before entering the facility.

**Spectator Seating**

Only athletes/coaches/officials/volunteers will be offered seating in the facility. Spectators are required to stay outside during the meet while their athlete is not swimming and only enter the building during the heat before their swimmer’s race for transitional seating. Once the swimmer has completed their race, spectators are asked to promptly exit the facility. **No permanent spectator seating indoors.** Masks are required to be worn by everyone in the facility at all times.

**Athlete Seating**

Teams will be assigned seating either in the bleachers or on the deck in the recreation pool building. Masks are required at all times when swimmers are on deck unless they are behind the block preparing to swim, or finishing a race.

**Upon Arrival**

All coaches, officials and volunteers must complete a previously distributed Covid health questionnaire provided by their club. There will be a volunteer check-in station outside the NE Entrance doors for officials, volunteers and coaches to check in. All volunteers must also attest that they have read and agreed to the MAAPP policy.

**Concessions:**

Limited Concessions will be available to swimmer’s and spectators in the front small classroom.

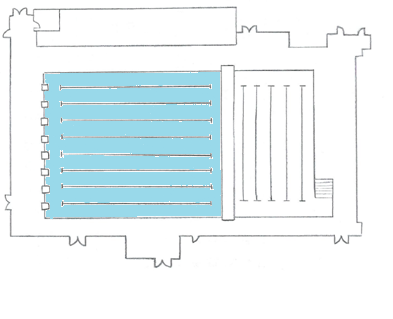
Coaches and officials: Limited hospitality will be available in the front large classroom.

**Warm up/warm down**

Each team will warm up in lanes assigned by the meet host. Both the Competition pool and stretch pool will be available for warm up. Swimmer’s will return to their designated seating area in the bleachers, rec pool deck, or outdoors upon completion of warm up. The Stretch pool will be available to swimmers during sessions 1, 3 & 4 for warm up/cool down.

**Competition traffic flow**

Athletes will be staged up to 2 heats ahead on the south side of the facility. They will be directed to the blocks by a staging volunteer when the previous heat is finished. Warm up and cool down will be available during the meet in the stretch pool for 12 & Over athletes ONLY at the discretion of the meet referee.

NW Entrance and Parking Lot NE Swimmer Entrance & vol. check in

Inside Staging along SW wall Officials Tent

**Parking**

Participants are only to use the North side parking lot and Haworth Street. Please no parking in the residential neighborhood. No car traffic is permitted in the SE culdesac.

**Park area**

Families are allowed to set up chairs/blankets in the grassy park area on the East side of the facility.

Event progress will be announced outside of the NW doors for swimmer’s and families convenience.

**Bathroom Usage**

Bathrooms are located by the NE entrance doors off deck. They will be open for athletes only and will be monitored by a safety marshall from the deck to ensure no adults are using the restroom with minors.