

**Spring Keating Practice Schedule - Beginning Mon Apr 6**

<b>Group</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>National</b>	Sw 3:45-5:45pm DL 5:45-6:45pm	Sw 3:45-5:45pm	Sw 3:45-5:45pm DL 5:45-6:45pm	Sw 3:45-5:45pm	Sw 3:45-5:45pm	Sw 7:00-9:00am DL 9-10:00am
<b>National Prep</b>	Sw 3:45-5:45pm DL 5:45-6:45pm	Sw 3:45-5:45pm	Sw 3:45-5:45pm DL 5:45-6:45pm	Sw 3:45-5:45pm	Sw 3:45-5:45pm	Sw 7:00-9:00am DL 9-10:00am
<b>Blue 1</b>	Sw 3:45-5:45pm	Sw 3:45-5:45pm DL 5:45-6:45pm	Sw 3:45-5:45pm	Sw 3:45-5:45pm DL 5:45-6:45pm	Sw 3:45-5:45pm	Sw 7:00-9:00am DL 9-10:00am
<b>Blue 2</b>	Sw 5:45-7:45pm	Sw 5:45-7:30pm DL 5:00-5:45pm	Sw 5:45-7:45pm	Sw 5:45-7:30pm DL 5:00-5:45pm	Sw 5:45-7:45pm	DL 8:15-9:00am Sw 9:-10:45am
<b>HS Post Season</b>	Sw 3:45-5:15pm	OFF	Sw 3:45-5:15pm	OFF	Sw 3:45-5:15pm	Sw 7:00-8:30am
<b>Red 1</b>	Sw 5:45-7:30pm	DL 5:00-5:45pm Sw 5:45-7:30pm	Sw 5:45-7:30pm	DL 5:00-5:45pm Sw 5:45-7:30pm	OFF	DL 8:15-9:00am Sw 9-10:45am
<b>Red 2</b>	Sw 5:45-7:15pm	DL 5:15-5:45pm Sw 5:45-7:15pm	Sw 5:45-7:15pm	DL 5:15-5:45pm Sw 5:45-7:15pm	OFF	DL 8:30-9:00am Sw 9-10:30am
<b>Red 3</b>	DL 5:30-5:45pm Sw 5:45-7:00pm	DL 5:30-5:45pm Sw 5:45-7:00pm	OFF	DL 5:30-5:45pm Sw 5:45-7:00pm	OFF	DL 10:15-10:30a Sw 10:30-11:45a
<b>Red 4</b>	DL 5:30-5:45pm Sw 5:45-6:45pm	DL 5:30-5:45pm Sw 5:45-6:45pm	OFF	DL 5:30-5:45pm Sw 5:45-6:45pm	OFF	OFF

**Summer Keating Practice Schedule - Beginning Mon June 1**

<b>Group</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>National</b>	Sw 6:30-8:30a DL 8:30-9:30a & Sw 4-5:30p	Sw 6:30-8:30a DL 8:30-9:30a	Sw 6:30-8:30a & Sw 4-5:30p	Sw 6:30-8:30a DL 8:30-9:30a	Sw 6:30-8:30a & Sw 4-5:30p	Sw 7-9am DL 9-10a
<b>National Prep</b>	Sw 6:30-8:30a DL 8:30-9:30a & Sw 4-5:30p	Sw 6:30-8:30a DL 8:30-9:30a	Sw 6:30-8:30a & Sw 4-5:30p	Sw 6:30-8:30a DL 8:30-9:30a	Sw 6:30-8:30a	Sw 7-9am DL 9-10a
<b>Blue 1</b>	Sw 7-9a DL 9-10a & Sw 4-5:30p	Sw 7-9a DL 9-10a	Sw 7-9a & Sw 4-5:30p	Sw 7-9a DL 9-10a	Sw 7-9a	Sw 7-9a DL 9-10a
<b>Blue 2</b>	Sw 9-11a	Sw 9-10:45a DL 10:45-11:30a	Sw 9-11a	Sw 9-10:45a DL 10:45-11:30a	Sw 9-11a	Sw 9-10:45a DL 10:45-11:30a
<b>Red 1</b>	Sw 9-10:45a	Sw 9-10:45a DL 10:45-11:30a	Sw 9-10:45a	Sw 9-10:45a DL 10:45-11:30a	OFF	Sw 9-10:45a DL 10:45-11:30a
<b>Red 2</b>	Sw 9-10:30a	Sw 9-10:30a DL 10:30-11:00a	Sw 9-10:30a	Sw 9-10:30am DL 10:30-11:00a	OFF	DL 10:15-10:45a Sw 10:45-12:15p
<b>Red 3</b>	Sw 10:30-11:45a	DL 10:15-10:30a Sw 10:30-11:45a	OFF	DL 10:15-10:30a Sw 10:30-11:45	OFF	DL 10:30-10:45a Sw 10:45a-12p
<b>Red 4</b>	Sw	DL	OFF	DL	OFF	DL 10:30-10:45a

	10:30-11:30a	10:15-10:30a Sw 10:30-11:30a		10:15-10:30a Sw 10:30-11:30		Sw 10:45a-12p
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