

RSCA FALL PRACTICE SCHEDULE Starting Mid-October

ROCKWOOD SOUTH @rsc_south

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BRONZE	LAFAYETTE	EUREKA	EUREKA	EUREKA	SUMMIT	EUREKA
	5:30-6:45 pm	6:00-7:15 PM	6:15-7:30 pm	6:00-7:15 PM	5:30-6:45 pm	11:00 am-12:15 pm
SILVER	SUMMIT	EUREKA	MARQUETTE w/North	SUMMIT	SUMMIT	SUMMIT w/North
	5:30-7:00 pm	7:00-8:30 PM	5:30-7:00 pm	5:30-7:00 pm	6:30-8:00 pm	11:15am-12:45 pm
AGE GROUP	SUMMIT	EUREKA	MARQUETTE w/North	SUMMIT	OFF	SUMMIT
DEV.	7:00-8:30 pm	7:30-9:00 PM	7:00-8:30 pm	7:00-8:30 pm		11:15am-12:45 pm

ROCKWOOD NORTH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BRONZE	LAFAYETTE	CRESTVIEW	EUREKA	CRESTVIEW	CRESTVIEW	EUREKA
	5:30-6:45 PM	4:45-6:00 PM	6:15-7:30 pm	4:45-6:00 PM	4:45-6:00 PM	11:00 am-12:15 pm
SILVER	LAFAYETTE	LAFAYETTE	MARQUETTE w/South	SUMMIT	LAFAYETTE	SUMMIT w/South
@RSCASilverNorth	7:00-8:30 pm	7:15-8:45	5:30-7:00pm	5:30-7:00 pm	5:00-6:30 pm	11:15 am-12:45 pm
AGE GROUP	SUMMIT	LAFAYETTE	MARQUETTE w/South	SUMMIT	OFF	LAFAYETTE
DEV.	7:00-8:30 pm	5:30-7:00 pm	7:00-8:30 pm	7:00-8:30 pm		10:00-11:30 am

GOLD

@RSCAGold

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	MARQUETTE	MARQUETTE	SUMMIT	MARQUETTE	MARQUETTE	MARQUETTE
	5:30-7:15 PM	7:00-8:45 pm	5:30-7:15 pm	7:00-8:45 pm	5:30-7:00 PM	10:30 am-12:00 pm

SENIOR

@RSCASeniorSPN

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	MARQUETTE	MARQUETTE	SUMMIT	MARQUETTE	MARQUETTE	MARQUETTE
	7:15-9:00 pm	5:30-7:15 pm	7:00-8:45 pm	5:30-7:15 pm	5:30-7:00 pm	10:30-12:00 pm

NATL PREP

@NPUpdates

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	EUREKA	SUMMIT	LAFAYETTE	LAFAYETTE	SUMMIT	SUMMIT
	5:30-7:30 PM	5:30-7:30 PM	5:15-7:15 PM	6:45-8:45 PM	5:30-7:00 PM	7:00-9:00 AM

NATIONAL

@mlrsc

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LAFAYETTE	LAFAYETTE	LAFAYETTE	LAFAYETTE	LAFAYETTE	OFF	MARQUETTE
8:30-10:30 AM	5:15-7:15 PM	5:15-7:15 PM	5:15-7:15 PM	5:15-7:15 PM		6:30-8:30 am

Please follow twitter for your group for practice changes/updates.