

## RSCA FALL PRACTICE SCHEDULE Starting Mid-October

### ROCKWOOD SOUTH @rsc\_south

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BRONZE</b>	LAFAYETTE	EUREKA	EUREKA	EUREKA	SUMMIT	EUREKA
	5:30-6:45 pm	6:00-7:15 PM	6:15-7:30 pm	6:00-7:15 PM	5:30-6:45 pm	11:00 am-12:15 pm
<b>SILVER</b>	SUMMIT	EUREKA	MARQUETTE w/North	SUMMIT	SUMMIT	SUMMIT w/North
	5:30-7:00 pm	7:00-8:30 PM	5:30-7:00 pm	5:30-7:00 pm	6:30-8:00 pm	11:15am-12:45 pm
<b>AGE GROUP</b>	SUMMIT	EUREKA	MARQUETTE w/North	SUMMIT	OFF	SUMMIT
<b>DEV.</b>	7:00-8:30 pm	7:30-9:00 PM	7:00-8:30 pm	7:00-8:30 pm		11:15am-12:45 pm

### ROCKWOOD NORTH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BRONZE</b>	LAFAYETTE	CRESTVIEW	EUREKA	CRESTVIEW	CRESTVIEW	EUREKA
	5:30-6:45 PM	4:45-6:00 PM	6:15-7:30 pm	4:45-6:00 PM	4:45-6:00 PM	11:00 am-12:15 pm
<b>SILVER</b>	LAFAYETTE	LAFAYETTE	MARQUETTE w/South	SUMMIT	LAFAYETTE	SUMMIT w/South
@RSCASilverNorth	7:15-8:45 pm	7:15-8:45	5:30-7:00pm	5:30-7:00 pm	5:00-6:30 pm	11:15 am-12:45 pm
<b>AGE GROUP</b>	SUMMIT	LAFAYETTE	MARQUETTE w/South	SUMMIT	OFF	LAFAYETTE
<b>DEV.</b>	7:00-8:30 pm	7:15-8:45 pm	7:00-8:30 pm	7:00-8:30 pm		10:00-11:30 am

### GOLD

@RSCAGold

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	MARQUETTE	MARQUETTE	SUMMIT	MARQUETTE	MARQUETTE	MARQUETTE
	5:30-7:15 PM	7:00-8:45 pm	5:30-7:15 pm	7:00-8:45 pm	5:30-7:00 PM	10:30 am-12:00 pm

### SENIOR

@RSCASeniorSPN

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	MARQUETTE	MARQUETTE	SUMMIT	MARQUETTE	MARQUETTE	MARQUETTE
	7:15-9:00 pm	5:30-7:15 pm	7:00-8:45 pm	5:30-7:15 pm	5:30-7:00 pm	10:30-12:00 pm

### NATL PREP

@NPUpdates

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	EUREKA	SUMMIT	LAFAYETTE	LAFAYETTE	SUMMIT	SUMMIT
	5:30-7:30 PM	5:30-7:30 PM	5:15-7:15 PM	6:45-8:45 PM	5:30-7:00 PM	7:00-9:00 AM

### NATIONAL

@mlrsc

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LAFAYETTE	LAFAYETTE	LAFAYETTE	LAFAYETTE	LAFAYETTE	OFF	MARQUETTE
8:30-10:30 AM	5:15-7:15 PM	5:15-7:15 PM	5:15-7:15 PM	5:15-7:15 PM		6:30-8:30 am

Please follow twitter for your group for practice changes/updates.