

2016 Summer CFY Swimming Practice Schedule - Fairborn Site

May Schedule - May 9 - May 26

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Silver/Gold							
Water Time	4:00-5:45 pm	4:00-5:25 pm	4:00-5:45 pm	4:30-5:45 pm		7:30-9:00 am**	
Dryland		5:25-5:55 pm		5:25-5:55 pm		7:15-7:30am**	
White Group	4:00-5:00 pm	4:00-5:25 pm 5:25-5:55 pm	4:00-5:00 pm	4:00-5:25 pm 5:25-5:55 pm		10:00-11:30 am** 9:45-10:00 am**	
Green Group	4:30-5:30 pm		4:30-5:30 pm			10:00-11:30am**	
Dryland	4:15-4:15 pm		4:15-4:30 pm			9:45-10:00 am**	
Maroon Group		4:00-5:00 pm		4:00-5:00 pm		11:30-12:30am	
		5:00-5:15 pm		5:00-5:15 pm		11:15-11:30 am	

June & July Schedule - June 1st through July 7th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Silver/Gold							
Water Time	4:15-5:50 pm	4:15-5:25 pm	4:15-5:45 pm	4:15-5:25 pm	8:30-10:00 am**		
Dryland	4:00-4:15 pm	5:25-5:55 pm	4:00-4:15 pm	5:25-5:55 pm	8:15-8:30 am**		
White Group	4:15-5:15 pm 4:00-4:15 pm	4:15-5:25 pm 5:25-5:55 pm	4:15-5:15 pm 4:00-4:15 pm	4:15-5:25 pm 5:25-5:55 pm	8:30-10:00 am ** 8:15-8:30 am **		
Green Group	4:15-5:15 pm		4:15-5:15 pm		8:30-9:30 am **		
Dryland	4:00-4:15 pm		4:00-4:15 pm		8:15-8:30 am **		
Maroon Group		4:15-5:00 pm		4:15-5:00 pm	9:00-10:00 am **		
		4:00-4:15 pm		4:00-4:15 pm			

Practice begins on Monday, May 9th for Gold/Silver, White, and Green. Practice will begin on Tuesday May 10th for Maroon.

** Friday morning practice will be held at the Franklin Pool