

## RSCA FALL PRACTICE SCHEDULE Starting Mid-October

### ROCKWOOD SOUTH @rsca\_south

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BRONZE</b>	SUMMIT	EUREKA	OFF	SUMMIT	CRESTVIEW w/North	SUMMIT w/North
	5:30-6:45 PM	5:30-6:45 PM		6:00-7:15 PM	4:45-6:00 PM	9:00-10:15 AM
<b>SILVER</b>	SUMMIT	EUREKA	EUREKA w/North	OFF	MARQUETTE w/North	SUMMIT w/North
	6:30-8:00 PM	6:30-8:00 PM	5:30-7:00 PM		5:30-7:00 PM	10:30A-12:00P
<b>SENIOR PREP</b>	SUMMIT	EUREKA	MARQUETTE w/North	SUMMIT w/North	OFF	SUMMIT
	6:30-8:00 PM	6:30-8:00 PM	7:15-8:30 PM	6:00-7:30 PM		10:30A-12:00P

### ROCKWOOD NORTH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BRONZE</b>	MARQUETTE	CRESTVIEW	OFF	CRESTVIEW	CRESTVIEW	SUMMIT w/South
	5:30-6:45 PM	4:45-6:00 PM		4:45-6:00 PM	4:45-6:00 PM	9:00-10:15 AM
<b>SILVER</b>	MARQUETTE	MARQUETTE	EUREKA W/South	OFF	MARQUETTE	SUMMIT w/South
@RSCASilverNorth	7:00-8:30 PM	5:30-7:00 PM	5:30-7:00 PM		5:30-7:00 PM	10:30A-12:00P
<b>SENIOR PREP</b>	MARQUETTE	MARQUETTE	MARQUETTE w/South	SUMMIT W/South	OFF	LAFAYETTE
@RSCASeniorSPN	7:00-8:30 PM	7:00-8:30 PM	7:15-8:30 PM	6:00-7:30 PM		9:30-11:00 AM

### GOLD @RSCAGold

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	MARQUETTE	MARQUETTE	SUMMIT	OFF	MARQUETTE	MARQUETTE
	5:30-7:15 PM	6:45-8:30 PM	5:30-7:15 PM		5:30-7:00 PM	11:00A-12:30P

### SENIOR @RSCASeniorSPN

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	LAFAYETTE	LAFAYETTE	MARQUETTE	MARQUETTE	LAFAYETTE	LAFAYETTE
	6:45-8:45 PM	6:45-8:45 PM	5:30-7:15 PM	5:30-7:15 PM	5:15-6:45 PM	9:30-11:30 AM

### NAIL PREP @NPUpdates

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	EUREKA	SUMMIT	LAFAYETTE	LAFAYETTE	SUMMIT	SUMMIT
	5:30-7:30 PM	5:30-7:30 PM	5:15-7:15 PM	6:45-8:45 PM	5:30-7:00 PM	7:00-9:00 AM

### NATIONAL @mlrsc

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LAFAYETTE	LAFAYETTE	LAFAYETTE	LAFAYETTE	LAFAYETTE	OFF	MARQUETTE
8:30-10:30 AM	5:15-7:15 PM	5:15-7:15 PM	5:15-7:15 PM	5:15-7:15 PM		6:45-9:00 AM

Please follow twitter for your group for practice changes/updates.