RCA Practice Schedule - Summer 2020

	Mon	Tue	Wed	Thu	Fri	Sat
National Prep	6:30-8:45am	6:30-8:45am 4:30-6:00pm	6:30-8:45am	6:30-8:45am 4:30-6:00pm	6:30-8:45am	7:00-9:00am
Senior	6:30-8:45am 4:30-6:00pm	6:30-8:45am	6:30-8:45am	6:30-8:45am	6:30-8:45am 4:30-6:00pm	7:00-9:00am
Gold	6:45-8:45am	6:45-8:45am	6:45-8:45am	6:45-8:45am	6:45-8:45am	7:00-9:00am
Silver	6:00-7:30pm	6:00-7:30pm	6:00-7:30pm	6:00-7:30pm	6:00-7:30pm	
Bronze 2	6:00-7:15pm	6:00-7:15pm	6:00-7:15pm	6:00-7:15pm	6:00-7:15pm	
Bronze 1	9:00-10:15am	9:00-10:15am	9:00-10:15am	9:00-10:15am	9:00-10:15am	
Green 2	9:00-10:00am or 10:00-11:00am	9:00-10:00am or 10:00-11:00am	9:00-10:00am or 10:00-11:00am	9:00-10:00am or 10:00-11:00am	9:00-10:00am or 10:00-11:00am	
Green 1	9:00-10:00am or 10:00-11:00am	9:00-10:00am or 10:00-11:00am	9:00-10:00am or 10:00-11:00am	9:00-10:00am or 10:00-11:00am	9:00-10:00am or 10:00-11:00am	
White	9:00-9:50am or 10:00-10:50am	9:00-9:50am or 10:00-10:50am	9:00-9:50am or 10:00-10:50am	9:00-9:50am or 10:00-10:50am	9:00-9:50am or 10:00-10:50am	

*This schedule will begin as each group returns to practice at Central Municipal Pool during Phase 2 and Phase 3 of the RCA Reopening Plan