

2022 Comfort Suites Corvallis – CAT Short Course Open

Friday-Sunday, January 7-9, 2022

Held under the sanction of USA Swimming, Inc.

Sanction No: 22-XXX (12 & Under); 22-XXX (Open, 13 & Over)

COVID-19: Masks are required to be properly worn, completely covering nose and mouth, by everyone within the facility regardless of vaccination status at all times when not actively swimming. We have taken enhanced health and safety measures for the protection of all visitors to the Osborn Aquatic Center. All posted, written, and other instructions must be followed while visiting the facility.

At the discretion of the Meet Referee, Meet Director, and the facility, COVID-19 restrictions may be adjusted to align with state, county, local, and facility requirements. Teams will be notified before the meet of any changes.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND OREGON SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

Host: Corvallis Aquatic Team

Location: Osborn Aquatic Center; 1940 NW Highland Dr. Corvallis, Oregon 97330
(541) 766-7946

Eligibility: Swimmers must be currently registered with USA Swimming or applicable FINA registration. No on-deck registration shall be permitted. Swimmers must be within the listed age brackets as of January 7, 2022.

Entry Deadlines: Entry acceptance period begins at noon on Monday, December 13, 2021. NO EARLIER PLEASE- early entries will not be accepted! Team Manager event file will be available on the



2022 Comfort Suites Corvallis – CAT Short Course Open

CAT website and emailed to OSI club head coaches by Tuesday, November 30, 2021. Final entry deadline is noon, Wednesday, December 29, 2021.

Event Limit: 1 event Friday; 3 individual events per day and 1 relay event per day Saturday and Sunday.

Meet Limit: 4-hour limit for 12-Under sessions. Meet referee and meet director discretion used for 13-Over sessions. Teams are accepted on a first-come basis.

Entry Fees: \$17.00 per swimmer (\$3 OSI surcharge; \$14 facility use fee)
\$4.50 per individual event, \$12.00 per relay
Make checks payable to: **CORVALLIS AQUATIC TEAM**

Payment Address: CAT SC Open Meet Entries; c/o Jenny Graham, 1310 NW 10th St., Corvallis, OR 97330

Entries: Submit **YARD TIMES** only for seeding. Swimmers must meet time standards for 13&O events – no-times or substandard times will not be accepted. Send entries via email to meetdirector@corvallisquaticteam.org using Hy-Tek Format.

With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming, Inc.

Awards: Individual: 1st - 16th ribbons for 12 & under session; \$5 gift cards to top 5 point scores for boys and girls 13-14 and 15 & over

Relay: 1st - 8th ribbons for 12 & under session only

High Point: Embroidered towel for top point score for boys and girls 8 & under and 9-10.
\$25 Swim Outlet gift certificate for top point score for boys and girls 11-12, 13-14, and 15 & over.

The age groups of any events that the referee combines will be scored separately. 11-14 events will not be scored for 11-12. Awards must be picked up at the end of the Sunday PM session; they will not be mailed after meet.

Scoring: Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Relay: 40-34-32-30-28-26-24-22

Check-in and Scratch Rules:

All events swum during the Saturday AM and Sunday AM sessions, with the exceptions of events #57 & #58 (11-12 500 freestyle), will be pre-seeded. Events #57, #58, and all events swum during the Friday, Saturday PM, and Sunday PM sessions will be deck-seeded.

A. Deck-Seeded Events

- Coaches are responsible for providing a positive check-in** 45 minutes prior to start of the meet on Friday, Saturday, and Sunday PM; and by 10 AM on Sunday for events #57 & #58.



2022 Comfort Suites Corvallis – CAT Short Course Open

2. After the heats have been seeded, any swimmer who fails to compete in an individual event in which such swimmer had previously provided a positive check-in, will be barred from his or her next individual event, either that day or the next day. S/he will be permitted to participate in relay events of that day.
3. There is no penalty for missing a pre-seeded event or relay.
4. Heat sheets will be published following the positive check-in deadline.

B. *Exceptions for failure to compete* - No penalty shall apply for failure to withdraw or compete in an individual event if:

1. The swimmer declares a false start with the referee prior to the start of the heat in which they do not compete.

- Meetings:** Officials' meeting will be held approximately 60 minutes prior to the start of the meet. Coaches' meeting will be held 15 minutes prior to the start of the meet.
- Facility:** Competition Pool – Eight lanes, 7-ft, 25-yd lanes, 30-in. tilted blocks. Depth: 6 to 13 ft. The competition course has not been certified in accordance with 104.2.2 C(4).
- Warm-up Pool:** Shallow end east of bulkhead, 3 1/2 ft. to 6 ft., open for continuous warm-up/cool-down.
- Seating:** Air-conditioned, sound-insulated, balcony seating for 270. **ONLY SWIMMERS, COACHES, OFFICIALS, AND MEET VOLUNTEERS ARE ALLOWED IN THE COMPETITION AREA OF THE POOL.** Balcony, deck, and locker rooms should be accessed through the facility lobby, with meet participants and spectators entering and exiting through the facility main doors.
- Bull Pen:** A bullpen will be provided for all 8 & under swimmers. All other swimmers shall report directly to their assigned lanes.
- Timing:** Daktronics timing system, horn start, and finish touch pads. Results via electronic scoreboard. Names will appear as received in meet entries.
- Pool Hours:** Pool will be open on Friday from 2:30 PM until 30 minutes after the conclusion of the meet, and on Saturday and Sunday from 7:00 AM until 30 minutes after the conclusion of the meet.
- Meet Referee:** Jacki Allender email: jacki.allender@gmail.com
Admin Official: Pat Allender email: patrick.allender@gmail.com
Meet Director: Jenny Graham email: meetdirector@corvallisquaticteam.org
- Officials:** Oregon Swimming requires teams to notify the meet director/referee of the officials from your team that will be attending the meet. Teams please send one confirming email listing officials names with available sessions to jacki.allender@gmail.com. Hospitality will be provided for coaches and officials. Attire for officials will be white over black with black shoes.



2022 Comfort Suites Corvallis – CAT Short Course Open

- Rules:** Current USA Swimming and Oregon Swimming Inc., rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet.
- Safety:** Current Oregon Swimming Safety Guidelines and warm-up procedures will be in effect. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. Over swimmer (flyover) starts will be used. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. No parents or non-competing children are allowed in the competition area (swimmers, timers, officials and coaches only). It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
- Restrictions:** Masks must be worn properly, completely covering nose and mouth, by everyone 5 and over within the facility at all times. Tobacco products of any kind, alcohol beverages and glass containers are not allowed in the swimming venue. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changing is prohibited. Photography is not allowed behind the blocks during the start of a race or relay exchange. Operations of a drone, or any other flying apparatus, are prohibited over the venue (pool, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Timers:** Each team will be given lane-timing assignments. Sign-ups will be at Clerk of Course.
- Concessions:** Snacks and drinks will be available throughout the meet.
- Camping:** NO OVERNIGHT CAMPING. Multiple parking lots, shared with adjacent school, are available for RVs for day use only. There are no outside toilet facilities. Camping is available at Benton County Fairgrounds, (541) 757-1521, and KOA Campground off Hwy. 34, (541) 967-8521.



2022 Comfort Suites Corvallis – CAT Short Course Open

Warm Up, Finals, and Check-In Times

Day	Group	Warm Up Time	Finals Begin	Check in by
Friday	12 & Over	3:00 PM - 3:45 PM	4:00 PM	3:15 PM
Saturday	12 & Under	7:30 AM - 8:15 AM	8:30 AM	N/A
Saturday	13 & Over	TBA – no earlier than 12:00 PM	TBA – no earlier than 1:15 PM	45 minutes prior to start of meet
Sunday	12 & Under	7:30 AM - 8:15 AM	8:30 AM	10:00 AM*
Sunday	13 & Over	TBA – no earlier than 12:00 PM	TBA – no earlier than 1:15 PM	45 minutes prior to start of meet

*Check in required only for events 57 & 58 (11-12 500 Free).

Order of Events

FRIDAY SESSION JANUARY 7, 2022

Warm Up: 3:00 PM Timed Finals: 4:00 PM

Event	Qualifying Time	Event	Qualifying Time	Event
1	11-13 – 23:02.59 14 – 22:17.19	11-14 1650 Free *	11-13 – 22:48.99 14 – 21:34.32	2
1	21:06.39	15-O 1650 Free *	19:37.39	2

*Note: The 1650 will be deck-seeded swum fast to slow alternating girls and boys heats. It may also be limited to 8 total heats with entries accepted in the order they were submitted. Swimmers in the 1650 must provide their own timers (2) and a counter. Coaches are responsible to educate team members on deck-seeding protocol.



2022 Comfort Suites Corvallis – CAT Short Course Open

SATURDAY AM - 12 & UNDER SESSION JANUARY 8, 2022

Warm Up: 7:30 AM Timed Finals: 8:30 AM

Girls	Event	Boys
3	9-10 200 Free	4
3	11-12 200 Free	4
5	8-U 100 Medley Relay	6
7	12-U 200 Medley Relay	8
9	8-U 100 IM	10
11	9-10 100 IM	12
11	11-12 100 IM	12
13	8-U 50 Back	14
15	9-10 50 Back	16
15	11-12 50 Back	16
17	11-12 200 Fly	18
19	8-U 25 Free	20
21	10-U 100 Free	22
21	11-12 100 Free	22
23	8-U 50 Fly	24
25	9-10 50 Fly	26
25	11-12 50 Fly	26
27	11-12 200 Back	28
29	8-U 25 Breast	30
31	9-10 100 Breast	32
31	11-12 100 Breast	32



2022 Comfort Suites Corvallis – CAT Short Course Open

SUNDAY AM - 12 & UNDER SESSION

JANUARY 9, 2022

Warm Up: 7:30 AM

Timed Finals: 8:30 AM

Girls	Event	Boys
33	9-10 200 IM	34
33	11-12 200 IM	34
35	8-U 100 Free Relay	36
37	12-U 200 Free Relay	38
39	8-U 25 Back	40
41	9-10 100 Back	42
41	11-12 100 Back	42
43	8-U 50 Free	44
45	9-10 50 Free	46
45	11-12 50 Free	46
47	11-12 200 Breast	48
49	8-U 25 Fly	50
51	9-10 100 Fly	52
51	11-12 100 Fly	52
53	8-U 50 Breast	54
55	9-10 50 Breast	56
55	11-12 50 Breast	56
57	*10-12 500 Free	58

* Check in required for events 57 & 58 (10-12 500 Free).



2022 Comfort Suites Corvallis – CAT Short Course Open

Note: PM events are all deck seeded with positive check-in required NO LATER THAN 45 minutes prior to start of meet. Coaches are responsible to educate team members on deck seeding protocol.

SATURDAY PM - 13 AND OVER SESSION JANUARY 8, 2022

Warm Up: TBA – no earlier than 12:00 pm Timed Finals: TBA – no earlier than 1:15 pm

Girls	Qualifying Time	Event	Qualifying Time	Boys
59	11-13 - 5:51.79 14 - 5:46.29	11-14 400 IM	11-13 – 5:49.49 14 - 5:22.79	60
59	5:35.29	15-O 400 IM	5:04.49	60
61	N/A	13-O 400 Medley Relay	N/A	62
63	13 – 1:05.59 14 - 1:04.39	13-14 100 Free	13 – 1:03.49 14 - 1:00.29	64
63	1:03.49	15-O 100 Free	57.39	64
65	13 – 3:04.29 14 - 3:03.79	13-14 200 Breast	13 – 3:03.79 14 - 2:51.69	66
65	2:56.69	15-O 200 Breast	2:47.29	66
67	13 – 1:15.69 14 - 1:12.99	13-14 100 Fly	13 – 1:13.89 14 - 1:08.39	68
67	1:10.09	15-O 100 Fly	1:03.39	68
69	13 – 2:23.49 14 - 2:20.59	13-14 200 Free	13 – 2:18.59 14 - 2:11.59	70
69	2:16.89	15-O 200 Free	2:05.49	70
71	13 – 1:14.69 14 - 1:12.49	13-14 100 Back	13 – 1:14.09 14 - 1:09.99	72
71	1:10.19	15-O 100 Back	1:05.29	72



2022 Comfort Suites Corvallis – CAT Short Course Open

SUNDAY PM - 13 AND OVER SESSION JANUARY 9, 2022

Warm Up: TBA – no earlier than 12:00 pm Timed Finals: TBA – no earlier than 1:15 pm

Girls	Qualifying Time	Event	Qualifying Time	Boys
73	13 – 2:40.19 14 – 2:37.19	13-14 200 Back	13 – 2:40.69 14 - 2:33.89	74
73	2:36.59	15-O 200 Back	2:24.79	74
75	N/A	13-O 400 Free Relay	N/A	76
77	13 – 2:43.39 14 - 2:39.59	13-14 200 IM	13 – 2:41.09 14 - 2:31.79	78
77	2:33.29	15-O 200 IM	2:20.09	78
79	13 – 30.29 14 - 29.49	13-14 50 Free	13 – 29.09 14 - 27.69	80
79	29.29	15-O 50 Free	26.29	80
81	13 – 2:55.19 14 - 2:49.09	13-14 200 Fly	13 – 3:04.89 14 - 2:44.19	82
81	2:50.19	15-O 200 Fly	2:29.09	82
83	13 – 1:25.79 14 - 1:23.49	13-14 100 Breast	13 – 1:23.19 14 - 1:18.09	84
83	1:22.59	15-O 100 Breast	1:14.09	84
85	13 – 6:28.59 14 - 6:26.09	13-14 500 Free	13 – 6:25.39 14 - 6:09.19	86
85	6:04.89	15-O 500 Free	5:39.79	86



2022 Comfort Suites Corvallis – CAT Short Course Open

Appendix A Corvallis Aquatic Team Return to Competition Plan

Local/State Protocols & Requirements

- All individuals ages 5 and above, regardless of vaccination status, must wear face coverings when in indoor public settings and in outdoor public settings where a physical distance of six feet cannot be maintained.

Osborn Aquatic Center (OAC) Additional Guidelines and Restrictions:

- Masking is required of all people age 5 and above regardless of vaccination status and social distancing inside and outside while at the facility
- All portions of the facility will be available for use: locker rooms, restrooms, water bottle filling stations, water fountains.
- There is no limit on the number of people allowed to gather at this time

Corvallis Aquatic Team (CAT)– COVID-19 Meet Procedures:

- **All swimmers, coaches, officials, and volunteers must:**
 - o Not enter the facility prior to the reported time for their session and exit the facility promptly at the completion of their session's competition.
 - o Agree to comply with the state of Oregon and OAC guidelines regarding face coverings, physical distancing, etc.
 - o Follow all verbal and posted instructions from meet personnel and OAC employees regarding ingress and egress from the facility, competition staging, physical distancing, face coverings, etc.

Any person who refuses to comply with any of the above will be asked to leave the facility immediately.

