

## Five Seasons April/May Schedule 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>GOLD</b>	Swim: 6:15-7:45	DL: 5:30-6 Swim: 6-7:30	OFF	DL: 6-6:30 Swim: 6:30-8	Swim: 6:15-7:45	@Keating
<b>SILVER</b>	DL: 5:30-6 Swim: 6-7:15	Swim: 5:30-6:45	DL: 5:45-6:15 Swim: 6:15-7:30	Swim: 5:45-7	OFF	@Keating
<b>BRONZE</b>	DL: 5:30- 5:45  Swim: 5:45-6:45	OFF	DL: 5:30-5:45  Swim: 5:45-6:45	OFF	Swim: 5:30-6:30	@Keating