

Group	M	TU	W	TH	F	Sa
Gold	5:15-6:45 pm	5:15-6:45pm	5:15-6:45pm	5:15-6:45pm	5:15-6:45pm	7:00-9:00 am
Silver	6:30-8:00 pm	6:30-8:00	6:30-8:00pm	6:30-8:00 pm	6:30-8:00pm	
Bronze I & II	6:45-8:00 pm	6:45-8:00 pm	6:30-8:00pm	6:45-8:00 pm		

Week 1	M	TU	W	TH	F	Sa
Nat. Prep Senior	5:00-6:45pm	5:00-6:45pm	5:00-6:45pm	5:00-6:45pm	5:00-6:45pm	8:00-10:00 am
Week 2	M	TU	W	TH	F	S
Nat. Prep Senior	5:00-6:45pm	5:30-6:45am 5:00-6:45pm	5:00-6:45pm	5:30-6:45am 5:00-6:45pm	5:00-6:45pm	8:00-10:00 am

*Natl Prep will alternate weekly schedules above starting August 16.

***Bronze 1 and Bronze 2 are combined.

*This schedule begins on Monday August 16, 2021 and all listed practices take place at Central Pool.