

**Tualatin Hills Swim Club**



**Suit Policy  
2019-20 Season**



## Introduction

While we know swimming suits can be expensive, it is very important that each swimmer has a proper fitting suit. Proper fitting suits not only function better but they also last longer. Please replace suits that become worn or stretched out.

“Tech Suits” are NOT allowed for any swimmer aged 12/under. 12/under girls are not permitted to wear any suit that has knee-length legs. These suits are very expensive and the advantage that they will give a swimmer of that age will be minimal compared to the cost incurred by purchasing such a suit.

### Approved Arena Suits for 2019-20 Season

#### Team Suits

For normal competitions we have selected several options from Arena for our swimmers to choose from. These are polyester suits that should last an entire season of use under normal conditions. We ask that every swimmer wear one of these suits at meets if they are not permitted to wear tech suits (see below).

These Arena suits are available in a wide range of sizes, and in female, male jammer, and male brief styles.

Team suits for meets should ONLY be black (solid or pattern).

#### **Arena Models for Girls**

Carbonics Pro

Madison

Master

Powerskin ST Classic

#### **Arena Models for Boys**

Carbonics Pro (brief or jammer)

Skys (brief)

Board (jammer)

Powerskin ST Jammer

#### Competition Suits for 12/under Swimmers

Swimmers aged 12/under should select one of the options above and use them as their standard competition suit. Once an athlete has achieved a NW Regional time standard they may choose to purchase the Arena Powerskin ST tech suit. This suit is the ONLY suit that swimmers will be allowed to compete in other than the standard polyester suit. Female swimmers age 12/under may NOT wear the knee-skin version of this suit.

#### Competition Suit for 13/over Swimmers

Swimmers aged 13/over have the option to purchase and wear Arena tech suits. The swimmer will only be allowed to wear these suits at meets when permitted by their squad coach. Swimmers (both male and female) have many options for suits from Arena and there are no restrictions on length for women other than the USA Swimming and FINA rules. Swimmers should consult with their coach about suit selection and when to wear them.